Endoscopic Resection of Pit Adenoma

Small incision below the nose or above the eyebrow allows for an entrance point to tunnel towards the tumor, and the tumor is then resected. Sometimes a fat graft is used to seal that entrance point.

- Please refrain from sipping through straws.
- No heavy lifting > than 10lbs.
- No Advil or Motrin, take Tylenol instead.
- You may resume ASA, Coumadin, and Plavix ________________.
- No driving for 2 weeks or while taking narcotics.
- It may take several weeks for your pituitary gland to work properly and you might need steroid replacement.
- Be sure to complete the prescribed steroid therapy treatment.
- Be sure to follow up with the Endocrinologist and/or the Neurosurgeon, and obtain the necessary blood work ordered to ensure a full recovery.
- Please have your MRI of brain completed by ________________ appointment.
- Return to the ER if you develop clear drainage from nose, or salty taste in mouth with or without associated headache or increased and frequent urination, and excessive thirst.
- Return to the ER if you develop a fever greater than 101.5, severe headache or lethargy.
- Please return for your follow up appointments __________, __________ and __.
- Please obtain a BMP (labs) on ____________.