



St. Luke's Webinar Series

The NEW Back to School

Tuesdays in September • 6:00 pm - 7:00 pm

Moderator: Jody Mccloud-Missmer

Heading back to school in a typical year can be stressful, but school year 2020 will certainly have new challenges. Join St. Luke's Behavioral Health School-based team for the series "The NEW Back to School" online events. Sessions will be held on Tuesdays in September beginning on September 8th from 6 to 7 pm



September 8 Candid Kid Covid Talk: What is COVID?

What symptoms/signs are we seeing in children due to this pandemic and what can we do to help?

Amy Pulcini, MSPAS, PA-C
Child/Adolescent psychiatric Physician Assistant with SLUHN YESS! Program

September 15 Managing Back to School Covid Stress: A guide for parents, teachers, school staff and kids

Cultural awareness:
Implications and tips for cultural sensitivity in the classroom while navigating COVID.

Migdalia Roman, LCSW
School Based Psychotherapist Bethlehem Area School District

Jason Frei, LCSW
School Based Psychotherapist Northampton Area School District

September 22 Grief, loss and trauma: Finding your "why" when your passion is "cancelled"

Grief/Loss/re-inventing yourself and finding your "Why": When kids lose sports, extracurricular activities, dance, theater, music, band...What can kids, parents and adults alike do to help with the loss of identity due to pandemic

Amie Allanson-Dundon
Network Director, Clinical Therapy Services

September 29 Coping Skills for parents, teachers and kids

How to use mindfulness, stress reduction techniques and recognize signs of dangerous and risky behaviors.

Gennaro Landi, LPC
School Based Psychotherapist Bangor Area School District

St Luke's
Behavioral Health
Services

Register for each session at sluhn.org/NewBack2School