

# **StLuke** Return to Work Program

## Return to work during COVID-19 with the support of St. Luke's Occupational Medicine

St. Luke's health care professionals offer a suite of services as you resume business to help support your employees and their health.

**Suite of Services** 



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#### RETURN TO WORK EVALUATIONS

Our Care Now sites provide comprehensive physical and clinical evaluation of employees.



## MENTAL HEALTH & WELL-BEING SUPPORT

Licensed mental health professionals are available to provide education and well-being support to empower employees and help them recognize and overcome stressors related to work life balance.



### FITNESS, DIETARY & HEALTHY LIVING RECOMMENDATIONS

St. Luke's exercise physiologists, dieticians and athletic trainers can provide guidance for getting back on track after time off including dietary education and fitness.

### **MEDICAL POLICY CONSULTATION**

Board Certified Occupational Medicine physicians are available to help you develop medical policy and guidance based on your company's policy needs and current guidance of the Centers for Disease Control and the Pennsylvania Department of Health.



### **ONSITE TEMPERATURE MONITORING**

Our team of healthcare professionals are trained to perform accurate measurements using non-contact infrared thermometers.



### ST. LUKE'S EXECUHEALTH

A program offering executives a focused, evidence-based picture of their overall health and well-being in one day. This comprehensive physical ensures your executives can perform at their optimum level.

Now more than ever, we're ready for you. For more details, visit sluhn.org/occmed.

