

2026 COMMUNITY HEALTH ANNUAL REPORT



UPDATE TO THE 2025 COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION PLAN

FISCAL YEAR 2026

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St. Luke's mission is to care for the sick and injured regardless of their ability to pay, improve our communities' overall health, and educate our health care professionals.

St. Luke's University Health Network

Introduction

FISCAL YEAR 2026

St. Luke's University Health Network (SLUHN) is nationally recognized for its unwavering commitment to excellence in healthcare quality, safety, and performance, being named **#1 in quality in the United States (U.S.) by the Department of Health & Human Services**. Additionally, in 2026, SLUHN was recognized as the **#5 most socially responsible health network in the U.S. and #1 in Pennsylvania by the Lown Institute**, an independent think tank advocating bold ideas for a just and caring system for health. The Lown Institute seeks to shine a light on hospitals that provide exceptional, high-value patient care to those in need in their community while encouraging all hospitals to follow that example. In Fiscal Year 2025 (FY25), St. Luke's reported \$517 million of IRS defined community benefit spending, approximately 16% of the Network's operating expenditures. Further, SLUHN consistently ranks in the top decile for national quality measures and has earned over 200 prestigious awards for healthcare excellence.

As a not-for-profit health network, SLUHN conducts a Community Health Needs Assessment (CHNA) every three years as part of the Patient Protection and Affordable Care Act. Through our analysis of primary (e.g., key informant interviews, community forums, community survey) and secondary data, we see significant issues facing our communities that impact health outcomes. Our efforts in prevention, care transformation, research, and partnerships help support our work to implement sustainable initiatives that focus on a wide range of health and quality of life outcomes.

SLUHN's Department of Community Health (Community Health) oversees the Network's CHNA process and utilizes a data-driven approach to develop sustainable, evidence-based initiatives that address community needs and help strengthen established collaborative partnerships. Community Health is led by Vice President Rajika E. Reed, Ph.D., MPH, M.Ed., who has served the local community for almost 30 years in the field of public health. Through collaborations with community and Network partners, Community Health aims to promote a more equitable society with improved health outcomes, especially within the Network's most vulnerable populations. Community Health's mission is to create pathways for equity toward measurable health outcomes through advocacy, access, and navigation of resources for partners and underserved communities. The Department envisions a community where everyone has access to exceptional healthcare built on a foundation of trust and compassion.

The three priority focus areas for Community Health initiatives based on 2025 CHNA results include improving access to care, preventing chronic disease, and improving mental health. The overarching top priority that emerged from these results was access to care, which prioritizes access to primary care, mental health care, dental care, and other services, with an emphasis on promoting connections to care and a medical home (e.g., primary care provider). Strategies to support vulnerable populations include a comprehensive approach in our urban and rural communities and school-based efforts in high-need schools and school districts.

Access to Care

- Connection to Care
- Workforce Development
- Transportation and Housing

Chronic Disease Prevention

- Food Security
- Nutrition Education and Promotion
- Physical Activity Promotion

Mental Health

- Access to Mental and Behavioral Health Services
- Access to Prevention, Treatment, and Recovery

Based on CHNA identified needs and priorities, each St. Luke’s campus implements sustainable initiatives to improve the health of the communities they serve. St. Luke’s supports the CHNA priorities through monitoring and evaluation of current initiatives and incorporating community input. The 2025 CHNA data collection process took place during FY25 and included collecting 15,148 community surveys (Network-wide). The table below reflects community-based participation.

2025 CHNA Primary Data Collection									
Service Area	Network-wide	Allentown and Sacred Heart	Anderson and Easton	University Hospital–Bethlehem	Geisinger St. Luke’s	Carbon, Lehigh, and Miners	Monroe	Quakertown and Upper Bucks	Warren
Community Forum Participation	120 internal partners	28 internal partners	14 internal partners	12 internal partners	11 internal partners	24 internal partners	9 internal partners	12 internal partners	10 internal partners
	170 external partners	17 external partners	27 external partners	18 external partners	21 external partners	31 external partners	14 external partners	16 external partners	26 external partners
Survey Totals*	15,148	2,864	3,926	6,018	800	1,605	1,580	1,529	1,022

*Due to overlapping service areas, individual surveys were counted in multiple service areas.

The 2025 CHNA outcomes are the focus of this Annual Report, which provides a comprehensive overview of progress made during Fiscal Year 2026 (FY26). Our 2025-2028 Implementation Strategy serves as a guide to support strategic initiatives through the pillars of Wellness and Prevention, Care Transformation, and Research and Partnerships across all initiatives within this report. Our efforts to implement sustainable initiatives that focus on a wide range of health and quality of life outcomes are a result of data-driven strategies to promote overall health and wellbeing.

The St. Luke's Allentown and Sacred Heart Hospitals 2025 State of the Community CHNA findings meeting, where we shared results from the 2025 CHNA, was held on October 9, 2025, at the St. Luke's Sacred Heart Campus and engaged 71 local partners. Partner input and feedback was integrated into the strategy and response for implementing evidence-based health initiatives in the communities we serve.

Access to Care

Allentown School District (ASD) Partnership Committees: Community Health and ASD have a longstanding collaboration that connects students and their families to a medical home (i.e., primary care provider), vision, dental, mental and behavioral health, and other social services. These efforts have improved access to care and services for children and their families. St. Luke's participates in the ASD health partner monthly meetings to address emerging medical issues facing children and their families, as well as the ASD Homelessness Task Force which brings together key community partners to help address issues for students experiencing homelessness. Various departments at St. Luke's Allentown and Sacred Heart Hospitals help to support food, hygiene, supplies, and other drives throughout the year to support ASD. Additionally, Dr. Reed, Vice President of Community Health, serves on the ASD Strategic Planning Committee to develop a strategic plan for the district with both short- and long-term goals to be realized by 2030, and serves on the Superintendent's Strategic Business Advisory Council.

Additionally, literacy promotion through Read Across America was implemented at local schools in communities across the Network. Network-wide, a total of 108 volunteers, including eight of the SLUHN campus presidents, read to 4,846 students during Read Across America week in 2026 and more than 6,300 literacy resources were shared with students.

Raub Middle School: St. Luke's partners with the United Way of the Greater Lehigh Valley, as well as other local partners, to implement the Community School Model. This includes financial and programmatic support of the school-based Community School Coordinator (CSC) who is cross-trained as a Community Health Worker (CHW). An After School and Activities Coordinator (ASC) is also employed by St. Luke's to provide enrichment opportunities and to support and connect students and families to services. During the 2025-26 school year, the Raub CSC and ASC organized 22 diverse programs and initiatives resulting in 893 encounters (duplicated), as well as 69 school-wide events available to all students. SLUHN staff and departments, as well as community partners and other organizations, worked to support priority needs at Raub through fundraising efforts, contributing \$199,309 in financial and in-kind donations to assist students with identified barriers.



The Raub Raven with SLUHN President Bill Moyer and Principal Jose Delgado

A financial literacy program, in collaboration with First Commonwealth Federal Credit Union (FCFCU), was piloted in 2022 with the goal of providing students with the ability to understand and effectively use various financial skills, including personal financial management, budgeting, and investing. During the 2025-26 school year, 78 students participated in the financial literacy after-school program. Additionally, the program was modified to align with Pennsylvania Common Core Standards, and the curriculum was integrated into math classes to streamline and sustain the effectiveness of the model. During the 2025-26 school year, the program was integrated into 8th grade Math classes for students to learn fundamental financial literacy skills. The classes

culminated with 99 students completing a Capstone project. Students were mentored by 17 FCFCU staff and participated in a *Reality Fair* poverty simulator, which provided real-life scenarios and required students to make crucial decisions on how best to manage and maximize their finances.

School-Based Community Health Navigation: In FY26, Community Health transitioned its Mobile Youth Health Center initiative to School-Based Community Health Navigation, which employs the evidence-based Community Health Worker model to better connect students and families to address barriers to best connect students and families to the care and services they need. The School-Based Community Health Navigation team provided services at Sonya Sotomayor Academy, Raub Middle School, and William Allen High School in the ASD and connected students to medical insurance, a medical home, vision and dental services, community resources, and more. Additional health screenings, vaccines, and other services were provided to students through school partnerships and activities at Hays Elementary School, Sheridan Elementary School, Union Terrace Elementary School, Harrison Morton Middle School, and South Mountain Middle School. Community Health's School-Based Navigation team connected 568 students to a primary care provider during FY26.



Child with new backpack provided through Allentown Summer Meals

Vision Vouchers: Vision plays a critical role in children's physical, cognitive, and social development. In the classroom, vision is essential in ensuring that students receive accurate, important information from reading, writing, and other academic tasks. A total of 93 vision vouchers were provided to ASD and 25 students were provided with an exam and/or glasses, through our partnership with Hamilton Eye Institute, For Eyes, and Eyeland Optical, with a monetary value of \$2,895.

Community-Based Community Health Navigation: Community Health Navigation works with homeless or housing insecure adults, families, and others facing hardship. Community Health Navigation also partners with local community-based organizations such as Ripple Community Inc. and Lehigh Conference of Churches to coordinate care and connection to services, as well as the Student-Led Interdisciplinary Care Center (SLICC), located at Star Community Health-Sigal Center and led by Temple/St. Luke's medical students. Various resources such as clothing, hygiene, and other services were provided to patients in need. Community Health Navigation successfully connected 261 individuals to a primary care provider during FY26. Bridging the Gap funds, used to support essential needs for employment and other resources (e.g., transportation), were distributed to support patient's basic needs, totaling \$2,029.40.

findhelp: St. Luke's partners with findhelp, a free self-navigation online platform (sluhn.findhelp.com), which is also integrated into SLUHN's electronic health record (i.e., Epic) and MyChart platforms. findhelp is a social care network established to provide a comprehensive platform for people to find social services in their communities at any time in a language they understand. This allows nonprofit and other community-based organizations to coordinate service delivery and support services. St. Luke's Information Technology, Quality, Case Management, and Community Health teams, along with Star Community Health, work collaboratively with 431 established (i.e., claimed) community-based partners in the communities we serve. findhelp allows community members to search for, and connect to, Social Determinants of Health (SDOH) support such as financial assistance, food pantries, medical care, transportation, and more. This platform, as well as United Way's 211, are tools that Community Health Liaisons use to assist community members, patients, and staff by connecting them to vital resources. Community Health continually onboards priority partners to ensure accurate

and up-to-date resources are available to our communities. Network-wide, there were 58,693 searches during FY26, and in Lehigh County, there were a total of 18,887 searches. Both Network and County specific top searches were for food, housing, and utilities.



SLICC Patient Services and Student Training

SLICC (Student-led Interdisciplinary Care Center): SLICC is a student-run center in collaboration with Temple/St. Luke's School of Medicine. Located at Star Community Health Sigal Center in Allentown, the goal of the center is to meet community needs, especially for community members facing hardship or with limited or no access to health care. Students work with medical faculty mentors to establish a bridge between those with limited access to care and the greater health system by promoting cooperation and trust between St. Luke's, Star Community Health, and the community. SLICC not only provides clinical services with the goal of connecting patients to a medical home (i.e., primary care provider), but they also address SDOH by providing basic needs during clinic hours (e.g., food, clothing, hygiene products). During FY26, SLICC had 179 encounters with 78 unique patients and connections to 372 SDOH resources (e.g., clothing, food, hygiene products) for individuals and families in need.

HOPE at St. Luke's Hospital (HOPE): HOPE provides clinical, case management, and prevention services to persons living with HIV. At the end of FY26, 425 unduplicated patients were receiving medical care at the Bethlehem and Easton practices. There were 20 newly diagnosed patients with HIV referrals, and of those, 13 were connected to care. Additionally, 94 patients received housing assistance through ongoing rental assistance, permanent housing placement, emergency assistance, or short-term rental assistance. HOPE continues to see an increase in patients with complex needs (e.g., medically compromised, homeless, uninsured, undocumented). In FY26, there were 506 patients that received Medical Case Management (MCM) services through HOPE.

Breast Cancer Prevention: Adagio Health, through state and federal funding, administers the Breast and Cervical Cancer Early Detection Program (BCCEDP) across much of Pennsylvania. This initiative provides free screenings and diagnostic services to uninsured and underinsured women, helping detect cancer early when it is most treatable. SLUHN is a key partner and early detection site in this effort. With women's imaging locations and advanced technologies like 3D mammography and breast MRI, St. Luke's enhances early detection rates and reduces unnecessary follow-ups. During FY26, there were 490 patient outreach encounters, with 61% resulting in a mammogram order, 34.1% establishing with a primary care provider post-outreach, 75.4% of ordered images completed, and 88.8% of pathology orders completed. This partnership is a powerful example of how public funding and local health systems can work together to create and operationalize health equity initiatives.

Transportation: St. Luke's transportation services, in collaboration with Lyft and Uber rideshares, ensures access to care by supporting rides to and from appointments. Transportation initiatives supported by SLUHN align with the primary goal of improving access to primary care for low income, homeless and near homeless populations. By providing complimentary Lyft and Uber rides to and from appointments with primary care doctors and other specialists for established patients, this initiative allows patients to receive routine care in a



Community Partners

timely manner, with the added goal of reducing the frequency and overuse of Emergency Department resources. Network-wide, more than \$810,000 in Lyft and Uber rides were provided during FY26.

Blueprint Community Program: The Federal Home Loan Bank of Pittsburgh (FHLBank) selected Allentown's 1st and 6th wards and Jordan Heights neighborhoods to become a Blueprint Community Program, which invests in the revitalization of communities and neighborhoods in Delaware, Pennsylvania, and West Virginia. St. Luke's is the only healthcare network to join this community team and participate in a comprehensive training to plan for a revitalization effort in Allentown. The effort was spearheaded by Embassy Bank of the Lehigh Valley and includes participation from the following organizations: Casa Guadalupe, Allentown Economic Development Corporation, Lehigh County Housing Authority, Allentown Housing Authority, City of Allentown, and Community Action of the Lehigh Valley. The team develops revitalization strategies that improve quality of life for residents and focuses on building community assets, engagement, housing improvements and increased employment and economic engagement. Past participating communities have leveraged the Blueprint Communities efforts into millions of public and private investments for their communities.



Star Community Health Mobile Vans

Star Community Health: Star Community Health is a Federally Qualified Health Center Look-Alike (FQHC-LA) affiliated with St. Luke's that provides care and wraparound services to uninsured and underinsured individuals and families at little or no out-of-pocket cost. Sigal Center, located in Allentown, provided comprehensive care and services including Family Medicine, Pediatrics, Women's Health, and Dental. Star Community Health's Dental Van served students at Central Elementary, Union Terrace Elementary, South Mountain Middle School, Harrison Morton Middle School, Trexler Middle School, Raub Middle School, Dieruff High School, William Allen High School, as well as students in Whitehall-Coplay School District. During FY26, there were a total of 1,900 encounters, 984 cleanings, 743 sealants, and 483 restorations.

Family Medicine Resident Community Education: St. Luke's Sacred Heart Family Medicine first-year medical residents participated in the evidence-based model "See the City You Serve" to provide opportunities to meet with key partners that help promote overall health and wellbeing. Family Medicine Residents also rotate through the Department of Community Health to work with community and Allentown-based initiatives.

Visiting Nurse Association (VNA): The VNA offers Home Health, Hospice and community-based mother/baby services. Established in 1919, the agency maintains Medicare-certification, Pennsylvania Department of Health licensure, Accreditation Commission for Healthcare (ACHC) accreditation and provides care in Lehigh, Berks, Northampton, Carbon, Schuylkill, Monroe, Bucks and Montgomery Counties. During FY26, the VNA increased its size and service area to Bucks and Montgomery counties when Grand View Hospital joined the Network. There was a total of 6,844 patients cared for through Home Health and 2,562 patients cared for through Hospice services during FY26.



Hospice Bike Ride

Maternal and Child Health (MCH): St. Luke's Visiting Nurse Association (VNA) operates three high-impact MCH programs that strengthen children, families, and communities. The first is Nurse-Family Partnership (NFP), a prevention model that builds trusted nurse-family relationships to promote healthy pregnancies, strengthen parenting capacity, and create a stronger foundation for children. NFP serves economically disadvantaged families in Lehigh and Northampton counties and is designed to improve pregnancy outcomes, advance child health and development, and increase long-term family economic self-sufficiency. During FY26, NFP received 888 referrals, served 426 families, and completed 5,271 visits. NFP supported strong birth outcomes, with 86% of babies born at-term and 86% born at healthy weights. At graduation, 65% of mothers reported working, reflecting progress toward family stability and economic self-sufficiency. Immunization rates for children remained strong at 6- and 12-months (95% and

91%, respectively); rate decreases were noted at 18- and 24-month vaccines compared to FY25, which mirrors national trends with nurses reporting more families are requesting increased spacing between childhood vaccines. At 24 months, 82% of children were meeting developmental milestones, and 74% of mothers who completed the program delayed their next pregnancy beyond two years, reinforcing NFP's role in improving maternal and child outcomes across generations. In January 2026, NFP secured additional expansion funding from the PA Office of Child Development and Early Learning to add 25 funded slots, enhancing program capacity to serve 325 families concurrently.



Nurse Family Partnership Participants

The second MCH program, Moving Beyond Depression, is a collaboration between St. Luke's Behavioral Health Integrations Team and NFP that expands access to critical mental health support for mothers enrolled in NFP who are experiencing major depression. Expanded funding secured in January 2026 incorporated Moving Beyond Depression as an official NFP program component, supporting sustainability of the model and successfully transitioning it out of the pilot phase six months ahead of schedule. Participants receive 15 sessions of in-home cognitive behavioral therapy provided by a therapist embedded within the NFP team, allowing care to be delivered in a trusted, accessible setting. In FY26, the program achieved a 62% completion rate, with 89% of those no longer meeting the criteria for depression at the end of treatment. Among those who completed, 61% reported decreased parenting stress and 72% reported increased social support, demonstrating meaningful gains in maternal well-being, family resilience, and connection to support systems.

The third MCH program is Visiting Nurse Advocate for the County (VNAC), an intervention program that provides intensive, family-centered support to households with current open cases referred by the Offices of Children, Youth, and Family Services (OCYS) in Lehigh and Northampton Counties. VNAC promotes positive family growth, strengthens protective factors, and helps create safety nets for children at increased risk. The program goals are to ensure that the parent or caregiver provides a safe environment for the child, increases parenting knowledge and skills, and meets the child's health and medical needs. During FY26, VNAC served 69 families, with 78% showing improvement in the safety of the child's living environment, 78% improving parenting knowledge and skills, and 92% improving in meeting their child's health and medical needs. In addition to traditional in-home services, VNAC also provides nurse consultation services to both counties for medically complex cases upon request. During FY26, VNAC received 484 consult requests and contributed 1,266.5 hours of specialized nursing consultation, underscoring the team's vital role in supporting complex child welfare cases and strengthening cross-county systems of care.

Career Mentoring and Workforce Development: St. Luke's provides career mentoring and workforce development initiatives for both school-aged and adult populations through various initiatives and community partnerships. These opportunities promote education, experiential learning, and skills-based training to prepare individuals for the workforce and assist participants in gaining employment that provides a livable wage. Adolescent career mentoring and workforce initiatives target residents of Lehigh, Northampton, Carbon, Bucks, Schuylkill, Monroe, and Warren Counties through a combination of hospital rotations, professional development sessions, and work experience.

Healthcare Career Day: In partnership with Raub Middle School and Union Terrace Elementary School, St. Luke's Allentown clinical and non-clinical staff participated in a Career Day for fifth and eighth grade students, with more than 80 students engaged. Additionally, a medical student from the Temple/St. Luke's School of Medicine shared his journey toward becoming a physician. A Clinical Informatics Nurse discussed the role of nursing informatics and how technology is used to enhance patient care and support hospital operations.

Students also learned from the President of the Allentown and Sacred Heart Campuses and the Regional Director of Marketing about the importance of how a hospital network can help inform the communities we serve through strategic communication and partnerships.

St. Luke's Volunteer Services: St. Luke's Volunteer Services administers two youth initiatives that promote career exploration and workforce development. The Junior Volunteer Program allows youth ages 14 and older to explore health career opportunities developing soft skills for the workplace and engaging directly with patients, staff, and visitors. In FY26, 1,017 local students participated in the program, of which 281 represented schools in the Allentown and Sacred Heart service area. Additionally, the Technical School Co-Op Experience connects classroom education with paid, hands-on healthcare experience which not only provides students with a job but also fosters them toward a career in healthcare with opportunities for permanent job placement upon completion. In FY26, 84 students participated in the Co-Op program with 24 representing technical schools in the Allentown and Sacred Heart service area.

Hands-On Immersive Health Day: Community Health assisted St. Luke's Volunteer Services with the implementation of the Hands-On Immersive Health Day program at St. Luke's Sacred Heart Hospital. This initiative provided 163 high school students from Allentown, Parkland, Whitehall, and Salisbury High Schools with the opportunity to engage in practical learning experiences through simulated clinical tasks that represent various roles in the healthcare industry. During the program, students rotated through different stations where they observed and participated in simulations using patient actors or mannequins. The program consists of three separate sessions, featuring stations that highlight in-demand occupations within healthcare, while also teaching students vital employability skills and essential patient care techniques.

Health Career Exploration Program (HCEP): Established more than 18 years ago, HCEP offers experiential learning opportunities for high school students from diverse backgrounds to explore healthcare careers. Funded by the Workforce Board Lehigh Valley, HCEP assists students to gain insight into clinical and non-clinical roles, learn employability skills, understand future employment opportunities, and build confidence in their abilities while getting paid. Students work for a maximum of 20 hours per week in an assigned SLUHN department. They also participate in employability skill sessions provided by SLUHN subject matter experts that focus on a variety of topics, including Human Resources and St. Luke's School of Nursing. The purpose of these sessions is to increase their knowledge of job-seeking and job-keeping skills (e.g., resume development, interviewing skills, leadership, communication in the workplace). During FY26, 15 students from ASD enrolled in HCEP, with 100% successfully completing the program. Students had the opportunity to work at St. Luke's Allentown Labor & Delivery, Same Day Surgery, PACU, Radiology, Pharmacy, Nutritional Services, the Emergency Department, and various hospital floors. At St. Luke's Sacred Heart Campus, students worked in Radiology, the Emergency Department, and hospital floors.



HCEP Student Presentation

Summer Internship Experience: In partnership with ASD, St. Luke's Allentown Campus will be hosting a high school student for a summer work experience program beginning in June 2026. The student will be responsible for performing a wide range of duties within the food service department, while working in a supportive role to strengthen their employability skills. In addition, the student will have the opportunity to develop a professional resume and shadow at least three clinical departments at St. Luke's Allentown Campus.

"What's So Hot About Healthcare?" Campaign: In partnership with Workforce Board Lehigh Valley, eMedia Works, and The Century Promise, St. Luke's Allentown Campus participated in the "What's So Hot About Healthcare?" campaign. A group of ASD students partnered with SLUHN to develop a social media campaign designed to generate interest in healthcare careers. As part of this initiative, students learned social

media best practices, developed campaign pitches and distribution plans, interviewed St. Luke's healthcare professionals, and developed nine social media posts. The students were awarded the "Creative Visual Award" from eMedia Works and the Workforce Board Lehigh Valley for their outstanding participation.

Cadaver Labs: The Cadaver Lab, an educational outreach program led by Sports Medicine in collaboration with St. Luke's Physician Group, brings St. Luke's physicians, athletic trainers and clinical partners directly into the classroom for interactive exploration and discovery of clinical practice, anatomy, sports medicine, and surgical technology. During FY26, SLUHN partnered with 12 schools across the Network's service area to deliver a unique, hands-on medical education experience for more than 1,200 students interested in pursuing careers in medicine.



Students Participating in the Cadaver Lab

Linguistic and Cultural Workforce Development Center (WDC): The WDC is implemented in collaboration with Hispanic Center Lehigh Valley and other community-based organizations and supports workers at any stage in their career. The program focuses on providing education, training, and certifications for participants through a client-centered framework that considers their cultural background, preferred language, and their personal and career goals. This initiative assists individuals to access English for Speakers of Other Languages (ESOL) courses, skill-based trainings, and employment opportunities that aligns with local workforce needs.

In FY26, the WDC hosted 5 job fairs, reaching over 76 individuals, and offered two resume and job interview workshops. Further, job fair participants were connected to employment opportunities within SLUHN or with other community businesses/agencies. During FY26, funded through the U.S. Department of Labor and the Commonwealth of Pennsylvania, Department of Community and Economic Development, the program engaged 206 participants in courses (e.g., ESOL, HVAC, residential electrician, medical assistant, phlebotomy). The program successfully secured 80 jobs across various sectors including manufacturing, healthcare, education, IT, military, hospitality, supply chain, retail, nonprofit, and food service. Since 2024, the WDC has secured 213 jobs, of which 93 were within SLUHN. Of jobs secured at SLUHN, 87% of individuals have retained employment.



Workforce Development Participants

To continue the expansion of the program, during FY26, the program also implemented outreach efforts focused on high school students and residents in areas that encounter barriers to employment access and career pathway opportunities. Program staff participated in outreach efforts for students in collaboration with the Workforce Board Lehigh Valley's High School Job Fair, Easton Area High School, Bethlehem Area School District, Allentown School District, and Bridgeview Academy's Spring Wellness event. Through these outreach initiatives, the program proactively reached approximately 200 students who are not planning to attend secondary school and are at risk of becoming dislocated workers.

Allentown Works: St. Luke's Linguistic and Cultural Workforce Development Center has been awarded a grant from the City of Allentown and the Allentown Economic Development Corporation (AEDC) to provide workforce development training and employment services for its Allentown Works initiative. Allentown Works is a five-year workforce initiative designed to assist unemployed and underemployed Allentown residents with career and employment opportunities. Through partnerships between the City of Allentown, AEDC, local employers, nonprofits, educational institutions, and community organizations, the program will connect residents to the support, resources, and opportunities needed to successfully enter or re-enter the workforce. Participants will receive personalized career guidance, workforce

support services, connections to employment opportunities, and assistance navigating career pathways that align with their goals and long-term stability. During FY26, St. Luke's workforce development team planned programming that will be implemented in Fiscal Year 2027 (FY27), which will include job fairs, employment services, and skill-based trainings in the healthcare sector.

Chronic Disease Prevention

Raub Middle School Food Pantry: Through a partnership with Second Harvest Food Bank, St. Luke's school-based staff implemented a school-based food pantry at Raub Middle School for students and families. Raub's pantry is an official Healthy Pantry and was staffed by student volunteers during the 2025-2026 school year. SLUHN school-based staff collaborate with faculty and school staff to incorporate distribution during parent teacher conferences and other school-wide events to promote access for families. When families come to a food distribution event, staff provide support to connect them to other services, enroll their children in after-school programs, provide academic tutoring support, and assist with medical consent forms. The Raub food pantry offers 100% free choice, which supports a grocery store experience where participants self-select items as opposed to offering pre-bagged food that may not align with personal and cultural preferences. During FY26, the school-based pantry served 737 households (duplicated) and distributed more than 33,000 pounds of food valued at \$111,014.



Healthy Pantry Food Demonstration

Summer Meals: Since 2019, St. Luke's Summer Meals program has provided no-cost lunches in Allentown to ensure children in need have access to nutritious meals when school is not in session. During the summer of 2026, St. Luke's Sacred Heart Campus, in partnership with Star Community Health Sigal Center, provided meals for food insecure children and families. There were 1,401 meals served to children and 191 meals to adults at the Sigal Center site between June-August 2026. Financial support for the program was provided by Hatzel and Buehler.

Older Adult Meal Program: The Sacred Heart Campus Older Adult Meals Program is designed to provide subsidized meals to adults ages 65 and older at the Sacred Heart Campus cafeteria, which served 466 meals during FY26. This initiative addresses food security and loneliness among older adults.



Community Supported Agriculture

Employee Wellness: SLUHN recognizes that the health of its workforce is important and vital to the success of the Network. To support our employees, St. Luke's Employee Wellness provides evidence-based programming and health education to empower individuals to positively impact their health and reduce their risk of chronic health conditions through healthy lifestyle choices. In alignment with the Network CHNA top priorities, Employee Wellness provides opportunities for employees and their spouses to focus on their physical, mental, and social well-being, to help foster a high quality of life while managing the demands of their roles at work and home. During FY26, the following programs and resources were provided to support employees: *Caring Starts with You Core* (annual

biometric and health risk assessment program), Community Supported Agriculture (CSA), health coaching, Plant Based Eating Class, tobacco cessation, Employee Fitness Incentive Program, massage therapy, Silver Cloud, Employee Assistance Program, and Therapy Anywhere.

The CSA program provided the opportunity to improve access to fresh, local produce. Network-wide, a total of \$213,320 was invested in our local farms during the 2025 CSA season, including \$115,120 to St. Luke's Rodale

Organic Farm and Bleiler's Produce Patch. Additionally, through this initiative, 51 CSA shares were donated in the Allentown and Sacred Heart service area to families in ASD and a local church.

Chronic Disease Education and Prevention: Diabetes Self-Management, Education, and Support (DSMES) is provided through Community Health for patients in Allentown, Bethlehem, and Coaldale, while St. Luke's Center for Diabetes & Endocrinology serves additional Network sites. DSMES is executed through our partnership with the Association of Diabetes Care and Education Specialists for our Diabetes Education Accreditation Program. Community Health established a quality improvement (QI) initiative, Diabetes CARES (Clinical Assessment, Resources, Education, and Support), for patients at Star Community Health (Sigal and Southside Bethlehem). In collaboration with our medical residencies and Medical Fitness and Sports Performance, Diabetes CARES provides a multidisciplinary team approach to reduce the percentage of patients with poorly controlled diabetes ($HbA1c > 9.0$). The project includes clinical diabetes visits, DSMES with a registered dietitian or bilingual CHW, and access to physical activity and healthy food. At the end of FY26, 34% of patients at Sigal and 30% of patients at Southside Bethlehem had poorly controlled diabetes.

Smoking and Vaping Education: Dr. Douglas Corwin, St. Luke's Pulmonologist, provided eight educational presentations to 280 students and 40 parents and administrators at three school districts in SLUHN's service area in FY26. Given the rise in vaping among youth regionally and nationwide, Dr. Corwin spoke about misinformation and misunderstandings about the risks of vaping in a setting that encouraged open discussion. These presentations allow for meaningful engagement from students and concerned parents trying to best support their children.



Dr. Corwin presentation at Lehigh Valley Academy

Physical Activity: Get Your Tail on the Trail is a free program established in 2013 by SLUHN and the Delaware & Lehigh National Heritage Corridor. The program aims to help people of all ages and abilities to meet their personal fitness goals. Since program inception, there have been a total of 6,937,530 miles recorded. In FY26, there were 2,006 active users that logged 634,645 miles Network-wide.

Sports Medicine and Athletic Trainers: With a wide range of skills and abilities, athletic trainers manage an athlete from initial injury to return to life and play. Athletic trainers play a critical healthcare role as they are often the most available and onsite medical provider in the athletics venue, therefore providing immediate care and facilitation of medical action that results in effective and efficient care to support patient recovery. During FY26, SLUHN athletic trainers supported nearly 20,000 youth and collegiate athletes in Pennsylvania and New Jersey through 78 events across the Network, providing significant financial and in-kind support. In addition to athletic trainers, 222 physicians, physician assistants, nurse practitioners, medical residents, and fellows provided services. In FY26, over 1,000 physicals were completed for student-athletes in the ASD. Across the Network, nearly 10,000 physicals were completed for student-athletes at various school districts, charter schools, and private schools.

Mental Health

St. Luke's Penn Foundation Mental Health Services: During FY26, St. Luke's Penn Foundation (SLPF) celebrated its 5th anniversary with SLUHN, a partnership that has strengthened access to high-quality, integrated mental health services throughout eastern Pennsylvania and New Jersey. SLPF operates 35 inpatient and outpatient programs across more than 30 locations, making it the largest fully integrated network of mental health and addiction treatment services in the region. Through new programs, expanded locations, integrated care models and strategic investments in access, SLPF reached more individuals and families than ever before. Expanded services include Mobile Engagement Services, Victory for Veterans, YESS! school-based counseling, the Mental Health Walk-in Center in Lehigh, and the opening of an outpatient office in Tamaqua. Further,

SLPF provides an integrated service line for all SLUHN's mental and behavioral health services (e.g., Adolescent Behavioral Health Unit, Adolescent Partial Hospitalization Program, SHARE clinic, Medical Detox Unit, Medication Assisted Treatment).

Prevention Education: During FY26, SLPF delivered 49 in-school presentations to more than 2,500 students in 12 schools throughout Central Bucks, Cheltenham, New Hope-Solebury, Palisades, Parkland, Pennridge, Quakertown, Souderton, and Upper Perkiomen school districts. SLPF also provided 72 education presentations to more than 10,670 community members on topics such as mental health, substance use, overdose prevention, recovery, and harm reduction. Additionally, SLPF's Community Outreach Specialist was onsite at Free Fall Skate Park in Quakertown twice each month to provide outreach and information. Furthermore, SLPF's third annual Recovery is for Everyone Walk attracted more than 400 individuals to walk in support of recovery.

Adolescent Behavioral Health Unit (ABHU): St. Luke's ABHU at the Easton Campus is a 16-bed unit that provides connection to care and services for youth in need. In FY26, there were 219 adolescent admissions from Lehigh County at the ABHU.

Adolescent Partial Hospitalization Program: SLPF offers a structured adolescent partial hospitalization program in Allentown, providing intensive mental health care and therapeutic support for teens, while enabling them to stay connected with family and school. The program serves up to 20 adolescents at a time, who are experiencing significant mental health challenges and provides a structured, therapeutic day program. The program emphasizes individualized care and support in a safe environment. During FY26, 223 adolescents (90 from Lehigh County) were part of the program. Overall, 2,132 visits were completed, with a 93% attendance rate.



Ribbon Cutting for the Adolescent Partial Hospitalization Program

St. Luke's Substance Use Disorder (SUD) Response Warm Hand Off (WHO): WHO is an initiative to support the continuum of care for patients in need of multiple services and providers. It is a transfer of care between providers with the patient (and potentially family) present to ensure clear communication and transparency, while helping to build relationships between patients and providers. St. Luke's collaborates with local community-based organizations and the county to support WHO efforts. Additionally, Certified Recovery Specialists (CRS) operate in the Allentown, Bethlehem, Sacred Heart, Upper Bucks, Anderson, and Easton emergency departments to support WHO. In the Allentown and Sacred Heart Hospitals, a total of 566 WHOs were conducted for alcohol, cannabis, cocaine, opioids, and other stimulants during FY26.

Recovery Center Support and Additional Education Support: Partnership between SLUHN and Treatment Trends, Inc. helps to provide support for treatment, education, and recovery for patients and community members in need. Additionally, through our Community School partnership, positive mental health messaging and support was provided to Raub Middle School students, teachers, and staff.

Suicide Prevention Coalition of the Lehigh County: St. Luke's supports the Lehigh County Suicide Task Force's steering committee as well as their action teams (Prevention and Intervention; Awareness and Engagement). St. Luke's, along with other partners, collaborate to support social service organizations concerned about the rising number of deaths by suicide. This is funded by Lehigh County Mental Health and a community project grant from SAMHSA.

Just STARt the Conversation Podcast: Since 2021, *Just STARt the Conversation* has been a go-to resource for practical mental health tips, expert insights, and real conversations that matter. Each month, host Amie Allanson-Dundon, Senior Director of Network Clinical Services, discusses timely mental health topics (e.g., social media use, perinatal mood disorders, changing careers, getting along in polarizing times, athlete mental health). With more than 55 available episodes, this podcast offers relevant information for everyone.

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Collaborations and Partnerships

Allentown Economic Development Corporation, Allentown Health Bureau, Allentown Housing Authority, Allentown Police Department, Allentown Public Library, Allentown Rotary Club, Allentown School District, Allentown Works, Bethany Christian Services, Bloom, Bradberry Sullivan LGBT Community Center, CareerLink (Sacred Heart Campus), Casa Guadalupe, Catholic Charities, Cedar Crest College, Century Promise, City of Allentown, Coalition for Transportation Lehigh Valley, Cohesion, Community Action of the Lehigh Valley, Community Service for Children, Community Services for Children, Crime Victims Council of the Lehigh Valley, Daybreak (Lehigh Conference of Churches), DeSales University, Embassy Bank for the Lehigh Valley, Faith Church, First Commonwealth Federal Credit Union, Habitat for Humanity of the Lehigh Valley, LANTA, Lehigh Carbon Community College, Lehigh Carbon Technical Institute, Lehigh Conference of Churches, Lehigh County Office of Children and Youth Services (LCOCYS), Lehigh County Suicide Task Force, Lehigh Valley Economic Development Cooperation, Lehigh Valley Planning Commission, Loads of Blessings, Muhlenberg College, New Bethany E.C. Church, Penn College, Pennsylvania Downtown Center, Pinebrook Family Answers, Promise Neighborhoods, Ripple Community, Inc., Sacred Heart Church, Salvation Army, Second Harvest Food Bank of the Lehigh Valley and Northeastern Pennsylvania, Star Community Health, The Literacy Center, Treatment Trends, Inc., United Way of the Greater Lehigh Valley, Valley Youth House, Workforce Board Lehigh Valley, YMCA, YWCA

The St. Luke's Anderson and Easton Campuses 2025 State of the Community CHNA findings meeting was held on September 29, 2025, at the St. Luke's Easton Campus and engaged 66 local partners. Partner input and feedback was integrated into the strategy and response for implementing evidence-based health initiatives in the communities we serve.

St. Luke's Staff and Community Partners, State of the Community Meeting



Access to Care

School Districts: St. Luke's partners with Easton Area School District (EASD) and Wilson Area School District (WASD) to connect families to vaccinations, physicals, and care with Star Community Health KidsCare and St. Luke's Family Medicine (Easton). During FY26, the Community Health Liaison and other staff participated in School District Wellness Committees and St. Luke's continues to support Paxinosa Elementary Community School (EASD) by volunteering at family engagement and school events. St. Luke's Easton Campus hosted



Easton Area School District Health Fair

both a hygiene product and school supply drive for Paxinosa Elementary School. St. Luke's also provided holiday gift donations during the winter season to the Wilson community at United Fellowship Lutheran Church 12 Baskets Full Food Pantry. WASD had "Wilsonaires" caroling the halls of the Easton Campus during the holiday season. Additionally, elementary school students met with the Cardiology team during Heart Health Month in the spring. St. Luke's also coordinated a WASD staff wellness event that included education from St. Luke's Nutrition, Mental and Behavioral Health, Outreach Lab, Physical Therapy, and Family Medicine Services and Specialists.

Additionally, literacy is promoted through Read Across America at EASD and WASD. A total of 108 volunteers, including eight of the

SLUHN campus presidents, read to 4,846 students during Read Across America week in 2026 and more than 6,300 literacy resources were shared with students Network-wide. Little Free Libraries are located at Bangor Area School District and the Anderson and Easton Campuses.

EASD Partner Liaison: The EASD Partner Liaison, with support from EASD and SLUHN leadership, addresses students' and families' medical and social needs and supported 30 district-wide initiatives during the school year including back to school events, open houses, and professional development and education regarding services at St. Luke's Easton Campus. Since July 2025, the EASD Partner Liaison provided truancy outreach calls to 181 parent/caregivers and was able to contact and offer outreach services to 95 (52%) of those reached with additional support for families that requested connection to services (e.g., dental). During FY26, 77% (n=228) students were connected to care and services. Top referrals were for students with needs related to mental health, primary care, vision, and dental.

Vision Vouchers: Vision plays a critical role in children's physical, cognitive, and social development. In the classroom, vision is essential in ensuring that students receive accurate, important information from reading, writing, and other academic tasks. A total of 19 vision vouchers were provided to WASD and 8 students were provided an exam and/or glasses, through our partnership with the Hamilton Eye Institute, with a monetary value of \$1,030.

Star Community Health: Star Community Health is a Federally Qualified Health Center Look-Alike (FQHC-LA) affiliated with St. Luke's that provides care and wraparound services, including dental van services, to uninsured and underinsured individuals and families at little or no out-of-pocket cost. Star Community Health KidsCare, located in Easton, provided connections to care and services to Easton Area and Wilson Area School Districts students seeking new primary care and mandated school vaccinations. Star Community Health's Dental Van operated a Summer Program in July and August of 2025, which had 251 encounters, 102 cleanings, 155 sealants, and 86 restorations.



Star Community Health Dental Van

During the school year, the Dental Van visited Paxinosa and Cheston Elementary Schools and Easton Area Middle School and provided care through 205 encounters, 86 cleanings, 123 sealants, and 69 restorations. At Bangor Area School District, the Dental Van provided care through 62 encounters, 24 cleanings, 53 sealants, and 20 restorations.



Breast Cancer Services

Breast Cancer Prevention: Adagio Health, through state and federal funding, administers the Breast and Cervical Cancer Early Detection Program (BCCEDP) across much of Pennsylvania. This initiative provides free screenings and diagnostic services to uninsured and underinsured women, helping catch cancer early when it's most treatable. St. Luke's University Health Network is a key partner and early detection site in this effort. With women's imaging locations and advanced technologies like 3D mammography and breast MRI, St. Luke's enhances early detection rates and reduces unnecessary follow-ups. During FY26, there were 490 patient outreach encounters resulting in 61% of those outreach encounters ordering a mammogram, 34.1%

establishing with a primary care provider post-outreach, 75.4% of ordered images completed, and 88.8% of pathology orders completed. This partnership is a powerful example of how public funding and local health systems can work together to create and operationalize health equity initiatives.

HOPE at St. Luke's Hospital (HOPE): HOPE provides clinical, case management, and prevention services to persons living with HIV. At the end of FY26, 425 unduplicated patients were receiving medical care at the Bethlehem and Easton practices. There were 20 newly diagnosed patients with HIV referrals, and of those, 13 were connected to care. Additionally, 94 patients received housing assistance through ongoing rental assistance, permanent housing placement, emergency assistance, or short-term rental assistance. HOPE continues to see an increase in patients with complex needs (e.g., medically compromised, homeless, uninsured, undocumented). In FY26, there were 506 patients that received Medical Case Management (MCM) services through HOPE.

Visiting Nurse Association (VNA): The VNA offers Home Health, Hospice and community-based mother/baby services. Established in 1919, the agency maintains Medicare-certification, Pennsylvania Department of Health licensure, Accreditation Commission for Healthcare (ACHC) accreditation and provides care in Lehigh, Berks, Northampton, Carbon, Schuylkill, Monroe, Bucks and Montgomery Counties. During FY26, the VNA increased its size and service area to Bucks and Montgomery counties when Grand View Hospital joined the Network. There was a total of 6,844 patients cared for through Home Health and 2,562 patients cared for through Hospice services during FY26.

Maternal and Child Health (MCH): St. Luke's Visiting Nurse Association (VNA) operates three high-impact MCH programs that strengthen children, families, and communities. The first is Nurse-Family Partnership (NFP), a prevention model that builds trusted nurse-family relationships to promote healthy pregnancies, strengthen parenting capacity, and create a stronger foundation for children. NFP serves economically disadvantaged families in Lehigh and Northampton counties and is designed to improve pregnancy outcomes, advance child health and development, and increase long-term family economic self-sufficiency. During FY26, NFP received 888 referrals, served 426 families, and completed 5,271 visits. NFP supported strong birth outcomes, with 86% of babies born at-term and 86% born at healthy weights. At graduation, 65% of mothers reported working, reflecting progress toward family stability and economic self-sufficiency. Immunization rates for children remained strong at 6- and 12-months (95% and 91%, respectively); rate decreases were noted at 18- and 24-month vaccines compared to FY25, which mirrors national trends with nurses reporting more families are requesting increased spacing between childhood vaccines. At 24 months, 82% of children were meeting developmental milestones, and 74% of mothers who completed the program delayed their next pregnancy beyond two years, reinforcing NFP's role in improving maternal and child outcomes across generations. In January 2026, NFP secured additional expansion funding from the PA Office of Child Development and Early Learning to add 25 funded slots, enhancing program capacity to serve 325 families concurrently.



Nurse-Family Partnership Participants

The second MCH program, Moving Beyond Depression, is a collaboration between St. Luke's Behavioral Health Integrations Team and NFP that expands access to critical mental health support for mothers enrolled in NFP who are experiencing major depression. Expanded funding secured in January 2026 incorporated Moving Beyond Depression as an official NFP program component, supporting sustainability of the model and successfully transitioning it out of the pilot phase six months ahead of schedule. Participants receive 15 sessions of in-home cognitive behavioral therapy provided by a therapist embedded within the NFP team, allowing care to be delivered in a trusted, accessible setting. In FY26, the program achieved a 62% completion rate, with 89% of those no longer meeting the criteria for depression at the end of treatment. Among those who completed, 61% reported decreased parenting stress and 72% reported increased social support, demonstrating meaningful gains in maternal well-being, family resilience, and connection to support systems.

The third MCH program is Visiting Nurse Advocate for the County (VNAC), an intervention program that provides intensive, family-centered support to households with current open cases referred by the Offices of Children, Youth, and Family Services (OCYS) in Lehigh and Northampton Counties. VNAC promotes positive family growth, strengthens protective factors, and helps create safety nets for children at increased risk. The program goals are to ensure that the parent or caregiver provides a safe environment for the child, increases parenting knowledge and skills, and meets the child's health and medical needs. During FY26, VNAC served 69 families, with 78% showing improvement in the safety of the child's living environment, 78% improving parenting knowledge and skills, and 92% improving in meeting their child's health and medical needs. In addition to traditional in-home services, VNAC also provides nurse consultation services to both counties for medically complex cases upon request. During FY26, VNAC received 484 consult requests and contributed 1,266.5 hours of specialized nursing consultation, underscoring the team's vital role in supporting complex child welfare cases and strengthening cross-county systems of care.



See the Community You Serve Participants

Family Medicine Residency Community Medicine: St. Luke's Anderson Campus first-year Family Medicine residents participated in the evidence-based model "See the City You Serve" to provide residents with a better sense of the community and key partners that help promote overall health and wellbeing, including the six tenets of lifestyle medicine. Residents also rotate through the Department of Community Health during their first year to work with community and Easton-based initiatives.

Career Mentoring and Workforce Development: St. Luke's provides career mentoring and workforce development initiatives for both school-aged and adult populations through various initiatives and community partnerships. These opportunities promote education, experiential learning, and skills-based

training to prepare individuals for the workforce and assist participants in gaining employment that provides a livable wage. Adolescent career mentoring and workforce initiatives target residents of Lehigh, Northampton, Carbon, Bucks, Schuylkill, Monroe, and Warren Counties through a combination of hospital rotations, professional development sessions, and work experience.

St. Luke's Volunteer Services: St. Luke's Volunteer Services administers two youth initiatives that promote career exploration and workforce development. The Junior Volunteer Program allows youth ages 14 and older to explore health career opportunities developing soft skills for the workplace and engaging directly with patients, staff, and visitors. In FY26, 1,017 local students participated in the program, of which 110 represented schools in the Anderson and Easton service area. Additionally, the Technical School Co-Op Experience connects classroom education with paid, hands-on healthcare experience which not only provides students with a job but also fosters them toward a career in healthcare with opportunities for permanent job placement upon completion. In FY26, 84 students participated in the Co-Op program with 7 representing technical schools in the Anderson and Easton service area.

Hands-On-Immersive Health Day: Community Health assisted St. Luke's Volunteer Services with the implementation of the Hands-On Immersive Health Day program at St. Luke's Easton Campus. This initiative provided 59 high school students from Easton Area and Wilson Area High Schools with the opportunity to engage in practical learning experiences through simulated clinical tasks that represent various roles in the healthcare industry. During the program, students rotated through different stations where they observed and participated in simulations using patient actors or mannequins. The program consists of three separate sessions, featuring stations that highlight in-demand occupations within healthcare, while also teaching students vital employability skills and essential patient care techniques.



Hands on Immersive Health Day at Easton

Health Career Exploration Program (HCEP): During FY26, HCEP was expanded to the Anderson and Easton Campuses to serve students from EASD and WASD. Established more than 18 years ago, HCEP offers experiential learning opportunities for high school students from diverse backgrounds to explore careers in the healthcare industry. Funded by the Workforce Board Lehigh Valley, HCEP assists students to gain insight into clinical and non-clinical roles, learn employability skills, understand future employment opportunities, and build confidence in their abilities while getting paid. The students work for a maximum of 20 hours per week in an assigned department. They also participate in employability skill sessions provided by SLUHN subject matter experts that focus on a variety of topics, including Human Resources and St. Luke's School of Nursing. The purpose of these sessions is to increase their knowledge of job seeking and job keeping skills (e.g., resume

development, interviewing skills, leadership, communication in the workplace). During FY26, 14 students from EASD and WASD enrolled in the program, with 93% (n=13) successfully completing the program. Students had the opportunity to work at St. Luke's Anderson Ambulatory Surgical Center, Labor and Delivery, PACU, Pharmacy, Intensive Care Unit, Short Stay Center, the Emergency Department, and various hospital floors. Students at St. Luke's Easton Campus worked in Pharmacy, Radiology, Surgical Services, the Emergency Department, and hospital floors.

Cadaver Labs: The Cadaver Lab, an educational outreach program led by Sports Medicine in collaboration with St. Luke's Physician Group, brings St. Luke's physicians, athletic trainers and clinical partners directly into the classroom for interactive exploration and discovery of clinical practice, anatomy, sports medicine, and surgical technology. During FY26, SLUHN partnered with 12 schools across the Network's service area to deliver a unique, hands-on medical education experience for more than 1,200 students interested in pursuing careers in medicine.



Cadaver Lab Demonstration

Linguistic and Cultural Workforce Development Center (WDC): The WDC is implemented in collaboration with Hispanic Center Lehigh Valley and other community-based organizations and supports workers at any stage in their career. The program focuses on providing education, training, and certifications for participants through a client-centered framework that considers their cultural background, preferred language, and their personal and career goals. This initiative assists individuals to access English for Speakers of Other Languages (ESOL) courses, skill-based trainings, and employment opportunities that aligns with local workforce needs.



Workforce Development Job Fair

In FY26, the WDC hosted 5 job fairs, reaching over 76 individuals, and offered two resume and job interview workshops. Further, job fair participants were connected to employment opportunities within SLUHN or with other community businesses/agencies. During FY26, funded through the U.S. Department of Labor and the Commonwealth of Pennsylvania, Department of Community and Economic Development, the program engaged 206 participants in courses (e.g., ESOL, HVAC, residential electrician, medical assistant, phlebotomy). The program successfully secured 80 jobs across various sectors including manufacturing, healthcare, education, IT, military, hospitality, supply chain, retail, nonprofit, and food service. Since 2024, the WDC has secured 213 jobs, of which 93 were within SLUHN. Of jobs secured at SLUHN, 87% of individuals have retained employment.

To continue the expansion of the program, during FY26, the program also implemented outreach efforts focused on high school students and residents in areas that encounter barriers to employment access and career pathway opportunities. Program staff participated in outreach efforts for students in collaboration with the Workforce Board Lehigh Valley's High School Job Fair, Easton Area High School, Bethlehem Area School District, Allentown School District, and Bridgeview Academy's Spring Wellness event. Through these outreach initiatives, the program proactively reached approximately 200 students who are not planning to attend secondary school and are at-risk of becoming dislocated workers.

ProJeCt of Easton: St. Luke's Community Health collaborates with ProJeCt of Easton to support their student success programs adult literacy, workforce development, and career placement programs. ProJeCt of Easton clients (ESOL or GED students) are referred for employment at St. Luke's Easton and St. Luke's Anderson Campuses. Employed individuals work as environmental service aides, case management outreach coordinator, medical receptionist, patient care assistants, nutrition services aides, cook, and dietary hostess. The partnership

aligns with St. Luke's Linguistic and Cultural Workforce Development Centers by assisting workers at any stage in their career path to train for and access employment opportunities.

findhelp: St. Luke's partners with findhelp, a free self-navigation online platform (sluhn.findhelp.com), which is also integrated into SLUHN's electronic health record (i.e., Epic) and MyChart platforms. findhelp is a social care network established to provide a comprehensive platform for people to find social services in their communities at any time in a language they understand. This allows nonprofit and other community-based organizations to coordinate service delivery and support services. St. Luke's Information Technology, Quality, Case Management, and Community Health teams, along with Star Community Health, work collaboratively with 431 established (i.e., claimed) community-based partners in the communities we serve. findhelp allows community members to search for, and connect to, Social Determinants of Health (SDOH) support such as financial assistance, food pantries, medical care, transportation, and more. This platform, as well as United Way's 211, are tools that Community Health Liaisons use to assist community members, patients, and staff by connecting them to vital resources. Community Health continually onboards priority partners to ensure accurate and up-to-date resources are available to our communities. Network-wide, there were 58,693 searches during FY26, and in Northampton County, there were a total of 13,493 searches. Both Network and County specific top searches were for food, housing, and utilities.

Housing: Stable housing greatly impacts an individual's ability to access and maintain regular medical care. St. Luke's partners with local organizations to address housing through community partnerships at the campus-level to build capacity within the community, including participation in the Northampton County Housing for All Committee.

Transportation: St. Luke's transportation services, in collaboration with Lyft and Uber rideshares, ensures access to care by supporting rides to and from appointments. Transportation initiatives supported by SLUHN align with the primary goal of improving access to primary care for low income, homeless and near homeless populations. By providing complimentary Lyft and Uber rides to and from appointments with primary care doctors and other specialists for established patients, this initiative allows patients to receive routine care in a timely manner, with the added goal of reducing the frequency and overuse of Emergency Department resources. Network-wide, more than \$810,000 in Lyft and Uber rides were provided during FY26.

Chronic Disease Prevention

Older Adult Meal Program: The Anderson Campus Older Adult Meals Program is designed to provide subsidized meals to adults ages 65 and older at the Anderson Campus cafeteria, which served 26,936 meals during FY26. This initiative addresses food security and loneliness among older adults, along with educational sessions.

Local Food Pantry Support: ProJeCt of Easton and St. Luke's Family Medicine – Easton continues to utilize the "Food Rx" initiative, lifestyle medicine resources, and provided vital resources to key community partners and schools. "Food Rx" enables providers to "prescribe" healthy food aligned with their patient's specific dietary needs that are available at the pantry.

Diabetes Self-Management Education and Support: Anderson and Easton Campuses serve as sites for diabetes education.

Physical Activity: St. Luke's Anderson Medical Residents promoted literacy and physical activity in partnership with ProJeCt of Easton's Summer Sizzle! Program, including Get Your Tail on the Trail walks with EASD students. Get Your Tail on the Trail is a free program established in 2013 by SLUHN and the Delaware & Lehigh National Heritage Corridor. The program aims to help people of all ages and abilities to meet their personal fitness goals. Since program inception, there have been a total of 6,937,530 miles recorded. In FY26, there were 2,006 active users that logged 634,645 miles Network-wide.

Employee Wellness: SLUHN recognizes that the health of its workforce is important and vital to the success of the Network. To support our employees, St. Luke's Employee Wellness provides evidence-based programming and health education to empower individuals to positively impact their health and reduce their risk of chronic health conditions through healthy lifestyle choices. In alignment with the Network CHNA top priorities, Employee Wellness provides opportunities for employees and their spouses to focus on their physical, mental, and social well-being, to help foster a high quality of life while managing the demands of their roles at work and home. During FY26, the following programs and resources were provided to support employees: *Caring Starts with You Core* (annual biometric and health risk assessment program), Community Supported Agriculture



Get Your Tail on the Trail

(CSA), health coaching, Plant Based Eating Class, tobacco cessation, Employee Fitness Incentive Program, massage therapy, Silver Cloud, Employee Assistance Program, and Therapy Anywhere.

The CSA program provided the opportunity to improve access to fresh, local produce. Network-wide, a total of \$213,320 was invested in our local farms during the 2025 CSA season, including \$75,840 to St. Luke's Rodale Organic Farm and Clear Spring Farm in the Anderson and Easton service area. Additionally, through this initiative, 211 CSA shares were donated in the Anderson and Easton service area to United Fellowship food pantry, Safe Harbor, and ProJeCt of Easton.

Smoking and Vaping Education: Dr. Douglas Corwin, St. Luke's Pulmonologist, provided eight educational presentations to 280 students and 40 parents and administrators at three school districts in SLUHN's service area in FY26. Given the

rise in vaping among youth regionally and nationwide, Dr. Corwin spoke about misinformation and misunderstandings about the risks of vaping in a setting that encouraged open discussion. These presentations allow for meaningful engagement from students and concerned parents trying to best support their children.

Sports Medicine and Athletic Trainers: With a wide range of skills and abilities, athletic trainers manage an athlete from initial injury to return to life and play. Athletic trainers play a critical healthcare role as they are often the most available and onsite medical provider in the athletics venue, therefore providing immediate care and facilitation of medical action that results in effective and efficient care to support patient recovery. During FY26, SLUHN athletic trainers supported nearly 20,000 youth and collegiate athletes in Pennsylvania and New Jersey through 78 events across the Network, providing significant financial and in-kind support. In addition to athletic trainers, 222 physicians, physician assistants, nurse practitioners, medical residents, and fellows provided services. In FY26, over 600 physicals were completed for student-athletes in EASD and WASD. Across the Network, nearly 10,000 physicals were completed for student-athletes at various school districts, charter schools, and private schools.

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Adolescent Behavioral Health Unit, Adolescent Partial Hospitalization Program, SHARE clinic, Medical Detox Unit, Medication Assisted Treatment).

Northampton County Task Forces: Community Health worked with the Northampton County Opioid Task Force to connect patients to substance use disorder (SUD) treatment and recovery services as well as the Northampton County Suicide Prevention Task Force to promote mental health training, including Question, Persuade, Refer (QPR) Suicide Prevention.

School-Based Programs: Your Emotional Strength Supported (YESS!) school-based mental health counseling is designed to support students with mental health needs at school and supports students in the Anderson and Easton service area. A total of 9,405 encounters occurred during FY26 in the Easton Area, Nazareth Area, and Northampton Area School Districts. Additionally, the Community Health Liaison and Community Health Worker partnered with EASD for youth-led mental health initiatives (i.e., Aevidum) at Paxinosa Elementary, Cheston Elementary, and Easton Middle School through a United Way of the Greater Lehigh Valley mini-grant supporting youth-led mental health initiatives.

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washing to mindfulness practices and everything in between, Wellness 101 presents fun and educational information while helping viewers learn and retain health and wellness information. Wellness 101 Jr. is a child-friendly version that explores the basics of health and wellness for kids aged 6-12 years old. Children can learn about a variety of health topics such as sleep, handling peer pressure, how to ask for help, and more through interactive videos and simple Q&As.

Collaborations and Partnerships

Bangor Area School District, BattleBorn Veterans Organization, Bethlehem Health Bureau, Bethlehem Area School District, Boys and Girls Club of Easton, Center for Humanistic Change, Children's Home of Easton, City of Easton, Community Services for Children, Cops 'n' Kids of Easton, Crayola, Easton Area Community Center, Easton Area Neighborhood Center, Easton Area Public Library, Easton Area School District, Easton Housing Authority, Family Connection of Easton, Greater Easton Development Partnership including Easton Main Street and West Ward Initiatives, Hamilton Eye Institute of Easton, Hispanic Center Lehigh Valley, JusticeWorks family of Services, Lafayette Experience Mentoring Program, Lafayette College, Lehigh Conference of Churches, Lehigh Valley Childcare Centers (LVCC), Lehigh Valley Domestic Violence Task Force, Lehigh University, LV Active Life, Mary Meuser Memorial Library, Nature Nurture, Northeast Food Pantry, Northampton Community College, Northampton County Human Services, Northampton County Office of Children and Youth Families (NCOCYF), Palmery Recovery Center, Pennsylvania Area Health Education Center, Pennsylvania Downtown Center, Pennsylvania State Trooper community affairs outreach, Pinebrook Family Answers, Plan of Safe Care, ProJeCt of Easton, Safe Harbor, SHARE Housing Program, Shiloh Church, Slater Family Network, Star Community Health, St. Luke's Family Medicine, The Whole Life Center Food Pantry, Third Street Alliance for Women and Children, Treatment Trends, Inc., Twelve Baskets Full Food Pantry, Two Rivers Health and Wellness Foundation, United Fellowship Lutheran Church, United Way of the Greater Lehigh Valley, Wilson Area Communities that Care Coalition, Wilson Area Partners in Education Foundation, Wilson Area School District, Wilson LINCS Family Center, YMCA Easton/Phillipsburg



Easton Area School District and Wilson Area School District collaboration with Easton Campus Adolescent Behavioral Health Unit

The St. Luke's Bethlehem Campus 2025 State of the Community CHNA findings meeting was held on October 20, 2025, at Nitschmann Middle School, part of Bethlehem Area School District, and engaged 60 local partners. Partner input and feedback was integrated into the strategy and response for implementing evidence-based health initiatives in the communities we serve.



State of the Community, Nitschmann Middle School

Access to Care

Bethlehem Area School District (BASD): The partnership between Community Health and BASD began almost 30 years ago and continues to connect students and their families to a medical home (i.e., primary care provider), vision, dental, behavioral health, and other social services, which has improved access to care and services for families in need. St. Luke's is part of the BASD Wellness Committee which strategizes how best to improve and promote student attendance through participation on the BASD Attendance Committee, as well as supporting student and staff wellbeing. During FY26, St. Luke's Bethlehem Campus and St. Luke's Children's Hospital organized multiple drives for school supplies, clothing, and other essential needs. Community Health

Liaisons serve the BASD community to ensure that meaningful and sustainable partnerships develop at the local level. This provides the capacity and infrastructure needed to ensure that pathways toward equity and measurable health outcomes can be realized.



Back to School Supply Drive, Donegan and Marvine Elementary

Additionally, literacy promotion through Read Across America was implemented at local schools in communities across the Network. A total of 108 volunteers, including eight of the SLUHN campus presidents, read to 4,846 students during Read Across America week in 2026 and more than 6,300 literacy resources were shared with students Network-wide. At Donegan Elementary, Read Across America included volunteers from Star Community Health and St. Luke's Children's Hospital.

Community School Model: St. Luke's partners with the United Way of the Greater Lehigh Valley, as well as other local partners, to implement the Community School Model. This includes financial and programmatic support from St. Luke's for a full-time school-based Community School Coordinator (CSC) at Marvine Elementary School and a Family Development Specialist (FDS) at Donegan Elementary School that supports and connect students and families to needed services. During FY26, Marvine's CSC worked with more than 300 families to address barriers to student attendance and improve parent and caregiver engagement, including connection to vital resources. SLUHN staff and departments, as well as community partners and other organizations, worked to support priority needs at Marvine through fundraising efforts, contributing \$20,289 in in-kind donations to assist students with identified barriers. Additionally, the CSC received the YWCA's prestigious "Bridge Builder" award for demonstrating improved outcomes and sustainable partnerships

throughout the year. At Donegan Elementary School, the FDS supported more than 100 families. One of the primary roles of the FDS is to provide support and resources for students and families to ensure students have good attendance rates so they can achieve in school. During the 2025-26 school year, there was an increase (40% to 41%) in good attendance and a decrease (25% to 23%) in chronic attendance issues. Not only does the FDS provide support to Donegan Elementary School students and families, but they also provide support and share best practices district wide.

School-Based Community Health Navigation: In FY26, Community Health transitioned its Mobile Youth Health Center initiative to School-Based Community Health Navigation, which employs the evidence-based Community Health Worker model to better connect students and families to address barriers to best connect students and families to the care and services they need. The School-Based Community Health Navigation team provided services at Northeast Middle School, Broughal Middle School, Freedom High School, and Liberty High School in the BASD and connected students to medical insurance, a medical home, vision and dental services, community resources, and more. Community Health’s School-Based Navigation team connected 568 students to a primary care provider during FY26.

Vision Vouchers: Vision plays a critical role in children’s physical, cognitive, and social development. In the classroom, vision is essential in ensuring that students receive accurate, important information from reading, writing, and other academic tasks. A total of 121 vision vouchers were provided to BASD and 25 students were provided with an exam and/or glasses, through our partnership with Medoptic, and My Vision, with a monetary value of \$4,985.

Community-Based Community Health Navigation: Community Health Navigation works with our homeless or housing insecure adults, families, and others facing hardship. Community Health Navigation also partners with local community-based organizations such as New Bethany Ministries and the Bethlehem Emergency Shelter to coordinate care and connection to services. Various resources such as clothing, hygiene, and other services were provided to patients in need. Community Health Navigation successfully connected 261 individuals to a primary care provider during FY26. Bridging the Gap funds, used to support essential needs for employment and other resources (e.g., transportation), were distributed to support patient’s basic needs, totaling \$2,029.40.

Star Community Health: Star Community Health is a Federally Qualified Health Center Look-Alike (FQHC-LA) affiliated with St. Luke’s that provides care and wraparound services to uninsured and underinsured individuals and families at little or no out-of-pocket cost. Southside Medical and Family Medicine (Easton Avenue), located in Bethlehem, provided connections to care and services for families. Additionally, Star Community Health’s Chief Medical Officer serves at the BASD Medical Director. In Bethlehem, Star Community Health’s Dental Van had a Summer Program during July-August, where it provided care through



Dental and Mobile Care Vans

251 encounters, 102 cleanings, 155 sealants, and 86 restorations. During the school year, the Dental Van visited Donegan Elementary, Fountain Hill Elementary, Freemansburg Elementary, Lincoln Elementary, Marvine Elementary, Broughal Middle School, Northeast Middle School, Freedom High School, and Liberty High School. The Dental Van provided care through 958 encounters, 339 cleanings, 718 sealants and 398 restorations.

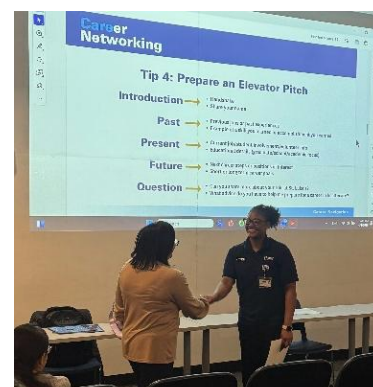
Breast Cancer Prevention: Adagio Health, through state and federal funding, administers the Breast and Cervical Cancer Early Detection Program (BCCEDP) across much of Pennsylvania. This initiative provides free screenings and diagnostic services to uninsured and underinsured women, helping detect cancer early when it is most treatable. SLUHN is a key partner and early detection site in this effort. With women’s imaging locations and advanced technologies like 3D mammography and breast MRI, St. Luke’s enhances early detection rates

and reduces unnecessary follow-ups. During FY26, there were 490 patient outreach encounters, with 61% resulting in a mammogram order, 34.1% establishing with a primary care provider post-outreach, 75.4% of ordered images completed, and 88.8% of pathology orders completed. This partnership is a powerful example of how public funding and local health systems can work together to create and operationalize health equity initiatives.

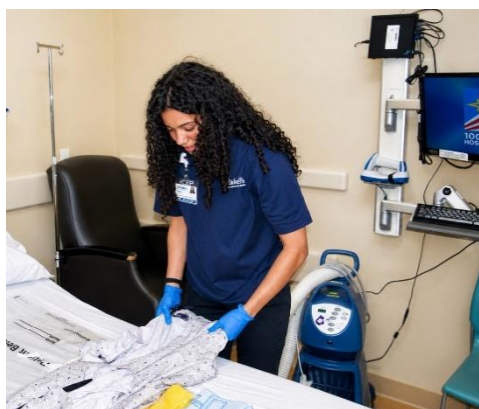
Career Mentoring and Workforce Development: St. Luke's provides career mentoring and workforce development initiatives for both school-aged and adult populations through various initiatives and community partnerships. These opportunities promote education, experiential learning, and skills-based training to prepare individuals for the workforce and assist participants in gaining employment that provides a livable wage. Adolescent career mentoring and workforce initiatives target residents of Lehigh, Northampton, Carbon, Bucks, Schuylkill, Monroe, and Warren Counties through a combination of hospital rotations, professional development sessions, and work experience.

St. Luke's Volunteer Services: St. Luke's Volunteer Services administers two youth initiatives that promote career exploration and workforce development. The Junior Volunteer Program allows youth ages 14 and older to explore health career opportunities developing soft skills for the workplace and engaging directly with patients, staff, and visitors. In FY26, 1,017 local students participated in the program, of which 141 represented schools in the Bethlehem service area. Additionally, the Technical School Co-Op Experience connects classroom education with paid, hands-on healthcare experience which not only provides students with a job but also fosters them toward a career in healthcare with opportunities for permanent job placement upon completion. In FY26, 84 students participated in the Co-Op program with 15 representing technical schools in the Bethlehem service area.

School-to-Work (STW): For nearly 30 years, St Luke's and BASD have been collaborating to provide English for Speakers of Other Languages (ESOL) students the opportunity to explore healthcare careers through the STW Program. STW was created to improve graduation rates, lower absenteeism, and encourage students toward post-secondary education. Its intent is to engage at-risk students to remain in school by exposing them to health careers at St. Luke's, to offer support and guidance as they work to achieve fluency in English, and to obtain valuable career and life skills. Since the program was founded in 1997, it has served more than 430 ESOL students. During FY26, 15 ESOL students enrolled in the program, with 93% (n=14) successfully completing the program.



School-to-Work Presentation



HCEP Student

Health Career Exploration Program (HCEP): Established more than 18 years ago, HCEP offers experiential learning opportunities for high school students from diverse backgrounds to explore healthcare careers. Funded by the Workforce Board Lehigh Valley, HCEP assists students to gain insight into clinical and non-clinical roles, learn employability skills, understand future employment opportunities, and build confidence in their abilities while getting paid. Students work for a maximum of 20 hours per week in an assigned SLUHN department. They also participate in employability skill sessions provided by SLUHN subject matter experts that focus on a variety of topics, including Human Resources and St. Luke's School of Nursing. The purpose of these sessions is to increase their knowledge of job-seeking and job-keeping skills (e.g., resume development, interviewing skills, leadership,

communication in the workplace). During FY26, 15 students from BASD enrolled in the program, with 93% (n=14) successfully completing the program. Students had the opportunity to work at St. Luke's Bethlehem Campus Central Transport, Ambulatory Surgical Center, Radiology, Medical Intensive Care Unit, PACU, Emergency Department, Acute Rehabilitation Center, and various hospital floors.

Cadaver Labs: The Cadaver Lab, an educational outreach program led by Sports Medicine in collaboration with St. Luke's Physician Group, brings St. Luke's physicians, athletic trainers and clinical partners directly into the classroom for interactive exploration and discovery of clinical practice, anatomy, sports medicine, and surgical technology. During FY26, SLUHN partnered with 12 schools across the Network's service area to deliver a unique, hands-on medical education experience for more than 1,200 students interested in pursuing careers in medicine.

Linguistic and Cultural Workforce Development Center (WDC): The WDC is implemented in collaboration with Hispanic Center Lehigh Valley and other community-based organizations and supports workers at any stage in their career. The program focuses on providing education, training, and certifications for participants through a client-centered framework that considers their cultural background, preferred language, and their personal and career goals. This initiative assists individuals to access English for Speakers of Other Languages (ESOL) courses, skill-based trainings, and employment opportunities that aligns with local workforce needs.

In FY26, the WDC hosted 5 job fairs, reaching over 76 individuals, and offered two resume and job interview workshops. Further, job fair participants were connected to employment opportunities within SLUHN or with other community businesses/agencies. During FY26, funded through the U.S. Department of Labor and the Commonwealth of Pennsylvania, Department of Community and Economic Development, the program engaged 206 participants in courses (e.g., ESOL, HVAC, residential electrician, medical assistant, phlebotomy). The program successfully secured 80 jobs across various sectors including manufacturing, healthcare, education, IT, military, hospitality, supply chain, retail, nonprofit, and food service. Since 2024, the WDC has secured 213 jobs, of which 93 were within SLUHN. Of jobs secured at SLUHN, 87% of individuals have retained employment.

To continue the expansion of the program, during FY26, the program also implemented outreach efforts focused on high school students and residents in areas that encounter barriers to employment access and career pathway opportunities. Program staff participated in outreach efforts for students in collaboration with the Workforce Board Lehigh Valley's High School Job Fair, Easton Area High School, Bethlehem Area School District, Allentown School District, and Bridgeview Academy's Spring Wellness event. Through these outreach initiatives, the program proactively reached approximately 200 students who are not planning to attend secondary school and are at-risk of becoming dislocated workers.



Workforce Development Job Fair

findhelp: St. Luke's partners with findhelp, a free self-navigation online platform (sluhn.findhelp.com), which is also integrated into SLUHN's electronic health record (i.e., Epic) and MyChart platforms. findhelp is a social care network established to provide a comprehensive platform for people to find social services in their communities at any time in a language they understand. This allows nonprofit and other community-based organizations to coordinate service delivery and support services. St. Luke's Information Technology, Quality, Case Management, and Community Health teams, along with Star Community Health, work collaboratively with 431 established (i.e., claimed) community-based partners in the communities we serve. findhelp allows community members to search for, and connect to, Social Determinants of Health (SDOH) support such as financial assistance, food pantries, medical care, transportation, and more. This platform, as well as United Way's 211, are tools that Community Health Liaisons use to assist community members, patients, and staff by connecting them to vital resources. Community Health continually onboards priority partners to ensure accurate and up-to-date resources are available to our communities. Network-wide, there were 58,693 searches during FY26, and in the Bethlehem service area (Lehigh and Northampton Counties), there were 32,380 total searches. Both Network and County specific top searches were for food, housing, and utilities.

HOPE at St. Luke's Hospital (HOPE): HOPE provides clinical, case management, and prevention services to persons living with HIV. At the end of FY26, 425 unduplicated patients were receiving medical care at the Bethlehem and Easton practices. There were 20 newly diagnosed patients with HIV referrals, and of those, 13 were connected to care. Additionally, 94 patients received housing assistance through ongoing rental assistance, permanent housing placement, emergency assistance, or short-term rental assistance. HOPE continues to see an increase in patients with complex needs (e.g., medically compromised, homeless, uninsured, undocumented). In FY26, there were 506 patients that received Medical Case Management (MCM) services through HOPE.

Transportation: St. Luke's transportation services, in collaboration with Lyft and Uber rideshares, ensures access to care by supporting rides to and from appointments. Transportation initiatives supported by SLUHN align with the primary goal of improving access to primary care for low income, homeless and near homeless populations. By providing complimentary Lyft and Uber rides to and from appointments with primary care doctors and other specialists for established patients, this initiative allows patients to receive routine care in a timely manner, with the added goal of reducing the frequency and overuse of Emergency Department resources. Network-wide, more than \$810,000 in Lyft and Uber rides were provided during FY26.

Housing: Stable housing greatly impacts an individual's ability to access and maintain regular medical care. St. Luke's partners with local organizations to address housing through community partnerships at the campus-level to build capacity within the community. St. Luke's is also working with the City of Bethlehem on a Choice Neighborhood Planning Grant and New Bethany, Inc. with programmatic support and as part of a capital campaign.

Family Medicine Resident Community Education: St. Luke's Bethlehem Family Medicine first-year medical residents participated in the evidence-based model "See the City You Serve" to provide an opportunity to meet with key partners that help promote overall health and wellbeing. Family Medicine Residents also rotate through the Department of Community Health annually to work with community and Bethlehem-based initiatives.

Visiting Nurse Association (VNA): The VNA offers Home Health, Hospice and community-based mother/baby services. Established in 1919, the agency maintains Medicare-certification, Pennsylvania Department of Health licensure, Accreditation Commission for Healthcare (ACHC) accreditation and provides care in Lehigh, Berks, Northampton, Carbon, Schuylkill, Monroe, Bucks and Montgomery Counties. During FY26, the VNA increased its size and service area to Bucks and Montgomery counties when Grand View Hospital joined the Network. There was a total of 6,844 patients cared for through Home Health and 2,562 patients cared for through Hospice services during FY26.



*Luis Vasquez, Bridge Builder Award
from YWCA*

Maternal and Child Health (MCH): St. Luke's Visiting Nurse Association (VNA) operates three high-impact MCH programs that strengthen children, families, and communities. The first is Nurse-Family Partnership (NFP), a prevention model that builds trusted nurse-family relationships to promote healthy pregnancies, strengthen parenting capacity, and create a stronger foundation for children. NFP serves economically disadvantaged families in Lehigh and Northampton counties and is designed to improve pregnancy outcomes, advance child health and development, and increase long-term family economic self-sufficiency. During FY26, NFP received 888 referrals, served 426 families, and completed 5,271 visits. NFP supported strong birth outcomes, with 86% of babies born at-term and 86% born at healthy weights. At graduation, 65% of mothers reported working, reflecting progress toward family stability and economic self-sufficiency. Immunization rates for children remained strong at 6- and 12-months (95% and 91%, respectively); rate decreases were noted at 18- and 24-month vaccines compared to FY25, which mirrors national trends with nurses reporting more families are requesting increased spacing between childhood vaccines. At 24 months, 82% of children were meeting developmental milestones, and 74% of mothers who completed the program delayed their next pregnancy.

beyond two years, reinforcing NFP's role in improving maternal and child outcomes across generations. In January 2026, NFP secured additional expansion funding from the PA Office of Child Development and Early Learning to add 25 funded slots, enhancing program capacity to serve 325 families concurrently.



Nurse Family Partnership Participants

The second MCH program, Moving Beyond Depression, is a collaboration between St. Luke's Behavioral Health Integrations Team and NFP that expands access to critical mental health support for mothers enrolled in NFP who are experiencing major depression. Expanded funding secured in January 2026 incorporated Moving Beyond Depression as an official NFP program component, supporting sustainability of the model and successfully transitioning it out of the pilot phase six months ahead of schedule. Participants receive 15 sessions of in-home cognitive behavioral therapy provided by a therapist embedded within the NFP team, allowing care to be delivered in a trusted, accessible setting. In FY26, the program achieved a 62% completion rate, with 89% of those no longer meeting the criteria for depression at the end of treatment. Among those who completed, 61% reported decreased parenting stress and 72% reported increased social support, demonstrating meaningful gains in maternal well-being, family resilience, and connection to support systems.

The third MCH program is Visiting Nurse Advocate for the County (VNAC), an intervention program that provides intensive, family-centered support to households with current open cases referred by the Offices of Children, Youth, and Family Services (OCYS) in Lehigh and Northampton Counties. VNAC promotes positive family growth, strengthens protective factors, and helps create safety nets for children at increased risk. The program goals are to ensure that the parent or caregiver provides a safe environment for the child, increases parenting knowledge and skills, and meets the child's health and medical needs. During FY26, VNAC served 69 families, with 78% showing improvement in the safety of the child's living environment, 78% improving parenting knowledge and skills, and 92% improving in meeting their child's health and medical needs. In addition to traditional in-home services, VNAC also provides nurse consultation services to both counties for medically complex cases upon request. During FY26, VNAC received 484 consult requests and contributed 1,266.5 hours of specialized nursing consultation, underscoring the team's vital role in supporting complex child welfare cases and strengthening cross-county systems of care.

Chronic Disease Prevention

Food Access: Food access, especially access to healthy food, is a critical component of maintaining health and preventing chronic disease. SLUHN collaborates with local organizations through our school and community partners to decrease food insecurity and promote healthy lifestyles. Through partnerships with Second Harvest Food Bank and other local organizations, Marvine Elementary School provides a food pantry for students and families facing food insecurity. During FY26, more than 926 households (duplicated) were supported through Marvine's food access initiatives.

Older Adult Meal Program: The Bethlehem Campus Older Adult Meals Program is designed to provide subsidized meals to adults ages 65 and older at the Bethlehem Campus cafeteria, which served 1,473 meals during FY26. This initiative addresses food security and loneliness among older adults. Additionally, the Bethlehem Campus provides an education series during the program to educate older adults on how to maximize their health through making informed health decisions. Topics included Seasonal Respiratory Infections: Staying Safe All Year, The Importance of Sleep in a Patient's Recovery, and Keeping Blood Sugar in Balance: Everyday Tips.

Hispanic Center of the Lehigh Valley (HCLV): St. Luke's has established collaborative processes with community partners, such as HCLV, to meet individuals where they are and promote connections and access to care and services, including a community food pantry that served 856 households (including 3,449 adults, children, and seniors) in FY26, including 331 new visitors. Additionally, HCLV's Basilio Huertas Senior Center promotes healthy aging, with a focus on culturally appropriate communications and supports, through bilingual case management, food access/nutrition, socialization, and recreation. During FY26, HCLV worked with more than 52 seniors each month. St. Luke's continues to support the infrastructure and capacity building at HCLV.

New Bethany, Inc: St. Luke's Bethlehem Campus works closely with New Bethany, Inc. to help address food insecurity. SLUHN provides food donations, capacity building, and other services. In 2023, the Excess Food Delivery initiative was established to provide food donations from the Bethlehem Campus cafeteria. Since 2023, more than \$17,350 in food has been donated. Additionally, the Department of Community Health partners with New Bethany, Inc. throughout the year to ensure consistent connection to care. This includes Community Health leadership representation on their Board of Trustees, community health liaison support, and community health workers (e.g., Community-Based Community Health Navigation) providing connections to services and resources. St. Luke's has also contributed to ongoing capacity building at New Bethany, Inc. through support of their current capital campaign.



Get Your Tail on the Trail Winter Kickoff Event

Physical Activity: Get Your Tail on the Trail is a free program created in 2013 by SLUHN and the Delaware & Lehigh National Heritage Corridor. The program aims to help people of all ages and abilities to meet their personal fitness goals. Since program inception, there have been a total of 6,937,530 miles recorded. Network-wide, there were 2,006 active users that logged 634,645 miles during FY26.

Smoking and Vaping Education: Dr. Douglas Corwin, St. Luke's Pulmonologist, provided eight educational presentations to 280 students and 40 parents and administrators at three school districts in SLUHN's service area in FY26. Given the rise in vaping among youth regionally and nationwide, Dr. Corwin spoke about misinformation and misunderstandings about the risks of vaping in a

setting that encouraged open discussion. These presentations allow for meaningful engagement from students and concerned parents trying to best support their children.

Sports Medicine and Athletic Trainers: With a wide range of skills and abilities, athletic trainers manage an athlete from initial injury to return to life and play. Athletic trainers play a critical healthcare role as they are often the most available and onsite medical provider in the athletics venue, therefore providing immediate care and facilitation of medical action that results in effective and efficient care to support patient recovery. During FY26, SLUHN athletic trainers supported nearly 20,000 youth and collegiate athletes in Pennsylvania and New Jersey through 78 events across the Network, providing significant financial and in-kind support. In addition to athletic trainers, 222 physicians, physician assistants, nurse practitioners, medical residents, and fellows provided services. In FY26, nearly 500 physicals were completed for student-athletes in the BASD. Across the Network, nearly 10,000 physicals were completed for student-athletes at various school districts, charter schools, and private schools.



Athletic Trainer Residency Program

Chronic Disease Education and Prevention: Diabetes Self-Management, Education, and Support (DSMES) is provided through Community Health for patients in Allentown, Bethlehem, and Coaldale, while St. Luke's Center for Diabetes & Endocrinology serves additional Network sites. DSMES is executed through our

partnership with the Association of Diabetes Care and Education Specialists for our Diabetes Education Accreditation Program. Community Health established a quality improvement (QI) initiative, Diabetes CARES (Clinical Assessment, Resources, Education, and Support), for patients at Star Community Health (Sigal and Southside Bethlehem). In collaboration with our medical residencies and Medical Fitness and Sports Performance, Diabetes CARES provides a multidisciplinary team approach to reduce the percentage of patients with poorly controlled diabetes ($HgbA1c > 9.0$). The project includes clinical diabetes visits, DSMES with a registered dietitian or bilingual CHW, and access to physical activity and healthy food. At the end of FY26, 34% of patients at Sigal and 30% of patients at Southside Bethlehem had poorly controlled diabetes.

Hypertension (i.e., high blood pressure) (HTN) is one of the leading causes of cardiovascular disease (e.g., heart attack, stroke). In FY26, Community Health established a QI project, in partnership with Star Community Health Family Practice Bethlehem, to examine the effects of a multidisciplinary program for patients with poor HTN control. The program included clinical assessment/intervention, education, nutrition counseling, and access to food and physical activity opportunities. The goal was to improve the percent of patients with controlled HTN from the baseline (58%) to 60%, which was surpassed by the end of FY26 at 69%.



Community Supported Agriculture

Employee Wellness: SLUHN recognizes that the health of its workforce is important and vital to the success of the Network. To support our employees, St. Luke's Employee Wellness provides evidence-based programming and health education to empower individuals to positively impact their health and reduce their risk of chronic health conditions through healthy lifestyle choices. In alignment with the Network CHNA top priorities, Employee Wellness provides opportunities for employees and their spouses to focus on their physical, mental, and social well-being, to help foster a high quality of life while managing the demands of their roles at work and home. During FY26, the following programs and resources were provided to support employees: *Caring Starts with You Core* (annual biometric and health risk assessment program), Community Supported Agriculture (CSA), health coaching, Plant Based Eating Class, tobacco cessation, Employee Fitness Incentive Program, massage therapy, Silver Cloud, Employee Assistance Program, and Therapy Anywhere.

The CSA program provided the opportunity to improve access to fresh, local produce. Network-wide, a total of \$213,320 was invested in our local farms during the 2025 CSA season, including \$50,480 to Willow Haven Farm in the Bethlehem service area. Additionally, through this initiative, 171 CSA shares were donated to Bethlehem service area patients and Valley Youth House.

Mental Health

St. Luke's Penn Foundation Mental Health Services: During FY26, St. Luke's Penn Foundation (SLPF) celebrated its 5th anniversary with SLUHN, a partnership that has strengthened access to high-quality, integrated mental health services throughout eastern Pennsylvania and New Jersey. SLPF operates 35 inpatient and outpatient programs across more than 30 locations, making it the largest fully integrated network of mental health and addiction treatment services in the region. Through new programs, expanded locations, integrated care models and strategic investments in access, SLPF reached more individuals and families than ever before. Expanded services include Mobile Engagement Services, Victory for Veterans, YESS! school-based counseling, the Mental Health Walk-in Center in Lehighton, and the opening



SLPF Mental Health Services

of an outpatient office in Tamaqua. Further, SLPF provides an integrated service line for all SLUHN's mental and behavioral health services (e.g., Adolescent Behavioral Health Unit, Adolescent Partial Hospitalization Program, SHARE clinic, Medical Detox Unit, Medication Assisted Treatment).

St. Luke's Substance Use Disorder (SUD) Response Warm Hand Off (WHO): WHO is an initiative to support the continuum of care for patients in need of multiple services and providers. It is a transfer of care between providers with the patient (and potentially family) present to ensure clear communication and transparency, while helping to build relationships between patients and providers. St. Luke's collaborates with local community-based organizations and the county to support WHO efforts. Additionally, Certified Recovery Specialists (CRS) operate in the Allentown, Bethlehem, Sacred Heart, Upper Bucks, Anderson, and Easton emergency departments to support WHO. At St. Luke's Bethlehem Hospital, a total of 164 WHOs were conducted for alcohol, cannabis, cocaine, opioids, and other stimulants during FY26.

Northampton County Task Forces: Community Health worked with the Northampton County Opioid Task Force to connect patients to SUD treatment and recovery services as well as the Northampton County Suicide Prevention Task Force to promote mental health training, including Question, Persuade, Refer (QPR) Suicide Prevention.

School-Based Programs: Your Emotional Strength Supported (YESS!) school-based mental health counseling is designed to support students with mental health needs at school and provides services in the Bethlehem Area School District. A total of 4,037 student encounters occurred during FY26 at nine Bethlehem elementary schools and Northeast Middle School. Mindfulness rooms were created for staff at Marvine Elementary School, students at Donegan Elementary School, and for adults and children at the Boys and Girls Club of Bethlehem to support mental health and self-care.

Adolescent Behavioral Health Unit (ABHU): St. Luke's ABHU at the Easton Campus is a 16-bed unit that provides connection to care and services for youth in need. In FY26, there were 219 adolescent admissions from Lehigh County and 309 from Northampton County at the ABHU.

Adolescent Partial Hospitalization Program: SLPF offers a structured adolescent partial hospitalization program in Allentown, providing intensive mental health care and therapeutic support for teens, while enabling them to stay connected with family and school. The program serves up to 20 adolescents at a time, who are experiencing significant mental health challenges and provides a structured, therapeutic day program. The program emphasizes individualized care and support in a safe environment. During FY26, 223 adolescents (90 from Lehigh County and 83 from Northampton County) were part of the program. Overall, 2,132 visits were completed, with a 93% attendance rate.

Just STARt the Conversation Podcast: Since 2021, *Just STARt the Conversation* has been a go-to resource for practical mental health tips, expert insights, and real conversations that matter. Each month,

St. Luke's University Hospital-Bethlehem, FY26

host Amie Allanson-Dundon, Senior Director of Network Clinical Services, discusses timely mental health topics such as social media use, perinatal mood disorders, changing careers, getting along in polarizing times, athlete mental health, and more. With more than 55 available episodes, this podcast offers relevant information for everyone. During FY26, *Just STARt the Conversation* celebrated its 50th episode and received an award for "Outstanding Use of Digital Media" from the Pennsylvania Association of Broadcasters.



Mental Health Matters Campaign

St. Luke's Wellness 101: Wellness 101 is a digital series that takes viewers (ages 13+) on a practical yet humorous step-by-step journey to explore the basics of health and wellness. From the importance of hand washing to mindfulness practices and everything in between, Wellness 101 presents fun and educational information while helping viewers learn and retain health and wellness information. Wellness 101 Jr. is a child-friendly version that explores the basics of health and wellness for kids aged 6-12 years old. Children can learn about a variety of health topics such as sleep, handling peer pressure, how to ask for help, and more through interactive videos and simple Q&As.

Collaborations and Partnerships

Bethlehem Area School District, Bethlehem Emergency Shelter, Bethlehem Health Bureau, Bethlehem Library, Bethlehem Police Department, Bethlehem Salvation Army, Bethlehem Southside Library, Boys and Girls Club Bethlehem, Cay Galgon, City of Bethlehem, Coalition for Appropriate Transportation, Community Action Lehigh Valley (CALV), Crime Victims of the Lehigh Valley, Desales University, Giant Food Stores, Hablando Con Su Doctor, Hispanic Center Lehigh Valley, Junior League of Lehigh Valley, Just Born, LANTA, Lehigh University, Moravian Freezer Ministries, Moravian University, Neighborhood Centers of the Lehigh Valley, New Bethany, Inc., Northampton Community College, Northampton County Question, Northampton County SUD Response, Northampton County Suicide Task Force, Persuade, Pinebrook Family Answers, Pinebrook Family Services, Refer trainings, Second Harvest Lehigh Valley, SHARE Housing, Star Community Health, Treatment Trends Inc., United Way of the Greater Lehigh Valley, Valley Youth House, Volunteer Center Lehigh Valley, Workforce Board Lehigh Valley



St. Luke's Community Health and BASD Partnership Meeting

The St. Luke's Carbon, Lehighton, and Miners Campuses 2025 State of the Community CHNA findings meeting was held on September 30, 2025, at Carbon Career & Technical Institute and engaged 42 local partners. Partner input and feedback was integrated into the strategy and response for implementing evidence-based health initiatives in the communities we serve.



St. Luke's Staff and Community Partner, State of the Community

Access to Care

PathStone Head Start: Head Start is a federally funded program designed to promote school readiness for children (birth to age five) from low-income families and supports their cognitive, social, and emotional development. Community Health staff, cross-trained as Community Health Workers (CHW), provided vital resources to support hygiene health, school supplies, and connection to care, services, and resources to ensure students and families were supported and engaged. Further, St. Luke's Rural Family Medicine Residents provided education and health screenings in partnership with PathStone Head Start throughout the year.

School Districts: Community Health school-based staff provide services to students and families in the Panther Valley School District (PVSD) and our CHWs help support programs and initiatives in other Carbon County school districts. St. Luke's partners with the United Way Community School Model at PVSD, where 83 unique students were provided care and resources from St. Luke's Family Development Specialist in FY26. This role is provided through collaboration and support from Carbon County Children and Youth Services. In collaboration with Star Community Health, connections to care were established to improve access to school physicals, vaccinations, education, and resources for Carbon County schools. CHWs in the service area also provided referrals to a medical home (i.e., primary care provider) to support connections to care.

Vision Vouchers: Vision plays a critical role in children's physical, cognitive, and social development. In the classroom, vision is essential in ensuring that students receive accurate, important information from reading, writing, and other academic tasks. In the Carbon and Lehighton service area, vision vouchers were provided to 30 students in the Lehighton Area and Weatherly Area School Districts with a value of \$300.



Dolly Parton Imagination Library

Literacy: St. Luke's promotes literacy in Carbon County through the evidence-based Reach Out and Read (ROR) program in partnership with Carbon County Community Foundation. ROR is integrated into our Carbon County pediatric and family medicine practices to engage families during their child's well visit. In addition, Brush, Book, Bed (BBB), an American Academy of Pediatrics initiative to engage families on the importance of a regular bedtime routine, is integrated to promote oral health, literacy, and healthy lifestyles and behaviors. During FY26, participating practices completed 3,588 well visits for children aged birth-5 years in which trained providers and staff engaged families with messaging and resources vital for growth and development. The Dolly Parton Imagination Library, also funded

by the Carbon County Community Foundation, further supports literacy and provides age-appropriate books for all Carbon County children enrolled in the initiative. At the end of FY26, there were 1,375 active children in the program. Since 2021, another 1,314 children have graduated (i.e., aged out at six years old).

Literacy promotion through Read Across America was implemented at local schools in communities across the Network. A total of 108 volunteers, including eight of the SLUHN campus presidents, read to 4,846 students during Read Across America week in 2026 and more than 6,300 literacy resources were shared with students Network-wide. Additional access points to provide literacy resources include the Veterans Literacy Initiative at the Lehighton Campus and Little Free Libraries.

Carbon Collaborative: St. Luke's Community Health partners with the Carbon Collaborative to provide consistent communications and support. More than 100 Carbon County social service organizations and nonprofit partners are represented, with over 35 regularly contributing to collaborative meetings. The committee identifies gaps, barriers, and opportunities and prioritizes how to best align existing services and strengthen connections to care, education, and resources. Additionally, several subcommittees and initiatives are established to build capacity for key community needs (e.g., transportation, literacy, early childhood education, prevention, homeless task force). St. Luke's Community Health provides representation as an officer of the Collaborative and Homeless Task Force as well as Board of Trustees representation to several local community organizations such as Area Agency on Aging, Carbon County Community Action, and Area Health Education Center (AHEC).

Star Community Health: Star Community Health is a Federally Qualified Health Center Look-Alike (FQHC-LA) affiliated with St. Luke's that provides care and wraparound services to uninsured and underinsured individuals and families at little or no out-of-pocket cost. Star Community Health provides primary care services in Lansford. Additionally, Star Community Health's Dental Van provided a Summer Program in July and August that provided care through 249 encounters, 93 cleanings, 86 sealants, and 119 restorations. During the school year, the Dental Van partnered with local schools providing care through 1,750 encounters, 699 cleanings, 1,631 sealants and 471 restorations. Schools visited by the dental van include Panther Valley Elementary, Intermediate, and High School, Tamaqua Elementary, West Penn Elementary, Tamaqua Middle School, Tamaqua High School, SS Palmer Elementary School, Parkside Elementary, Towamensing Elementary, Palmerton Middle and High School, Weatherly Elementary School, Behavioral Health Associates (BHA), as well as visits to Tamaqua PathStones, and PathStone Lehighton Head Start.

findhelp: St. Luke's partners with findhelp, a free self-navigation online platform (sluhn.findhelp.com), which is also integrated into SLUHN's electronic health record (i.e., Epic) and MyChart platforms. findhelp is a social care network established to provide a comprehensive platform for people to find social services in their communities at any time in a language they understand. This allows nonprofit and other community-based organizations to coordinate service delivery and support services. St. Luke's Information Technology, Quality, Case Management, and Community Health teams, along with Star Community Health, work collaboratively with 431 established (i.e., claimed) community-based partners in the communities we serve. findhelp allows community members to search for, and connect to, Social Determinants of Health (SDOH) support such as financial assistance, food pantries, medical care, transportation, and more. This platform, as well as United Way's 211, are tools that Community Health Liaisons use to assist community members, patients, and staff by connecting them to vital resources. Community Health continually onboards priority partners to ensure accurate and up-to-date resources are available to our communities. Network-wide, there were 58,693 searches during FY26, and in Carbon County, there were a total of 3,797 searches. Both Network and County specific top searches were for food, housing, and utilities.

Breast Cancer Prevention: Adagio Health, through state and federal funding, administers the Breast and Cervical Cancer Early Detection Program (BCCEDP) across much of Pennsylvania. This initiative provides free screenings and diagnostic services to uninsured and underinsured women, helping detect cancer early when it is



Breast Cancer Prevention

most treatable. SLUHN is a key partner and early detection site in this effort. With women's imaging locations and advanced technologies like 3D mammography and breast MRI, St. Luke's enhances early detection rates and reduces unnecessary follow-ups. During FY26, there were 490 patient outreach encounters, with 61% resulting in a mammogram order, 34.1% establishing with a primary care provider post-outreach, 75.4% of ordered images completed, and 88.8% of pathology orders completed. This partnership is a powerful example of how public funding and local health systems can work together to create and operationalize health equity initiatives.

Visiting Nurse Association (VNA): The VNA offers Home Health, Hospice and community-based mother/baby services. Established in 1919, the agency maintains Medicare-certification, Pennsylvania Department of Health licensure, Accreditation Commission for Healthcare (ACHC) accreditation and provides care in Lehigh, Berks, Northampton, Carbon, Schuylkill, Monroe, Bucks and Montgomery Counties. During FY26, the

VNA increased its size and service area to Bucks and Montgomery counties when Grand View Hospital joined the Network. There was a total of 6,844 patients cared for through Home Health and 2,562 patients cared for through Hospice services during FY26.

Transportation: St. Luke's transportation services, in collaboration with Lyft and Uber rideshares, ensures access to care by supporting rides to and from appointments. Transportation initiatives supported by SLUHN align with the primary goal of improving access to primary care for low income, homeless and near homeless populations. By providing complimentary Lyft and Uber rides to and from appointments with primary care doctors and other specialists for established patients, this initiative allows patients to receive routine care in a timely manner, with the added goal of reducing the frequency and overuse of Emergency Department resources. Network-wide, more than \$810,000 in Lyft and Uber rides were provided during FY26.

Career Mentoring and Workforce Development: St. Luke's provides career mentoring and workforce development initiatives for both school-aged and adult populations through various initiatives and community partnerships. These opportunities promote education, experiential learning, and skills-based training to prepare individuals for the workforce and assist participants in gaining employment that provides a livable wage. Adolescent career mentoring and workforce initiatives target residents of Lehigh, Northampton, Carbon, Bucks, Schuylkill, Monroe, and Warren Counties through a combination of hospital rotations, professional development sessions, and work experience.

St. Luke's Volunteer Services: St. Luke's Volunteer Services administers two youth initiatives that promote career exploration and workforce development. The Junior Volunteer Program allows youth ages 14 and older to explore health career opportunities developing soft skills for the workplace and engaging directly with patients, staff, and visitors. In FY26, 1,017 local students participated in the program, of which 17 represented schools in the Carbon and Lehigh service area. Additionally, the Technical School Co-Op Experience connects classroom education with paid, hands-on healthcare experience which not only provides students with a job but also fosters them toward a career in healthcare with opportunities for permanent job placement upon completion. In FY26, 84 students participated in the Co-Op program with 4 representing technical schools in the Carbon and Lehigh service area.

Hands-On Immersive Health Day: In partnership with Pocono Counties Workforce Development Area, Community Health assisted St. Luke's Volunteer Services with the implementation of the Hands-On Immersive Health Day program at St. Luke's Lehigh Campus. This initiative provided 57 high school students from Weatherly Area, Lehigh Area, Panther Valley, and Palmerton Area High Schools with the opportunity to engage in practical learning experiences through simulated clinical tasks that represent various

roles in the healthcare industry. During the program, students rotated through different stations where they observed and participated in simulations using patient actors or mannequins. The program consists of three separate sessions, featuring stations that highlight in-demand occupations within healthcare, while also teaching students vital employability skills and essential patient care techniques.

Chronic Disease Prevention

Older Adult Meal Program: The Carbon and Lehighton Older Adult Meals Program is designed to provide subsidized meals to adults 65 and older at the Carbon Campus cafeteria and the Lehighton Campus cafeteria. The Carbon Campus cafeteria served 8,367 meals during FY26 and Lehighton served 19. This initiative addresses food security and loneliness among older adults. To enhance the meal program, there were organized Fireside Chats featuring guest speakers from various SLUHN departments and local community organizations. These interactive events are specifically tailored for older adults to provide education, share valuable insights, and raise awareness about the resources available to seniors in Carbon County.



Older Adult Meals Presentation

Food Security: The VALOR Foundation Stand Down Lansford for veterans provided quarterly food access support services. Additionally, Community Health staff implement a food pantry for PVSD families facing food insecurity where volunteers provided more than 100 hours of support. SLUHN also partnered with Hope and Coffee to support community meals to help provide meals, social services, and connection to care for people in need.



Get Your Tail on the Trail Event

Physical Activity: Get Your Tail on the Trail is a free program created in 2013 by SLUHN and the Delaware & Lehigh National Heritage Corridor. The program aims to help people of all ages and abilities to meet their personal fitness goals. Since program inception, there have been a total of 6,937,530 miles recorded. Network-wide, there were 2,006 active users that logged 634,645 miles during FY26.

Employee Wellness: SLUHN recognizes that the health of its workforce is important and vital to the success of the Network. To support our employees, St. Luke's Employee Wellness provides evidence-based programming and health education to empower individuals to positively impact their health and reduce their risk of chronic health conditions through healthy lifestyle choices. In alignment with the Network CHNA top priorities, Employee Wellness provides opportunities for employees and their spouses to focus on their physical, mental, and social well-being, to help foster a high quality of life while managing the demands of their roles at work and home. During FY26, the following programs and resources were provided to support employees: *Caring Starts with You Core* (annual biometric and health risk assessment program), Community Supported Agriculture (CSA), health coaching, Plant Based Eating Class, tobacco cessation, Employee Fitness Incentive Program, massage therapy, Silver Cloud, Employee Assistance Program, and Therapy Anywhere.

The CSA program provided the opportunity to improve access to fresh, local produce. Network-wide, a total of \$213,320 was invested in our local farms during the 2025 CSA season, including \$50,480 to Willow Haven Farm in the Carbon and Lehighton service area. Additionally, through this initiative, 17 CSA shares were donated to patients and local community members.



Community Supported Agriculture

Smoking and Vaping Education: Dr. Douglas Corwin, St. Luke's Pulmonologist, provided eight educational presentations to 280 students and 40 parents and administrators at three school districts in SLUHN's service area in FY26. Given the rise in vaping among youth regionally and nationwide, Dr. Corwin spoke about misinformation and misunderstandings about the risks of vaping in a setting that encouraged open discussion. These presentations allow for meaningful engagement from students and concerned parents trying to best support their children.

Sports Medicine and Athletic Trainers: With a wide range of skills and abilities, athletic trainers manage an athlete from initial injury to return to life and play. Athletic trainers play a critical healthcare role as they are often the most available and onsite medical provider in the athletics venue, therefore providing immediate care and facilitation of medical action that results in effective and efficient care to support patient recovery. During FY26, SLUHN athletic trainers supported nearly 20,000 youth and collegiate athletes in Pennsylvania and New Jersey through 78 events across the Network, providing significant financial and in-kind support. In addition to athletic trainers, 222 physicians, physician assistants, nurse practitioners, medical residents, and fellows provided services. In FY26, 77 physicals were completed for student-athletes at Weatherly Area High School. Across the Network, nearly 10,000 physicals were completed for student-athletes at various school districts, charter schools, and private schools.

Mental Health

St. Luke's Penn Foundation Mental Health Services: During FY26, St. Luke's Penn Foundation (SLPF) celebrated its 5th anniversary with SLUHN, a partnership that has strengthened access to high-quality, integrated mental health services throughout eastern Pennsylvania and New Jersey. SLPF operates 35 inpatient and outpatient programs across more than 30 locations, making it the largest fully integrated network of mental health and addiction treatment services in the region. Through new programs, expanded locations, integrated care models and strategic investments in access, SLPF reached more individuals and families than ever before. Expanded services include Mobile Engagement Services, Victory for Veterans, YESS! school-based counseling, the Mental Health Walk-in Center in Lehigh, and the opening of an outpatient office in Tamaqua. Further, SLPF provides an integrated service line for all SLUHN's mental and behavioral health services (e.g., Adolescent Behavioral Health Unit, Adolescent Partial Hospitalization Program, SHARE clinic, Medical Detox Unit, Medication Assisted Treatment).



SLPF Mental Health Awareness Event

St. Luke's Substance Use Disorder (SUD) Response Warm Hand Off (WHO): WHO is an initiative to support the continuum of care for patients in need of multiple services and providers. It is a transfer of care between providers with the patient (and potentially family) present to ensure clear communication and transparency, while helping to build relationships between patients and providers. St. Luke's collaborates with local community-based organizations and the county to support WHO efforts. Additionally, Certified Recovery Specialists (CRS) operate in the Allentown, Bethlehem, Sacred Heart, Upper Bucks, Anderson, and Easton emergency departments to support WHO. At the Carbon and Lehigh Hospitals, a total of 164 WHOs referrals were conducted for alcohol, cannabis, cocaine, opioids, and other stimulants during FY26.

Stigma Presentations: Community Health worked with partners to deliver a Community Stigma Presentation for Carbon and Schuylkill Counties.

Narcan Education and Distribution: During FY26, 141 boxes of Narcan were distributed to community members in Carbon and Schuylkill Counties through 11 distribution events. Education on Narcan was also provided.

Safe Medication Disposal: Safe medication disposal boxes continued to provide a space to dispose of unwanted medicines at the St. Luke's Carbon Campus. During FY26, 326.6 pounds of unused medication were safely disposed.

Behavioral Health Walk-in Center: St. Luke's Psychiatric Associates' behavioral health walk-in center is located at the Lehighton Campus and offers a welcoming and comfortable, non-residential environment for those dealing with a variety of mental health issues. Those seeking services or support for a non-life-threatening mental health circumstance are greeted by a medical receptionist and assessed by a professional crisis intervention specialist in a relaxed, non-clinical environment. Individuals are evaluated and provided with the resources and/or referrals needed to deal with the immediate situation. This may include psychotherapy sessions or connections with other community resources (e.g., Veterans Affairs) and specialists. A case manager may be assigned to provide ongoing support.

Adolescent Behavioral Health Unit (ABHU): St. Luke's ABHU at the Easton Campus is a 16-bed unit that provides connection to care and services for youth in need. In FY26, there were 98 adolescent admissions from Carbon County at the ABHU.

Adolescent Partial Hospitalization Program: SLPF offers a structured adolescent partial hospitalization program in Allentown, providing intensive mental health care and therapeutic support for teens, while enabling them to stay connected with family and school. The program serves up to 20 adolescents at a time, who are experiencing significant mental health challenges and provides a structured, therapeutic day program. The program emphasizes individualized care and support in a safe environment. During FY26, 223 adolescents (7 from Carbon County) were part of the program. Overall, 2,132 visits were completed, with a 93% attendance rate.

Victory for Veterans: St. Luke's Penn Foundation expanded its Victory for Veterans program to provide suicide prevention services to veterans in Carbon and Schuylkill Counties (and expanded into Monroe County in FY26). Made possible by a grant from the U.S. Department of Veteran Affairs, the program served 63 veterans and their families during FY26 and more than 100 veterans and their families since its inception. Additionally, the program has outreached to more than 1,000 veterans through community events, places of worship, and local fairs and festivals. The team has also presented at locations such as the American Legion, VFWs, and the Marine Corps League. The Victory for Veterans Program has initiated its own outreach events such as Ruck 'n Reflect, Roll or Stroll, monthly Common Grounds Veterans Coffee Club, walk-in days, and more.

School-Based Programs: Your Emotional Strength Supported (YESS!) school-based mental health counseling is designed to support students with mental health needs at school and provides services in the Carbon and Lehighton service area. A total of 2,183 student encounters occurred during FY26 at Weatherly Area and Palmerton Area School Districts.



SLPF Mental Health Awareness Campaign

Just START the Conversation Podcast: Since 2021, *Just START the Conversation* has been a go-to resource for practical mental health tips, expert insights, and real conversations that matter. Each month, host Amie Allanson-Dundon, Senior Director of Network Clinical Services, discusses timely mental health topics (e.g., social media use, perinatal mood disorders, changing careers, getting along in polarizing times, athlete mental health). With more than 55 available episodes, this podcast offers relevant information for everyone. This past year, *Just START the Conversation* celebrated its 50th episode and received an award for "Outstanding Use of Digital Media" from the Pennsylvania Association of Broadcasters.

St. Luke's Wellness 101: Wellness 101 is a digital series that takes viewers (ages 13+) on a practical yet humorous step-by-step journey to explore the basics of health and wellness. From the importance of hand washing to mindfulness practices and everything in between, Wellness 101 presents fun and educational information while helping viewers learn and retain health and wellness information. Wellness 101 Jr. is a child-

friendly version that explores the basics of health and wellness for kids aged 6-12 years old. Children can learn about a variety of health topics such as sleep, handling peer pressure, how to ask for help, and more through interactive videos and simple Q&As.

Collaborations and Partnerships

Area Health Education Center (AHEC), Blue Mountain Ski Resort Community partnership, Carbon County Area Agency on Aging, Carbon County CareerLink, Carbon County Children & Youth, Carbon County Community Action, Carbon County Community Foundation, Carbon County Housing Authority, Carbon County Interagency Collaborative Council, Carbon County KidZone, Carbon County Mental Health, Carbon County Technical Institute College, Carbon County Transit, Carbon County Veteran Affairs, Catholic Charities, Center of Community Resources, Domestic Violence Service Center, Family Promise, Hope and Coffee, Houser Newman, Jim Thorpe Library, Jim Thorpe School District, Justice Works Youth Care, Lehigh Carbon Community College, Lehigh Valley Childcare Centers (LVCC), Lehigh Ambulance, Lehigh Library, Lehigh School District, Lifelong Learning Centers, Palmerton Library, Palmerton School District, Panther Valley Blue Print Community, Panther Valley School District, PathStone Head Start, Pennsylvania State Police, Pocono Counties Workforce Development Area, Second Harvest Food Bank, SHARE Housing, SHINE, Star Community Health Dental, Veteran's Office (Lehigh campus), Weatherly School District



Carbon County Human Services Breakfast



*St. Luke's Carbon and Lehighton President,
John Nespoli, at Community Day*

The Geisinger St. Luke's (GSL) Campus 2025 State of the Community CHNA findings meeting was held on September 17, 2025 at Alvernia College- Pottsville Collegetowne and engaged 43 local partners. Partner input and feedback was integrated into the strategy and response for implementing evidence-based health initiatives in the communities we serve.

State of the Community, Geisinger St. Luke's



Access to Care

Child Development Head Start: A GSL Community Health Worker (CHW) and Community Health staff provided support as direct or indirect family advocates to 554 students and families at eight Child Development Head Start Centers (Fountain Springs, Mahanoy City, Pottsville, Pottsville 2, St. Clair, Schuylkill Haven, Shenandoah, and Tamaqua). The partnership between St. Luke's Community Health and Child Development Head Start began in 2013 through the St. Luke's Miners Campus. When GSL opened in 2019, SLUHN was able to further prioritize the partnership by embedding a CHW at Child Development Head Start. The CHW also provides outreach to all Schuylkill County School Districts with connection to health education and services, which support improved access and services to families in need. School districts include Blue Mountain, Mahanoy Area, Marian, Minersville, Nativity, North Schuylkill, Pine Grove, Pottsville, Saint Clair, Schuylkill Haven, Shenandoah, Tamaqua, Tri-Valley, Williams Valley and the Schuylkill Intermediate Unit #29.

Star Community Health: During FY26, the Rural Health Centers transitioned to Star Community Health practices. Star Community Health is a Federally Qualified Health Center Look-Alike (FQHC-LA) affiliated with St. Luke's that provides care and wraparound services to uninsured and underinsured individuals and families at little or no out-of-pocket cost. In collaboration with Star Community Health, and with support from CHWs, connections to care were established to improve access to school physicals, vaccinations, education, and resources. Additionally, Star Community Health employs a full-time Public Health Dental Hygienist who is also trained as a CHW. The Star Community Health Dental Van provided a Summer Program in July and August that provided care through 249 encounters, 93 cleanings, 86 sealants, and 119 restorations. During the school year, the Dental Van partnered with the Tamaqua Area School District and Tamaqua Head Start to provide care through 426 encounters, 165 cleanings, 427 sealants, and 134 restorations in the GSL service area.



Star Community Health Dental Van

Visiting Nurse Association (VNA): The VNA offers Home Health, Hospice and community-based mother/baby services. Established in 1919, the agency maintains Medicare-certification, Pennsylvania Department of Health licensure, Accreditation Commission for Healthcare (ACHC) accreditation and provides care in Lehigh, Berks, Northampton, Carbon, Schuylkill, Monroe, Bucks and Montgomery Counties. During FY26, the VNA increased its size and service area to Bucks and Montgomery counties when Grand View Hospital joined the

Network. There was a total of 6,844 patients cared for through Home Health and 2,562 patients cared for through Hospice services during FY26.

Literacy: Literacy promotion through Read Across America was implemented at local schools in communities across the Network. A total of 108 volunteers, including eight of the SLUHN campus presidents, read to 4,846 students during Read Across America week in 2026 and more than 6,300 literacy resources were shared with students Network-wide. Additionally, a Little Free Library was placed at GSL's hospital entrance through the work of a volunteer and the Community Health team. The library is supported by the campus to ensure an assortment and abundance of books.

Career Mentoring and Workforce Development: St. Luke's provides career mentoring and workforce development initiatives for both school-aged and adult populations through various initiatives and community partnerships. These opportunities promote education, experiential learning, and skills-based training to prepare individuals for the workforce and assist participants in gaining employment that provides a livable wage. Adolescent career mentoring and workforce initiatives target residents of Lehigh, Northampton, Carbon, Bucks, Schuylkill, Monroe, and Warren Counties through a combination of hospital rotations, professional development sessions, and work experience.



Read Across America, Pottsville Area School District

St. Luke's Volunteer Services: St. Luke's Volunteer Services administers two youth initiatives that promote career exploration and workforce development. The Junior Volunteer Program allows youth ages 14 and older to explore health career opportunities developing soft skills for the workplace and engaging directly with patients, staff, and visitors. In FY26, 1,017 local students participated in the program, of which 39 represented schools in the GSL service area. Additionally, the Technical School Co-Op Experience connects classroom education with paid, hands-on healthcare experience which not only provides students with a job but also fosters them toward a career in healthcare with opportunities for permanent job placement upon completion. In FY26, 84 students participated in the Co-Op program with 4 representing technical schools in the GSL service area.

Workforce Development: Community Health's partnership with Lifelong Learning Center continued to grow in FY26 to address workforce and education connections in Schuylkill County and the Panther Valley area. GSL Human Resources provided connections and information for adult education students to share employment and educational opportunities in healthcare to create an employment pipeline.



Cadaver Lab Demonstration

Cadaver Labs: The Cadaver Lab, an educational outreach program led by Sports Medicine in collaboration with St. Luke's Physician Group, brings St. Luke's physicians, athletic trainers and clinical partners directly into the classroom for interactive exploration and discovery of clinical practice, anatomy, sports medicine, and surgical technology. During FY26, SLUHN partnered with 12 schools across the Network's service area to deliver a unique, hands-on medical education experience for more than 1,200 students interested in pursuing careers in medicine.

findhelp: St. Luke's partners with findhelp, a free self-navigation online platform (sluhn.findhelp.com), which is also integrated into SLUHN's electronic health record (i.e., Epic) and MyChart platforms. findhelp is a social care network established to provide a comprehensive platform for people to find social services in their

communities at any time in a language they understand. This allows nonprofit and other community-based organizations to coordinate service delivery and support services. St. Luke's Information Technology, Quality, Case Management, and Community Health teams, along with Star Community Health, work collaboratively with 431 established (i.e., claimed) community-based partners in the communities we serve. findhelp allows community members to search for, and connect to, Social Determinants of Health (SDOH) support such as financial assistance, food pantries, medical care, transportation, and more. This platform, as well as United Way's 211, are tools that Community Health Liaisons use to assist community members, patients, and staff by connecting them to vital resources. Community Health continually onboards priority partners to ensure accurate and up-to-date resources are available to our communities. Network-wide, there were 58,693 searches during FY26, and in Schuylkill County, there were a total of 4,800 searches. Both Network and County specific top searches were for food, housing, and utilities.

Breast Cancer Prevention: Adagio Health, through state and federal funding, administers the Breast and Cervical Cancer Early Detection Program (BCCEDP) across much of Pennsylvania. This initiative provides free screenings and diagnostic services to uninsured and underinsured women, helping detect cancer early when it is most treatable. SLUHN is a key partner and early detection site in this effort. With women's imaging locations and advanced technologies like 3D mammography and breast MRI, St. Luke's enhances early detection rates and reduces unnecessary follow-ups. During FY26, there were 490 patient outreach encounters, with 61% resulting in a mammogram order, 34.1% establishing with a primary care provider post-outreach, 75.4% of ordered images completed, and 88.8% of pathology orders completed. This partnership is a powerful example of how public funding and local health systems can work together to create and operationalize health equity initiatives.



Breast Cancer Prevention Expo

Transportation: St. Luke's transportation services, in collaboration with Lyft and Uber rideshares, ensures access to care by supporting rides to and from appointments. Transportation initiatives supported by SLUHN align with the primary goal of improving access to primary care for low income, homeless and near homeless populations. By providing complimentary Lyft and Uber rides to and from appointments with primary care doctors and other specialists for established patients, this initiative allows patients to receive routine care in a timely manner, with the added goal of reducing the frequency and overuse of Emergency Department resources. Network-wide, more than \$810,000 in Lyft and Uber rides were provided during FY26.

Chronic Disease Prevention

Older Adult Meals: GSL's Older Adult Meals Program is designed to provide subsidized meals to adults 65 and older at the GSL Campus cafeteria, which served 12,606 meals during FY26. This initiative addresses food security and loneliness among older adults. Fireside chats were available to the community to help share information and resources for topics such as Heart Health, The Aging Brain, Diabetes, Hernia, Orthopedic, Your Lung Health, Wound Care, and Urology. Additionally, a special event was held in observance of Breast Cancer Awareness Month which provided mammograms, music, massages and mocktails for participating community members. A presentation on Heart Health was presented to local hunters at Cabelas, the region's premier outdoor and conservation company.

Local Food Pantry Support: GSL employees provided ongoing volunteer support to church pantries such as St. John's UCC Church in Orwigsburg as well as at established pantries operated by Schuylkill Community Action, Helping Harvest Food Bank and Catholic Charities Community Café that assist geographical areas in Minersville, St. Clair, South Schuylkill, Auburn, Schuylkill Haven, Pottsville, Frackville and many others. Community Health's CHWs also use these opportunities to provide resources and connections to care when appropriate. Participation is also provided by the Salvation Pottsville Corps' Food for the Body and Soul Lunch Cafe on Fridays as well as at the Veterans Food Pantry.



Schuylkill Community Action Mobile Food Pantry

Physical Activity: Get Your Tail on the Trail is a free program created in 2013 by SLUHN and the Delaware & Lehigh National Heritage Corridor. The program aims to help people of all ages and abilities to meet their personal fitness goals. Since program inception, there have been a total of 6,937,530 miles recorded. Network-wide, there were 2,006 active users that logged 634,645 miles during FY26.

Sports Medicine and Athletic Trainers: With a wide range of skills and abilities, athletic trainers manage an athlete from initial injury to return to life and play. Athletic trainers play a critical healthcare role as they are often the most available and onsite medical provider in the athletics venue, therefore providing immediate care

and facilitation of medical action that results in effective and efficient care to support patient recovery. During FY26, SLUHN athletic trainers supported nearly 20,000 youth and collegiate athletes in Pennsylvania and New Jersey through 78 events across the Network, providing significant financial and in-kind support. In addition to athletic trainers, 222 physicians, physician assistants, nurse practitioners, medical residents, and fellows provided services. In FY26, over 1,200 physicals were completed for student-athletes in Blue Mountain, Shenandoah Valley, Pottsville Area, Tamaqua Area, and North Schuylkill School Districts. Across the Network, nearly 10,000 physicals were completed for student-athletes at various school districts, charter schools, and private schools.

Chronic Disease Education and Prevention: Diabetes Self-Management, Education, and Support (DSMES) is provided through Community Health for patients in Allentown, Bethlehem, and Coaldale, while St. Luke's Center for Diabetes & Endocrinology serves additional Network sites. DSMES is executed through our partnership with the Association of Diabetes Care and Education Specialists for our Diabetes Education Accreditation Program. In the GSL service area, Community Health supports DSMES for patients in Coaldale at the Miners campus and Star Community Health Ringtown.



Lead Testing

Lead Testing: GSL joined St. Luke's phlebotomists at Child Development Centers for onsite lead testing services in November 2025 and April 2026. This service was offered at eight centers with locations in Pottsville (2), Mahanoy City, Fountain Springs, Tamaqua, Shenandoah, St. Clair, and Schuylkill Haven. During the 2025-26 school year, 28 children received lead tests (26 onsite tests, 2 lab walk-ins). Of those, 5 resulted in high lead levels. Families without insurance were provided information about Star Community Health by Child Development's Family Advocate. Tip sheets and other resources (e.g., Your Child Tested Positive for Lead, Now What?) were also provided. Additionally, students and families with identified needs were connected to a CHW to ensure access to care and other resources.

Smoking and Vaping Education: Dr. Douglas Corwin, St. Luke's Pulmonologist, provided eight educational presentations to 280 students and 40 parents and administrators at three school districts in SLUHN's service area in FY26. Given the rise in vaping among youth regionally and nationwide, Dr. Corwin spoke about misinformation and misunderstandings about the risks of vaping in a setting that encouraged open discussion. These presentations allow for meaningful engagement from students and concerned parents trying to best support their children.

Employee Wellness: SLUHN recognizes that the health of its workforce is important and vital to the success of our organization. To support our employees, the St. Luke's Employee Wellness Team provides evidence-based programming and health education to empower individuals to positively impact their health and reduce their risk of chronic health conditions through making healthy lifestyle choices. In alignment with the Network CHNA top priorities (i.e., Access to Care, Chronic Disease Prevention, Mental Health), Employee Wellness provides opportunities for employees and their spouses to focus on their physical, mental, and social well-being, to help foster a high quality of life while managing the demands of their roles at work and home. During FY26, the following programs and resources were provided to support employee wellness: *Caring Starts with You Core* (annual biometric and health risk assessment program), Community Supported Agriculture (CSA) Program, health coaching, Plant Based Eating Class, tobacco cessation, Employee Fitness Incentive Program, massage therapy, Silver Cloud, Employee Assistance Program, and Therapy Anywhere.

Mental Health

St. Luke's Penn Foundation Mental Health Services: During FY26, St. Luke's Penn Foundation (SLPF) celebrated its 5th anniversary with SLUHN, a partnership that has strengthened access to high-quality, integrated mental health services throughout eastern Pennsylvania and New Jersey. SLPF operates 35 inpatient and outpatient programs across more than 30 locations, making it the largest fully integrated network of mental health and addiction treatment services in the region. Through new programs, expanded locations, integrated care models and strategic investments in access, SLPF reached more individuals and families than ever before. Expanded services include Mobile Engagement Services, Victory for Veterans, YESS! school-based counseling, the Mental Health Walk-in Center in Lehigh, and the opening of an outpatient office in Tamaqua. Further, SLPF provides an integrated service line for all SLUHN's mental and behavioral health services (e.g., Adolescent Behavioral Health Unit, Adolescent Partial Hospitalization Program, SHARE clinic, Medical Detox Unit, Medication Assisted Treatment).

St. Luke's Substance Use Disorder (SUD) Response Warm Hand Off (WHO): WHO is an initiative to support the continuum of care for patients in need of multiple services and providers. It is a transfer of care between providers with the patient (and potentially family) present to ensure clear communication and transparency, while helping to build relationships between patients and providers. St. Luke's collaborates with local community-based organizations and the county to support WHO efforts. Additionally, Certified Recovery Specialists (CRS) operate in the Allentown, Bethlehem, Sacred Heart, Upper Bucks, Anderson, and Easton emergency departments to support WHO.

Prevention and Stigma Presentations: The Schuylkill County Drug and Alcohol Program partners with Community Health for assistance with SUD prevention activities in Schuylkill County. During FY26, the SLUHN CHW in Schuylkill County provided 864 hours of information dissemination, prevention education in the schools with evidence-based curriculum (e.g., Too Good for Drugs), positive activities (e.g., Summer BLAST program), and community-based activities that promote awareness about the health harms of vaping, drinking alcohol during pregnancy and other vital topics.

Additionally, Dr. Conforti, a local St. Luke's primary care physician, provided smoking and vaping education to 450 students at Pottsville Area High School. Community Health supports Schuylkill County Drug and Alcohol and Mental Health Services' Schuylkill County Junior Advisory Board. This initiative brings together students from each of the Schuylkill County school districts to discuss how to bring awareness to mental health and substance use issues in their schools and across the county. Students attend monthly meetings to brainstorm ideas for implementation at their respective schools. Additionally, Community Health worked with partners that offered Community Stigma Presentations for Schuylkill County, including a Recovery Simulation.



Information Table for Fetal Alcohol Syndrome

Safe Medication Disposal Boxes: Safe medication disposal boxes continued to provide a space to dispose of unwanted medicines at the GSL Campus. In FY26, 233.3 pounds of unused medication were safely disposed. Additionally, through our partnership with Schuylkill Drug & Alcohol, 72 Safe Lock Boxes (to secure medications) were distributed to families at end of school year visits at 5 Child Development Head Start centers.

Adolescent Partial Hospitalization Program: SLPF offers a structured adolescent partial hospitalization program in Allentown, providing intensive mental health care and therapeutic support for teens, while enabling them to stay connected with family and school. The program serves up to 20 adolescents at a time, who are experiencing significant mental health challenges and provides a structured, therapeutic day program. The program emphasizes individualized care and support in a safe environment. During FY26, 223 adolescents (4 from Schuylkill County) were part of the program. Overall, 2,132 visits were completed, with a 93% attendance rate.

Adolescent Behavioral Health Unit (ABHU): St. Luke's ABHU at the Easton Campus is a 16-bed unit that provides connection to care and services for youth in need. In FY26, there were 45 adolescent admissions from Schuylkill County at the ABHU.

Mental Health Support and Messaging: Mental Health resources were provided at Blue Mountain High School's Avedium Club's Second Annual Mental Health and Self-Care Day. Community Health also shares resources for Child Development's monthly newsletter. The April 2026 newsletter highlighted Star Community Health, including Integrated Behavioral Health services at the three Star Community Health practices in the region.

Victory for Veterans: St. Luke's Penn Foundation expanded its Victory for Veterans program to provide suicide prevention services to veterans in both Carbon and Schuylkill Counties (and expanded into Monroe County in FY27). Made possible by a grant from the U.S. Department of Veteran Affairs, the program served 63 veterans and their families during FY26 and more than 100 veterans and their families since its inception. Additionally, the program has outreached to more than 1,000 veterans through community events, places of worship, and local fairs and festivals. The team has also presented at locations such as the American Legion, VFWs, and the Marine Corps League. The Victory for Veterans Program has initiated its own outreach events such as Ruck 'n Reflect, Roll or Stroll, monthly Common Grounds Veterans Coffee Club, walk-in days, and more.



Victory for Veterans Event

Just STArT the Conversation Podcast: Since 2021, *Just STArT the Conversation* has been a go-to resource for practical mental health tips, expert insights, and real conversations that matter. Each month, host Amie Allanson-Dundon, Senior Director of Network Clinical Services, discusses timely mental health topics (e.g., social media use, perinatal mood disorders, changing careers, getting along in polarizing times, athlete mental health). With more than 55 available episodes, this podcast offers relevant information for everyone. This past year, *Just STArT the Conversation* celebrated its 50th episode and received an award for “Outstanding Use of Digital Media” from the Pennsylvania Association of Broadcasters.

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and Panther Valley School Districts. In 2025, SLUHN received a No Cost Extension to extend the grant through August 2026. The grant focused on education, prevention, treatment, and recovery of psychostimulants through activities such as community partnerships, addressing stigma and community education, incorporating screening tools for providers to identify and refer patients, expanding access to mental and behavioral health services, and developing resources to improve the workforce.

Collaborations and Partnerships

Alvernia University, Catholic Charities, Center for Community Resources (CCR), Child Development, Inc., Clinical Outcomes Group, Inc. (COGI), Diakon Community Services, East Central Area Health Education Center (AHEC), Health Resources and Services Administration (HRSA), Helping Harvest Food Bank, Interfaith Health Network, Lebanon VA Medical Center, Lehigh Carbon Community College Morgan Center, Lifelong Learning Center, Nurse Family Partnership of Schuylkill County, PA Attorney General's Office (LETI Program), Penn State Schuylkill, Rural Community Opioid Response Program (RCORP), Salvation Army Pottsville Corps, Schuylkill Chamber of Commerce, Schuylkill Community Action, Schuylkill Connects, Schuylkill County Drug and Alcohol, Schuylkill County Mental Health/Developmental Services and Drug & Alcohol Programs, Schuylkill County Office of Senior Services, Schuylkill County School Districts, Schuylkill County Veterans Clinic, Schuylkill HIVE, Schuylkill HOPE, Schuylkill Intermediate Unit #29, Schuylkill NAMI, Schuylkill REACH (SUD Prevention Task Force), Schuylkill Technology Centers, Schuylkill Transportation Systems, Schuylkill United Way, Service Access and Management, Inc., Servants to All, Sexual Assault Resource and Counseling Center (SARCC), Star Community Health, Suicide Prevention Task Force of Schuylkill County, Sync Recovery, The Salvation Army Schuylkill Service Center of Tamaqua, Victory for Veterans/St. Luke's Penn Foundation



*Community Partner and former patient with President of Geisinger St. Luke's
Gabe Kamrousky and Erin Adams, Vice President of Patient Care*

**Disclaimer: The Health Resources and Services Administration (HRSA), Department of Health and Human Services (HHS) provided financial support for this program. The award provided \$500,000 with more than 50% financing from nongovernmental sources. The contents are those of the author. They may not reflect the policies of HRSA, HHS, or the U.S. Government.*

The St. Luke's Carbon, Lehigh, and Miners Campuses 2025 State of the Community CHNA findings meeting was held on September 30, 2025, at Carbon Career & Technical Institute and engaged 42 local partners. Partner input and feedback was integrated into the strategy and response for implementing evidence-based health initiatives in the communities we serve.

President of the Miners Campus, Diana Laquinta, State of the Community Meeting



Access to Care

Panther Valley School District (PVSD): Since 2013, Community Health and PVSD have partnered to connect students and their families to a medical home (i.e., primary care provider), vision, dental, behavioral health, and other social services. These efforts have improved access to care and services for families in need. Additionally, St. Luke's supports a full-time school-based Family Development Specialist (FDS), cross-trained as a Community Health Worker (CHW), to support and connect students and families to services as part of the Community School Model in partnership with United Way of the Greater Lehigh Valley. In FY26, the FDS supported more than 83 families districtwide to address needs and reduce barriers to school attendance. One strategy for student support included a prosocial student activity group (i.e., Step Up Panthers) that promotes positive mental health messages and activities that improve school climate.



Nesquehoning Police Department took Panther Valley students shopping for school supplies

Head Start: Community Health staff, cross trained as CHWs, provide services to students and families at Child Development Head Start (Schuylkill) and PathStone Head Start (Carbon). Partnership between Community Health and Head Start began in 2013 through the St. Luke's Miners Campus.

Literacy: Literacy promotion through Read Across America was implemented at local schools in communities across the Network. A total of 108 volunteers, including eight of the SLUHN campus presidents, read to 4,846 students during Read Across America week in 2026 and more than 6,300 literacy resources were shared with students Network-wide.

Vision Vouchers: Vision plays a critical role in children's physical, cognitive, and social development. In the classroom, vision is essential in ensuring that students receive accurate, important information from reading, writing, and other academic tasks. Vision vouchers were provided to 31 students at Panther Valley with a value of \$1,695.

School Health Screenings: St. Luke's Rural Family Medicine Residency and Penn State Schuylkill School of Nursing assisted with mandated health screenings at Tamaqua Elementary and Marian Catholic High School. They provided height and weight measurements as well as vision screenings for approximately 200 students.

Visiting Nurse Association (VNA): The VNA offers Home Health, Hospice and community-based mother/baby services. Established in 1919, the agency maintains Medicare-certification, Pennsylvania Department of Health licensure, Accreditation Commission for Healthcare (ACHC) accreditation and provides care in Lehigh, Berks, Northampton, Carbon, Schuylkill, Monroe, Bucks and Montgomery Counties. During FY26, the VNA increased its size and service area to Bucks and Montgomery counties when Grand View Hospital joined the Network. There was a total of 6,844 patients cared for through Home Health and 2,562 patients cared for through Hospice services during FY26.

Breast Cancer Prevention: Adagio Health, through state and federal funding, administers the Breast and Cervical Cancer Early Detection Program (BCCEDP) across much of Pennsylvania. This initiative provides free screenings and diagnostic services to uninsured and underinsured women, helping detect cancer early when it is most treatable. SLUHN is a key partner and early detection site in this effort. With women's imaging locations and advanced technologies like 3D mammography and breast MRI, St. Luke's enhances early detection rates and reduces unnecessary follow-ups. During FY26, there were 490 patient outreach encounters, with 61% resulting in a mammogram order, 34.1% establishing with a primary care provider post-outreach, 75.4% of ordered images completed, and 88.8% of pathology orders completed. This partnership is a powerful example of how public funding and local health systems can work together to create and operationalize health equity initiatives.

Star Community Health: During FY26, the Rural Health Centers transitioned to Star Community Health practices in Hometown, Lansford, and Ringtown. Star Community Health is a Federally Qualified Health Center Look-Alike (FQHC-LA) affiliated with St. Luke's that provides care and wraparound services to uninsured and underinsured individuals and families at little or no out-of-pocket cost. In collaboration with Star Community Health, and with support from CHWs, connections to care were established to improve access to school physicals, vaccinations, education, and resources. Additionally, Star Community Health employs a full-time Public Health Dental Hygienist who is also trained as a CHW. The Star Community Health Dental Van provided a Summer Program in July and August that provided care through 249 encounters, 93 cleanings, 86 sealants, and 119 restorations. During the school year, the Dental Van partnered with local schools providing care through 1,750 encounters, 699 cleanings, 1,631 sealants and 471 restorations. Schools visited by the dental van include Panther Valley Elementary, Intermediate, and High School, Tamaqua Elementary, West Penn Elementary, Tamaqua Middle School, Tamaqua High School, SS Palmer Elementary School, Parkside Elementary, Towamensing Elementary, Palmerton Middle and High School, Weatherly Elementary School, Behavioral Health Associates (BHA), as well as visits to Tamaqua PathStones, and PathStone Lehighton Head Start.



Star Community Health Dental Van

Workforce Development: Community Health's partnership with Lifelong Learning Center continued to grow in FY26 to address workforce and education connections in Schuylkill County and the Panther Valley area. Geisinger St. Luke's Human Resources provided connections and information for adult education students to share employment and educational opportunities in healthcare to create an employment pipeline.

Career Mentoring and Workforce Development: St. Luke's provides career mentoring and workforce development initiatives for both school-aged and adult populations through various initiatives and community partnerships. These opportunities promote education, experiential learning, and skills-based training to prepare individuals for the workforce and assist participants in gaining employment that provides a livable wage. Adolescent career mentoring and workforce initiatives target residents of Lehigh, Northampton, Carbon, Bucks, Schuylkill, Monroe, and Warren Counties through a combination of hospital rotations, professional development sessions, and work experience.

St. Luke's Volunteer Services: St. Luke's Volunteer Services administers two youth initiatives that promote career exploration and workforce development. The Junior Volunteer Program allows youth ages 14 and older to explore health career opportunities developing soft skills for the workplace and engaging directly with patients, staff, and visitors. In FY26, 1,017 local students participated in the program, of which 12 represented schools in the Miners service area. Additionally, the Technical School Co-Op Experience connects classroom education with paid, hands-on healthcare experience which not only provides students with a job but also fosters them toward a career in healthcare with opportunities for permanent job placement upon completion. In FY26, 84 students participated in the Co-Op program with 1 representing a technical school in the Miners service area.

Hands-On Immersive Health Program: In partnership with the Pocono Counties Workforce Development Area, Community Health assisted St. Luke's Volunteer Services with the implementation of the Hands-On Immersive Health Day program at St. Luke's Lehighton Campus. This initiative provided 57 high school students from Panther Valley High School, Palmerton High School, Lehighton High School, and Weatherly High School the opportunity to engage in practical learning experiences through simulated clinical tasks that represented various roles in the healthcare industry. During the program, students rotated through different stations where they observed and participated in simulations using patient actors or mannequins. The program consists of three separate sessions, featuring stations that highlight in-demand occupations within healthcare, while also teaching students vital employability skills and essential patient care techniques.



Hands on Immersive Health Program



Cadaver Lab Demonstration

Cadaver Labs: The Cadaver Lab, an educational outreach program led by Sports Medicine in collaboration with St. Luke's Physician group, brings St. Luke's physicians, athletic trainers and clinical partners directly into the classroom for an interactive exploration and discovery of clinical practice, anatomy, sports medicine, and surgical technology. During FY26, SLUHN partnered with 12 schools across the Network service area to deliver a unique, hands-on medical education experience for more than 1,200 students interested in pursuing careers in medicine. Through this experience, students are introduced to the field of medicine and learn about potential careers.

findhelp: St. Luke's partners with findhelp, a free self-navigation online platform (sluhn.findhelp.com), which is also integrated into SLUHN's electronic health record (i.e., Epic) and MyChart platforms. findhelp is a social care network established to provide a comprehensive platform for people to find social services in their communities at any time in a language they understand. This allows nonprofit and other community-based organizations to coordinate service delivery and support services. St. Luke's Information Technology, Quality, Case Management, and Community Health teams, along with Star Community Health, work collaboratively

with 431 established (i.e., claimed) community-based partners in the communities we serve. findhelp allows community members to search for, and connect to, Social Determinants of Health (SDOH) support such as financial assistance, food pantries, medical care, transportation, and more. This platform, as well as United Way's 211, are tools that Community Health Liaisons use to assist community members, patients, and staff by connecting them to vital resources. Community Health continually onboards priority partners to ensure accurate and up-to-date resources are available to our communities. Network-wide there were 58,693 searches during FY26; in Carbon County, there were a total of 3,797 searches, and in Schuylkill County there were 4,800 searches. Both Network and County specific top searches were for food, housing, and utilities.

Transportation: St. Luke's transportation services, in collaboration with Lyft and Uber rideshares, ensures access to care by supporting rides to and from appointments. Transportation initiatives supported by SLUHN align with the primary goal of improving access to primary care for low income, homeless and near homeless populations. By providing complimentary Lyft and Uber rides to and from appointments with primary care doctors and other specialists for established patients, this initiative allows patients to receive routine care in a timely manner, with the added goal of reducing the frequency and overuse of Emergency Department resources. Network-wide, more than \$810,000 in Lyft and Uber rides were provided during FY26.

Chronic Disease Prevention



Panther Valley Food Pantry Volunteers

Older Adult Meals: The Miners Campus Older Adult Meals Program is designed to provide subsidized meals to adults 65 and older at the Miners Campus cafeteria, which served 5,534 meals during FY26. This initiative addresses food insecurity and loneliness among older adults.

PVSD Food Pantry: In partnership with Community Health and Second Harvest Food Bank, PVSD operates a monthly school-based community food pantry that served approximately 1,500 families (duplicated) during the 2025-26 school year. The pantry is held monthly at Panther Valley Elementary School and parent outreach services are provided during food distribution. The pantry consistently

engages approximately 18 community-based volunteers each month from organizations such as Panther Valley Blueprint Communities, Mauch Chunk Trust Bank, and Keel Industries (formerly Bitfarms).

Additional Community-Based Food Access: Community Health partners with a Tamaqua-based food pantry through the Tamaqua Hunger Coalition to provide assistance and resources to community members in need. Catholic Charities Community Café is also a partner, allowing Community Health CHWs to meet the community where they are and connect to resources. Additionally, the VALOR Foundation Stand Down Lansford and Tamaqua Hunger Coalition partnerships are food access points for veterans in need. In FY26, Community Health staff connected the Tamaqua Food Pantry to CPR/AED/First Aid training through a partnership with the Lehigh Ambulance.

Smoking and Vaping Education: Dr. Douglas Corwin, St. Luke's Pulmonologist, provided eight educational presentations to 280 students and 40 parents and administrators at three school districts in SLUHN's service area in FY26. Given the rise in vaping among youth regionally and nationwide, Dr. Corwin spoke about misinformation and misunderstandings about the risks of vaping in a setting that encouraged open discussion. These presentations allow for meaningful engagement from students and concerned parents trying to best support their children.

Physical Activity: Get Your Tail on the Trail is a free program established in 2013 by SLUHN and the Delaware & Lehigh National Heritage Corridor. The program aims to help people of all ages and abilities to meet their personal fitness goals. Since program inception, there have been a total of 6,937,530 miles recorded. In FY26, there were 2,006 active users that logged 634,645 miles Network-wide.



Get Your Tail on the Trail event

Sports Medicine and Athletic Trainers: With a wide range of skills and abilities, athletic trainers manage an athlete from initial injury to return to life and play. Athletic trainers play a critical healthcare role as they are often the most available and onsite medical provider in the athletics venue, therefore providing immediate care and facilitation of medical action that results in effective and efficient care to support patient recovery. During FY26, SLUHN athletic trainers supported nearly 20,000 youth and collegiate athletes in Pennsylvania and New Jersey through 78 events across the Network, providing significant financial and in-kind support. In addition to athletic trainers, 222 physicians, physician assistants, nurse practitioners, medical residents, and fellows provided services. In FY26, nearly 100 physicals were completed for student-athletes in the PVSD. Across the Network, nearly 10,000 physicals were completed for student-athletes at various school districts, charter schools, and private schools.

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The CSA program provided the opportunity to improve access to fresh, local produce. Network-wide, a total of \$213,320 was invested in our local farms during the 2025 CSA season, including \$50,480 to Willow Haven Farm in the Miners Campus service area. Additionally, through this initiative, 15 CSA shares were donated to cancer infusion patients at the Miners Campus.

Mental Health

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Adolescent Behavioral Health Unit, Adolescent Partial Hospitalization Program, SHARE clinic, Medical Detox Unit, Medication Assisted Treatment).

School-Based Programs: Your Emotional Strength Supported (YESS!) school-based mental health counseling is designed to support students with mental health needs at school and supports students in the Miners service area. A total of 331 student encounters occurred during FY26 at Panther Valley Elementary, Intermediate, and Junior/Senior High Schools.

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National Night Out

the schools with evidence-based curriculum (e.g., Too Good for Drugs), positive activities (e.g., Summer BLAST program), and community-based activities that promote awareness about the health harms of vaping, drinking alcohol during pregnancy and other vital topics. Additionally, Community Health worked with partners that offered Community Stigma Presentations for Carbon and Schuylkill Counties.

Safe Medication Disposal Boxes: St. Luke's Miners provides 24/7 access to safe medication disposal as a harm reduction service to dispose of unwanted medicines. Additionally, the Miners Campus hosts two events (spring and fall) in conjunction with National Drug Take Back Day where they collect unused medication. In FY26, 188.2 pounds of unused medication at St. Luke's Miners were safely disposed.

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Collaborations and Partnerships

Ametek, Behavioral Health Associates (BHA), Carbon and Schuylkill Substance Use Task Forces, Carbon County Area Agency on Aging, Carbon County Children and Youth, Carbon County Community Foundation, Carbon County Interagency Collaborative, Carbon County KidZone, Carbon County Systems of Care, Carbon County Technical Institute (CCTI), Carbon County Veterans Affairs, Carbon, Monroe, Pike Drug and Alcohol, Carbon, Monroe, Pike Mental Health and Developmental Services, CareerLink, Center for Community Resources (CCR), Clinical Outcomes Group (COGI), East Central Area Health Education Center (AHEC), Family Promise of Carbon County, Health Resources and Services Administration (HRSA), Helping Harvest Food Bank, Houser Newman, Interfaith Health Network, Justice Works, LANTA, Lehigh Carbon Community College Morgan Center, Lehigh Valley Childcare Centers, Lehigh Valley Ambulance, Lifelong Learning Center, Matrix Behavioral Health, Nurse Family Partnership (Schuylkill), PA State Police and local police departments, Panther Valley Blueprint Communities, Panther Valley School District, PathStone Head Start, Pocono Workforce Board, Rural Community Opioid Response Program (RCORP), Schuylkill Child Development, Schuylkill Drug and Alcohol, Schuylkill Intermediate Unit #29, Schuylkill Mental Health, Schuylkill Suicide Prevention Task Force, Schuylkill United Way, Second Harvest Food Bank, Service Access & Management, Inc., Servants to All, Sexual Assault Resource and Counseling Center (SARCC), Star Community Health Dental Vans, Sync Recovery, Tamaqua Area School District, Tamaqua Community Partnership (which includes Hope and Coffee and the Tamaqua Hunger Coalition), United Way of the Greater Lehigh Valley

**Disclaimer: The Health Resources and Services Administration (HRSA), Department of Health and Human Services (HHS) provided financial support for this program. The award provided \$500,000 with more than 50% financing from nongovernmental sources. The contents are those of the author. They may not reflect the policies of HRSA, HHS, or the U.S. Government.*

The St. Luke's Monroe Campus 2025 State of the Community CHNA findings meeting was held on September 18, 2025, at Northampton Community College Pocono Campus and engaged 42 local partners. Partner input and feedback was integrated into the strategy and response for implementing evidence-based health initiatives in the communities we serve.

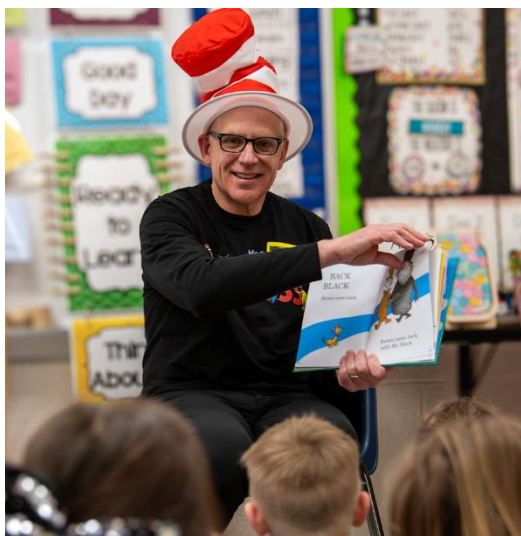


State of the Community Meeting, Northampton Community College – Pocono Campus

Access to Care

Pocono Mountain School District (PMSD): St. Luke's partnership with PMSD provides a pathway to connect students and their families to a medical home (i.e., primary care provider), vision, dental, behavioral health, and other social services. These efforts have improved access and services to families in need. A Community Health Liaison serves the PMSD community to ensure that meaningful and sustainable partnerships are developed at the local level. This provides the capacity and infrastructure needed to ensure that pathways toward equity and measurable health outcomes can be realized

Vision Vouchers: Vision plays a critical role in children's physical, cognitive, and social development. In the classroom, vision is essential in ensuring that students receive accurate, important information from reading, writing, and other academic tasks. A total of 21 vision vouchers were provided to PMSD students for eye exams and/or glasses through our partnership with Pocono Eye Associates, with a monetary value of \$750.



Read Across America

Literacy: Literacy promotion through Read Across America was implemented at local schools in communities across the Network. A total of 108 volunteers, including eight of the SLUHN campus presidents, read to 4,846 students during Read Across America week in 2026 and more than 6,300 literacy resources were shared with students Network-wide. St. Luke's team members, in collaboration with Sanofi employees, partnered to read to students at four school districts in Monroe County.

Career Mentoring and Workforce Development: St. Luke's provides career mentoring and workforce development initiatives for both school-aged and adult populations through various initiatives and community partnerships. These opportunities promote education, experiential learning, and skills-based training to prepare individuals for the workforce and assist participants in gaining employment that provides a livable wage. Adolescent career mentoring and workforce initiatives target residents of Lehigh, Northampton, Carbon, Bucks,

Schuylkill, Monroe, and Warren Counties through a combination of hospital rotations, professional development sessions, and work experience.

St. Luke's Volunteer Services: St. Luke's Volunteer Services administers two youth initiatives that promote career exploration and workforce development. The Junior Volunteer Program allows youth ages 14 and older to explore health career opportunities developing soft skills for the workplace and engaging directly with patients, staff, and visitors. In FY26, 1,017 local students participated in the program, of which 71 represented schools in the Monroe service area. Additionally, the Technical School Co-Op Experience connects classroom education with paid, hands-on healthcare experience which not only provides students with a job but also fosters them toward a career in healthcare with opportunities for permanent job placement upon completion. In FY26, 84 students participated in the Co-Op program with 14 representing technical schools in the Monroe service area.

Hands-On Immersive Health Day: Community Health assisted St. Luke's Volunteer Services with the implementation of the Hands-On Immersive Health Day program at St. Luke's Monroe Campus. This initiative provided 60 high school students from Pocono Mountain East, Pocono Mountain West, Stroudsburg, Pleasant Valley, and East Stroudsburg South High Schools with the opportunity to engage in practical learning experiences through simulated clinical tasks that represent various roles in the healthcare industry. During the program, students rotated through different stations where they observed and participated in simulations using patient actors or mannequins. The program consists of three separate sessions, featuring stations that highlight in-demand occupations within healthcare, while also teaching students vital employability skills and essential patient care techniques.



Hands-On Immersive Health Days

The Mountain Center (TMC): TMC is home to Pocono Services for Family and Children (PSFC), a single resource for family assistance that connects people with services to help support and improve the social determinants of health (e.g., food, housing, education) in a centralized location. TMC is a hub in the community that provides social services, including a St. Luke's Family Medicine practice, government services, and more. The St. Luke's Family Practice-Tobyhanna staff and providers were trained in tobacco cessation services including Nicotine Replacement Therapy (NRT). Literacy Initiatives at TMC include Brush, Book and Bed (BBB), an American Academy of Pediatrics initiative to engage families on the importance of a regular bedtime routine while promoting oral health, literacy, and healthy lifestyles and behaviors. Additionally, St. Luke's Community Health provides PSFC with representation on the Board of Trustees, as well as on the PSFC Head Start Advisory Board.

Pocono Area Transitional Housing (PATH): PATH partners in the community to help individuals and families move from homelessness or unstable living situations into safe, permanent housing. Its primary goals are to provide temporary, stable housing, support long-term independence, and prevent ongoing homelessness. Last year, St. Luke's Monroe Campus and Community Health partnered with Dr. Monestime-Williams, a local pediatrician and Director of PATH, to support the goal of helping families better understand how and when to use the Emergency Room appropriately. To support this initiative, we hosted three educational sessions, featuring an Emergency Department registered nurse from our Monroe Campus, who educated and engaged PATH families on how to access and navigate healthcare services.

Cadaver Labs: The Cadaver Lab, an educational outreach program led by Sports Medicine in collaboration with St. Luke's Physician Group, brings St. Luke's physicians, athletic trainers and clinical partners directly into the classroom for interactive exploration and discovery of clinical practice,



Cadaver Lab Demonstration

anatomy, sports medicine, and surgical technology. During FY26, SLUHN partnered with 12 schools across the Network's service area to deliver a unique, hands-on medical education experience for more than 1,200 students interested in pursuing careers in medicine.

Star Community Health Dental Van: The Star Community Health Dental Van provided a Summer Program in July and August that provided care through 86 encounters, 37 cleanings, 27 sealants, and 52 restorations. During the school year, the Dental Van partnered with local schools providing care through 554 encounters, 206 cleanings, 512 sealants and 292 restorations. Schools Districts visited by the dental van include Stroudsburg, Pocono Mountain, and Pleasant Valley. In addition, the Dental Van supported Community Day events in the Monroe service area and provided care through 227 encounters, 65 cleanings, 57 sealants, and 81 restorations.

Breast Cancer Prevention: Adagio Health, through state and federal funding, administers the Breast and Cervical Cancer Early Detection Program (BCCEDP) across much of Pennsylvania. This initiative provides free screenings and diagnostic services to uninsured and underinsured women, helping detect cancer early when it is most treatable. SLUHN is a key partner and early detection site in this effort. With women's imaging locations and advanced technologies like 3D mammography and breast MRI, St. Luke's enhances early detection rates and reduces unnecessary follow-ups. During FY26, there were 490 patient outreach encounters, with 61% resulting in a mammogram order, 34.1% establishing with a primary care provider post-outreach, 75.4% of ordered images completed, and 88.8% of pathology orders completed. This partnership is a powerful example of how public funding and local health systems can work together to create and operationalize health equity initiatives.

HOPE at St. Luke's Hospital (HOPE): HOPE provides clinical, case management, and prevention services to persons living with HIV. At the end of FY26, 425 unduplicated patients were receiving medical care at the Bethlehem and Easton practices. There were 20 newly diagnosed patients with HIV referrals, and of those, 13 were connected to care. Additionally, 94 patients received housing assistance through ongoing rental assistance, permanent housing placement, emergency assistance, or short-term rental assistance. HOPE continues to see an increase in patients with complex needs (e.g., medically compromised, homeless, uninsured, undocumented). In FY26, there were 506 patients that received Medical Case Management (MCM) services through HOPE. With support from St. Luke's Monroe Campus, MCM services in Monroe County moved from Tannersville to Stroudsburg, in closer proximity to other St. Luke's medical offices and public transportation, allowing for increased access and sustainability of care and services.

Visiting Nurse Association (VNA): The VNA offers Home Health, Hospice and community-based mother/baby services. Established in 1919, the agency maintains Medicare-certification, Pennsylvania Department of Health licensure, Accreditation Commission for Healthcare (ACHC) accreditation and provides care in Lehigh, Berks, Northampton, Carbon, Schuylkill, Monroe, Bucks and Montgomery Counties. During FY26, the VNA increased its size and service area to Bucks and Montgomery counties when Grand View Hospital joined the Network. There was a total of 6,844 patients cared for through Home Health and 2,562 patients cared for through Hospice services during FY26.

findhelp: St. Luke's partners with findhelp, a free self-navigation online platform (sluhn.findhelp.com), which is also integrated into SLUHN's electronic health record (i.e., Epic) and MyChart platforms. findhelp is a social care network established to provide a comprehensive platform for people to find social services in their communities at any time in a language they understand. This allows nonprofit and other community-based organizations to coordinate service delivery and support services. St. Luke's Information Technology, Quality, Case Management, and Community Health teams, along with Star Community Health, work collaboratively with 431 established (i.e., claimed) community-based partners in the communities we serve. findhelp allows community members to search for, and connect to, Social Determinants of Health (SDOH) support such as financial assistance, food pantries, medical care, transportation, and more. This platform, as well as United Way's 211, are tools that Community Health Liaisons use to assist community members, patients, and staff by connecting them to vital resources. Community Health continually onboards priority partners to ensure accurate

and up-to-date resources are available to our communities. Network-wide there were 58,693 searches during FY26, and in Monroe County, there were a total of 4,882 searches. Both Network and County specific top searches were for food, housing, and utilities.

Transportation: St. Luke's transportation services, in collaboration with Lyft and Uber rideshares, ensures access to care by supporting rides to and from appointments. Transportation initiatives supported by SLUHN align with the primary goal of improving access to primary care for low income, homeless and near homeless populations. By providing complimentary Lyft and Uber rides to and from appointments with primary care doctors and other specialists for established patients, this initiative allows patients to receive routine care in a timely manner, with the added goal of reducing the frequency and overuse of Emergency Department resources. Network-wide, more than \$810,000 in Lyft and Uber rides were provided during FY26.

Chronic Disease Prevention

Older Adult Meals: The Monroe Campus Older Adult Meals Program is designed to provide subsidized meals to adults 65 and older at the Monroe Campus cafeteria, which served 12,560 meals during FY26. This initiative addresses food security and loneliness among older adults. To enhance the meal program, the campus held Fireside Chats featuring guest speakers from various internal departments and local community organizations. These interactive events are specifically tailored for older adults to provide education, share valuable insights, and raise awareness about the resources available to seniors in Monroe County.



Older Adult Meals

Pocono Mountain School District (PMSD) Food Pantry: PMSD partnership with Community Health and St. Luke's Sports Medicine has measurably improved food access and access to social services and resources to families in need through the PMSD school-based food pantries, including 334 encounters and 6,964 items distributed. The food pantry is supported in part through partnership with Sanofi U.S. Additionally, in FY26, St. Luke's Weight Management supported the pantry through a donation from their Healthy Steps 5K, which promotes wellness, physical activity, and healthy living, particularly among children, and aligns with the food pantry's mission to provide families with access to nutritious food and essential resources.



Food delivery for PMSD pantry

Food Pantry Support: As part of St. Luke's Sanofi U.S. partnership, the Monroe Campus was able to provide food access, support, and resource sharing with Feeding Families Ministry food pantry at The Mountain Center and East Stroudsburg Area School District (ESASD).

Physical Activity: Get Your Tail on the Trail is a free program established in 2013 by SLUHN and the Delaware & Lehigh National Heritage Corridor. The program aims to help people of all ages and abilities to meet their personal fitness goals. Since program inception, there have been a total of 6,937,530 miles recorded. In FY26, there were 2,006 active users that logged 634,645 miles Network-wide.

Sports Medicine and Athletic Trainers: With a wide range of skills and abilities, athletic trainers manage an athlete from initial injury to return to life and play. Athletic trainers play a critical healthcare role as they are often the most available and onsite medical provider in the athletics venue, therefore providing immediate care and facilitation of medical

action that results in effective and efficient care to support patient recovery. During FY26, SLUHN athletic trainers supported nearly 20,000 youth and collegiate athletes in Pennsylvania and New Jersey through 78 events across the Network, providing significant financial and in-kind support. In addition to athletic trainers, 222 physicians, physician assistants, nurse practitioners, medical residents, and fellows provided services. In FY26, over 1,400 physicals were completed for student-athletes in the PMSD, ESASD, Pleasant Valley School District (PVSD), and Stroudsburg Area School District. Across the Network, nearly 10,000 physicals were completed for student-athletes at various school districts, charter schools, and private schools.

Employee Wellness: SLUHN recognizes that the health of its workforce is important and vital to the success of the Network. To support our employees, St. Luke's Employee Wellness provides evidence-based programming and health education to empower individuals to positively impact their health and reduce their risk of chronic health conditions through healthy lifestyle choices. In alignment with the Network CHNA top priorities, Employee Wellness provides opportunities for employees and their spouses to focus on their physical, mental, and social well-being, to help foster a high quality of life while managing the demands of their roles at work and home. During FY26, the following programs and resources were provided to support employees: *Caring Starts with You Core* (annual biometric and health risk assessment program), Community Supported Agriculture (CSA), health coaching, Plant Based Eating Class, tobacco cessation, Employee Fitness Incentive Program, massage therapy, Silver Cloud, Employee Assistance Program, and Therapy Anywhere.

The CSA program provided the opportunity to improve access to fresh, local produce. Network-wide, a total of \$213,320 was invested in our local farms during the 2025 CSA season, including \$57,080 to St. Luke's Rodale Organic Farm in the Monroe Campus service area. Additionally, through this initiative, 64 CSA shares were donated in the Monroe Campus service area to students and families in the Pocono Mountain School District.

Smoking and Vaping Education: Dr. Douglas Corwin, St. Luke's Pulmonologist, provided eight educational presentations to 280 students and 40 parents and administrators at three school districts in SLUHN's service area in FY26. Given the rise in vaping among youth regionally and nationwide, Dr. Corwin spoke about misinformation and misunderstandings about the risks of vaping in a setting that encouraged open discussion. These presentations allow for meaningful engagement from students and concerned parents trying to best support their children.

Mental Health

St. Luke's Penn Foundation Mental Health Services:

During FY26, St. Luke's Penn Foundation (SLPF) celebrated its 5th anniversary with SLUHN, a partnership that has strengthened access to high-quality, integrated mental health services throughout eastern Pennsylvania and New Jersey. SLPF operates 35 inpatient and outpatient programs across more than 30 locations, making it the largest fully integrated network of mental health and addiction treatment services in the region. Through new programs, expanded locations, integrated care models and strategic investments in access, SLPF reached more individuals and families than ever before. Expanded services include Mobile Engagement Services, Victory for Veterans, YESS! school-based counseling, the Mental Health Walk-in Center in Lehigh, and the opening of an outpatient office in Tamaqua. Further, SLPF provides an integrated service line for all SLUHN's mental and behavioral health services (e.g., Adolescent Behavioral Health Unit, Adolescent Partial Hospitalization Program, SHARE clinic, Medical Detox Unit, Medication Assisted Treatment).



Aavidum Club Activities

School-Based Programs: Your Emotional Strength Supported (YESS!) school-based mental health counseling is designed to support students with mental health needs at school and supports students in the Monroe service area. A total of 566 student encounters occurred during FY26 at PMSD, and 2,038 student encounters occurred at PVSD.

PMSD Aavidum Club: Both Pocono Mountain West and East Junior and Senior High Schools have Aavidum Clubs to improve mental health messaging, support, and resources and reduce stigma, which St. Luke's supports through our partnership with Sanofi U.S.

Adolescent Behavioral Health Unit (ABHU): St. Luke's ABHU at the Easton Campus is a 16-bed unit that provides connection to care and services for youth in need. In FY26, there were 152 adolescent admissions from Monroe County at the ABHU.

Adolescent Partial Hospitalization Program: SLPF offers a structured adolescent partial hospitalization program in Allentown, providing intensive mental health care and therapeutic support for teens, while enabling them to stay connected with family and school. The program serves up to 20 adolescents at a time, who are experiencing significant mental health challenges and provides a structured, therapeutic day program. The program emphasizes individualized care and support in a safe environment. During FY26, 223 adolescents (11 from Monroe County) were part of the program. Overall, 2,132 visits were completed, with a 93% attendance rate.

Integrated Behavioral Health Services: SilverCloud, an evidence-based wellbeing and behavioral health online platform with local social work support, was available through St. Luke's Monroe County physician practices.

St. Luke's Substance Use Disorder (SUD) Response Warm Hand Off (WHO): WHO is an initiative to support the continuum of care for patients in need of multiple services and providers. It is a transfer of care between providers with the patient (and potentially family) present to ensure clear communication and transparency, while helping to build relationships between patients and providers. St. Luke's collaborates with local community-based organizations and the county to support WHO efforts. Additionally, Certified Recovery Specialists (CRS) operate in the Allentown, Bethlehem, Sacred Heart, Upper Bucks, Anderson, and Easton emergency departments to support WHO. At the Monroe Hospital, a total of 106 WHOs were conducted for alcohol, cannabis, cocaine, opioids, and other stimulants during FY26.

Safe Medication Disposal Boxes: St. Luke's Monroe provides 24/7 access to safe medication disposal as a harm reduction service to dispose of unwanted medicines. During FY26, 1,068 pounds of unused medication at St. Luke's Monroe campus were safely disposed.

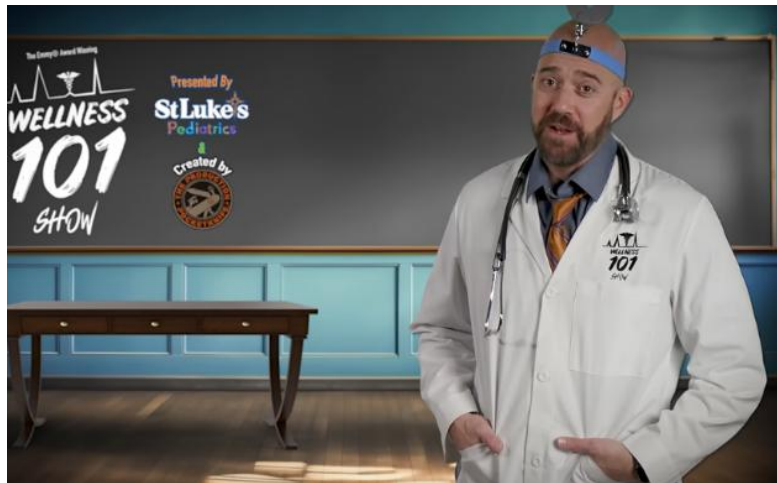
Victory for Veterans: St. Luke's Penn Foundation expanded its Victory for Veterans program to provide suicide prevention services to veterans in Carbon and Schuylkill Counties (and expanded into Monroe County in FY26). Made possible by a grant from the U.S. Department of Veteran Affairs, the program served 63 veterans and their families during FY26 and more than 100 veterans and their families since its inception. Additionally, the program has outreached to more than 1,000 veterans through community events, places of worship, and local fairs and festivals. The team has also presented at locations such as the American Legion, VFWs, and the Marine Corps League. The Victory for Veterans Program has initiated its own outreach events such as Ruck 'n Reflect, Roll or Stroll, monthly Common Grounds Veterans Coffee Club, walk-in days, and more.



Veteran's Hike

Just STARt the Conversation Podcast: Since 2021, *Just STARt the Conversation* has been a go-to resource for practical mental health tips, expert insights, and real conversations that matter. Each month, host Amie Allanson-Dundon, Senior Director of Network Clinical Services, discusses timely mental health topics (e.g., social media use, perinatal mood disorders, changing careers, getting along in polarizing times, athlete mental health). With more than 55 available episodes, this podcast offers relevant information for everyone. This past year, *Just STARt the Conversation* celebrated its 50th episode and received an award for “Outstanding Use of Digital Media” from the Pennsylvania Association of Broadcasters.

St. Luke’s Wellness 101: Wellness 101 is a digital series that takes viewers (ages 13+) on a practical yet humorous step-by-step journey to explore the basics of health and wellness. From the importance of hand washing to mindfulness practices and everything in between, Wellness 101 presents fun and educational information while helping viewers learn and retain health and wellness information. Wellness 101 Jr. is a child-friendly version that explores the basics of health and wellness for kids aged 6-12 years old. Children can learn about a variety of health topics such as sleep, handling peer pressure, how to ask for help, and more through interactive videos and simple Q&As.



Mr. Wellness, Wellness 101 Junior Episodes

Collaborations and Partnerships

Camelback Resort, CareerLink, Children Hunger Outreach Partner (CHOP), Clymer Library, Cornerstone Community Initiative, East Stroudsburg Area School District, East Stroudsburg University, Family Promise of the Poconos, Giant, Maternal and Family Health Services, Maternal Family Health Services, Metamorphosis Women's Empowerment, Monroe Branch of Jack and Jill of America, Inc., Monroe Career and Technical Institute (MCTI), Monroe County Children & Youth, Monroe County Interagency Council, Monroe County Meals on Wheels, Monroe County Pathways Coalition (MCPC), Monroe County Visitors Bureau, NAACP, Northampton Community College (Pocono Campus), Pleasant Valley School District, Pocono Area Transitional Housing (PATH), Pocono Counties Workforce Development Area, Pocono Mountain Economic Development Corporation, Pocono Mountain School District, Pocono Mountain United Way, Pocono Services for Families and Children, Rotary Foundation of The Greater Poconos, Safe Monroe, Salvation Army, Sanofi, Shoprite, Stroudsburg Area School District, The Mountain Center, The Red Cross

St. Luke's University Health Network Quakertown, Upper Bucks, and Grand View Hospitals

FISCAL YEAR 2026

Grand View Hospital joined the St. Luke's University Health Network as of July 1, 2025. The St. Luke's Quakertown, Upper Bucks, and Grand View Campuses 2025 State of the Community CHNA findings meeting was held on October 21, 2025, at the St. Luke's Penn Foundation Campus and engaged 72 local partners. Partner input and feedback was integrated into the strategy and response for implementing evidence-based health initiatives in the communities we serve.



State of the Community Meeting at St. Luke's Penn Foundation

Access to Care

Education and Literacy Partnerships: Community Health and Quakertown Community School District (QCSD) have a longstanding collaboration that connects students and their families to a medical home (i.e., primary care provider), vision, dental, behavioral health, and other social services. These efforts have improved access to care and services for families in need. St. Luke's participates in school-based events, such as back to school and family nights, education sessions, literacy initiatives, and club and sport activities (athletic trainers). Literacy materials and events (e.g., Read Across America) were provided at Quakertown Elementary, and resources were distributed at Neidig Elementary and in other schools in Palisades School District.



St. Luke's Grand View President, Doug Hughes, reading to students during Read Across America

Literacy: Literacy promotion through Read Across America was implemented at local schools in communities across the Network. A total of 108 volunteers, including eight of the SLUHN campus presidents, read to 4,846 students during Read Across America week in 2026 and more than 6,300 literacy resources were shared with students Network-wide. Additionally, both the Quakertown and Upper Bucks Campuses have a Little Free Library to provide community members with free access to books and reading materials.

Star Community Health: Star Community Health is a Federally Qualified Health Center Look-Alike (FQHC-LA) affiliated with St. Luke's that provides care and wraparound services to uninsured and underinsured individuals and families at little or no out-of-pocket cost.

The Star Community Health dental van provided services for QCSD one day per month at either Quakertown or Neidig Elementary Schools during FY26, with 127 total encounters, including 53 cleanings, 85 sealants, and 47 restorations.

Vision: Vision plays a critical role in children's physical, cognitive, and social development. In the classroom, vision is essential in ensuring that students receive accurate, important information from reading, writing, and other academic tasks. Regular eye screenings can often be cost-prohibitive for families in need, and St. Luke's organized a partnership for vision services between Pearle Vision (West End Boulevard) and Trumbauersville Lions Club, for a free eye exam (and glasses if needed) for students in QCSD.

Visiting Nurse Association (VNA): The VNA offers Home Health, Hospice and community-based mother/baby services. Established in 1919, the agency maintains Medicare-certification, Pennsylvania Department of Health licensure, Accreditation Commission for Healthcare (ACHC) accreditation and provides care in Lehigh, Berks, Northampton, Carbon, Schuylkill, Monroe, Bucks and Montgomery Counties. During FY26, the VNA increased its size and service area to Bucks and Montgomery counties when Grand View Hospital joined the Network. There was a total of 6,844 patients cared for through Home Health and 2,562 patients cared for through Hospice services during FY26.

Breast Cancer Prevention: Adagio Health, through state and federal funding, administers the Breast and Cervical Cancer Early Detection Program (BCCEDP) across much of Pennsylvania. This initiative provides free screenings and diagnostic services to uninsured and underinsured women, helping catch cancer early when it's most treatable. St. Luke's University Health Network is a key partner and early detection site in this effort. With women's imaging locations and advanced technologies like 3D mammography and breast MRI, St. Luke's enhances early detection rates and reduces unnecessary follow-ups. During FY26, there were 490 patient outreach encounters resulting in 61% of those outreach encounters ordering a mammogram, 34.1% establishing with a primary care provider post-outreach, 75.4% of ordered images completed, and 88.8% of pathology orders completed. This partnership is a powerful example of how public funding and local health systems can work together to create and operationalize health equity initiatives.

Career Mentoring and Workforce Development: St. Luke's provides career mentoring and workforce development initiatives for both school-aged and adult populations through various initiatives and community partnerships. These opportunities promote education, experiential learning, and skills-based training to prepare individuals for the workforce and assist participants in gaining employment that provides a livable wage. Adolescent career mentoring and workforce initiatives target residents of Lehigh, Northampton, Carbon, Bucks, Schuylkill, Monroe, and Warren Counties through a combination of hospital rotations, professional development sessions, and work experience.

St. Luke's Volunteer Services: St. Luke's Volunteer Services administers two youth initiatives that promote career exploration and workforce development. The Junior Volunteer Program allows youth ages 14 and older to explore health career opportunities developing soft skills for the workplace and engaging directly with patients, staff, and visitors. In FY26, 1,017 local students participated in the program, of which 263 represented schools in the Upper Bucks, Quakertown, and Grand View service area. Additionally, the Technical School Co-Op Experience connects classroom education with paid, hands-on healthcare experience which not only provides students with a job but also fosters them toward a career in healthcare with opportunities for permanent job placement upon completion. In FY26, 84 students participated in the Co-Op program with 6 representing technical schools in the Upper Bucks, Quakertown, and Grand View service area.

Medical Career Pathways Program (MCP): St. Luke's supports workforce development initiatives to promote education, experiential learning, and skills-based training to prepare individuals for the workforce and help them gain employment that provides a livable wage. MCP entered its tenth year providing adolescent mentoring for high school students interested in a career in healthcare through a robust program with lectures and shadowing experiences within the Network. During FY26, 24 students from Pennridge, 8 from Upper Perkiomen School District, and 2 from Upper Bucks Christian School participated in MCP. Additional volunteer experiences through an educational field placement were provided for 17 students from QCSD.

Cadaver Labs: The Cadaver Lab, an educational outreach program led by Sports Medicine in collaboration with St. Luke's Physician Group, brings St. Luke's physicians, athletic trainers and clinical partners directly into the classroom for interactive exploration and discovery of clinical practice, anatomy, sports medicine, and surgical technology. During FY26, SLUHN



Cadaver Lab Demonstration

partnered with 12 schools across the Network's service area to deliver a unique, hands-on medical education experience for more than 1,200 students interested in pursuing careers in medicine.

Housing: St. Luke's remains involved in housing initiatives through partnership with several community organizations: Advocates for the Homeless of Upper Bucks (AHUB) with the Code Blue Shelter, Helping Upper Bucks Become Universally Better (HUBBUB), and Bucks County Health Improvement Partnership (BCHIP). Processes have been established for hospital discharges with direct connection to Bucks County Housing Link. There is strong collaboration among partners focused on housing, working together to secure both temporary and permanent housing.

Transportation: St. Luke's transportation services, in collaboration with Lyft and Uber rideshares, ensures access to care by supporting rides to and from appointments. Transportation initiatives supported by SLUHN align with the primary goal of improving access to primary care for low income, homeless and near homeless populations. By providing complimentary Lyft and Uber rides to and from appointments with primary care doctors and other specialists for established patients, this initiative allows patients to receive routine care in a timely manner, with the added goal of reducing the frequency and overuse of Emergency Department resources. Network-wide, more than \$810,000 in Lyft and Uber rides were provided during FY26.

findhelp: St. Luke's partners with findhelp, a free self-navigation online platform (sluhn.findhelp.com), which is also integrated into SLUHN's electronic health record (i.e., Epic) and MyChart platforms. findhelp is a social care network established to provide a comprehensive platform for people to find social services in their communities at any time in a language they understand. This allows nonprofit and other community-based organizations to coordinate service delivery and support services. St. Luke's Information Technology, Quality, Case Management, and Community Health teams, along with Star Community Health, work collaboratively with 431 established (i.e., claimed) community-based partners in the communities we serve. findhelp allows community members to search for, and connect to, Social Determinants of Health (SDOH) support such as financial assistance, food pantries, medical care, transportation, and more. This platform, as well as United Way's 211, are tools that Community Health Liaisons use to assist community members, patients, and staff by connecting them to vital resources. Community Health continually onboards priority partners to ensure accurate and up-to-date resources are available to our communities. Network-wide there were 58,693 searches during FY26, and in the Quakertown, Upper Bucks, and Grand View service area (Bucks and Montgomery Counties), there were a total of 5,429 searches. Both Network and County specific top searches were for food, housing, and utilities.

Chronic Disease Prevention

Older Adult Meals: The Upper Bucks Campus Older Adult Meals Program is designed to provide subsidized meals to adults 65 and older at the Upper Bucks Campus cafeteria, which served 10,228 meals during FY26. This initiative addresses food security and loneliness among older adults. Additionally, speakers presented during the program and discussed topics such as Colon Cancer Awareness, Pulmonology, Primary Care, Hospice, Fall Prevention, and Podiatry.

Food Access: St. Luke's participated in United Way Bucks County's annual, community-powered initiative, "Bucks Knocks Out Hunger" by packaging 10,656 meals to be distributed in the community. Additionally, the Quakertown and Upper Bucks Campuses holiday food drive for the Quakertown Food Pantry donated over 400 pounds of food to the local community. St. Luke's also partnered with The Bean Bag Food Program to help support their efforts in supplying food to children in Souderton Area, Quakertown Community, and North Penn School Districts.

Summer Meals Program: In partnership with Free Fall Action Sports, 4,799 meals for children and 1,406 meals for adults were served in Quakertown during Summer 2026 with weekly distribution of weekend bags. The program received funding from Penn Community Bank and additional support from private donors. Additionally, Penn Community Bank provided Financial Literacy Information Day where families, children, and caregivers, were engaged through an enriching educational and life skills experiences. Community Health's registered dietitian and diabetes educator also provided a nutrition demonstration. The Open Link's Summer Meals Program for Upper Perkiomen School District (UPSD) was supported by St. Luke's Nursing Excellence Committee with \$2,140 to provide 30 Community Supported Agriculture shares and another \$1,000 to help support summer meals.



Quakertown Food Pantry

Smoking and Vaping Education: Dr. Douglas Corwin, St. Luke's Pulmonologist, provided eight educational presentations to 280 students and 40 parents and administrators at three school districts in SLUHN's service area in FY26. Given the rise in vaping among youth regionally and nationwide, Dr. Corwin spoke about misinformation and misunderstandings about the risks of vaping in a setting that encouraged open discussion. These presentations allow for meaningful engagement from students and concerned parents trying to best support their children.

Physical Activity: Get Your Tail on the Trail is a free program established in 2013 by SLUHN and the Delaware & Lehigh National Heritage Corridor. The program aims to help people of all ages and abilities to meet their personal fitness goals. Since program inception, there have been a total of 6,937,530 miles recorded. In FY26, there were 2,006 active users that logged 634,645 miles Network-wide.

Sports Medicine and Athletic Trainers: With a wide range of skills and abilities, athletic trainers manage an athlete from initial injury to return to life and play. Athletic trainers play a critical healthcare role as they are often the most available and onsite medical provider in the athletics venue, therefore providing immediate care and facilitation of medical action that results in effective and efficient care to support patient recovery. During FY26, SLUHN athletic trainers supported nearly 20,000 youth and collegiate athletes in Pennsylvania and New Jersey through 78 events across the Network, providing significant financial and in-kind support. In addition to athletic trainers, 222 physicians, physician assistants, nurse practitioners, medical residents, and fellows provided services. In FY26, over 300 physicals were completed for student-athletes in the QCSD and UPSD. Across the Network, nearly 10,000 physicals were completed for student-athletes at various school districts, charter schools, and private schools.

Employee Wellness: SLUHN recognizes that the health of its workforce is important and vital to the success of the Network. To support our employees, St. Luke's Employee Wellness provides evidence-based programming and health education to empower individuals to positively impact their health and reduce their risk of chronic health conditions through healthy lifestyle choices. In alignment with the Network CHNA top priorities, Employee Wellness provides opportunities for employees and their spouses to focus on their physical, mental, and social well-being, to help foster a high quality of life while managing the demands of their roles at work and home. During FY26, the following programs and resources were provided to support employees: *Caring Starts with You Core* (annual biometric and health risk assessment program), Community Supported Agriculture (CSA), health coaching, Plant Based Eating Class, tobacco cessation, Employee Fitness Incentive Program, massage therapy, Silver Cloud, Employee Assistance Program, and Therapy Anywhere.

The CSA program provided the opportunity to improve access to fresh, local produce. Network-wide, a total of \$213,320 was invested in our local farms during the 2025 CSA season, including \$58,040 to Bleiler's Produce Patch in the Quakertown, Upper Bucks, and Grand View service area. Additionally, through this initiative, 87 CSA shares were donated in the Quakertown, Upper Bucks, and Grand View service area to the Quakertown Food Pantry, patients, community members, and the Reformed Church of Coopersburg.

Mental Health

St. Luke's Penn Foundation Mental Health Services: During FY26, St. Luke's Penn Foundation (SLPF) celebrated its 5th anniversary with SLUHN, a partnership that has strengthened access to high-quality, integrated mental health services throughout eastern Pennsylvania and New Jersey. SLPF operates 35 inpatient and outpatient programs across more than 30 locations, making it the largest fully integrated network of mental health and addiction treatment services in the region. Through new programs, expanded locations, integrated care models and strategic investments in access, SLPF reached more individuals and families than ever before. Expanded services include Mobile Engagement Services, Victory for Veterans, YESS! school-based counseling, the Mental Health Walk-in Center in Lehigh, and the opening of an outpatient office in Tamaqua. Further, SLPF provides an integrated service line for all SLUHN's mental and behavioral health services (e.g., Adolescent Behavioral Health Unit, Adolescent Partial Hospitalization Program, SHARE clinic, Medical Detox Unit, Medication Assisted Treatment).

St. Luke's Substance Use Disorder (SUD) Response Warm Hand Off (WHO): WHO is an initiative to support the continuum of care for patients in need of multiple services and providers. It is a transfer of care between providers with the patient (and potentially family) present to ensure clear communication and transparency, while helping to build relationships between patients and providers. St. Luke's collaborates with local community-based organizations and the county to support WHO efforts. Additionally, Certified Recovery Specialists (CRS) operate in the Allentown, Bethlehem, Sacred Heart, Upper Bucks, Anderson, and Easton emergency departments to support WHO. At the Upper Bucks and Grand View Hospitals, a total of 360 WHOs were conducted for alcohol, cannabis, cocaine, opioids, and other stimulants during FY26.

Safe Medication Disposal Boxes: St. Luke's provides 24/7 access to safe medication disposal as a harm reduction service to dispose unwanted medications. During FY26 there were 328 pounds collected at the Quakertown Campus, 204 pounds at the Upper Bucks Campus, and 72 pounds at the Grand View Campus for a total of 604 pounds. St. Luke's has been recognized as the winning hospital for the Bucks County Medication Take Back Contest organized by Bucks County Drug and Alcohol and BCHIP.

Adolescent Behavioral Health Unit (ABHU): St. Luke's ABHU at the Easton Campus is a 16-bed unit that provides connection to care and services for youth in need. In FY26, there were 74 adolescent admissions from Bucks County and 47 from Montgomery County at the ABHU.

Adolescent Partial Hospitalization Program: SLPF offers a structured adolescent partial hospitalization program in Allentown, providing intensive mental health care and therapeutic support for teens, while enabling them to stay connected with family and school. The program serves up to 20 adolescents at a time, who are experiencing significant mental health challenges and provides a structured, therapeutic day program. The program emphasizes individualized care and support in a safe environment. During FY26, 223 adolescents (19 from Bucks County and 9 from Montgomery County) were part of the program. Overall, 2,132 visits were completed, with a 93% attendance rate.



SLPF Mental Health Services

Wellspring Clubhouse: For over 30 years, SLPF's Wellspring Clubhouse has enabled more than 1,000 individuals living with mental illness to remain in and be contributing members of their community. It is a voluntary social, educational and vocational rehabilitation program with 85 active members who work side-by-side with staff as colleagues to run the program, to learn or teach skills, and to offer support and resources needed to achieve a satisfying and improved quality of life in the community. During FY26, 18 members secured employment, and eight others had the opportunity to gain work experience through the transitional employment program.

Prevention Education: During FY26, SLPF delivered 49 in-school presentations to more than 2,500 students in 12 schools throughout Central Bucks, Cheltenham, New Hope-Solebury, Palisades, Parkland, Pennridge, Quakertown, Souderton, and Upper Perkiomen school districts. SLPF also provided 72 education presentations to more than 10,670 community members on topics such as mental health, substance use, overdose prevention, recovery, and harm reduction. Additionally, SLPF's Community Outreach Specialist was onsite at Free Fall Skate Park in Quakertown twice each month to provide outreach and information. Furthermore, SLPF's third annual Recovery is for Everyone Walk attracted more than 400 individuals to walk in support of recovery.

Just STARt the Conversation Podcast: Since 2021, *Just STARt the Conversation* has been a go-to resource for practical mental health tips, expert insights, and real conversations that matter. Each month, host Amie Allanson-Dundon, Senior Director of Network Clinical Services, discusses timely mental health topics (e.g., social media use, perinatal mood disorders, changing careers, getting along in polarizing times, athlete mental health). With more than 55 available episodes, this podcast offers relevant information for everyone. This past year, *Just STARt the Conversation* celebrated its 50th episode and received an award for "Outstanding Use of Digital Media" from the Pennsylvania Association of Broadcasters.

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St. Luke's Penn Foundation Outreach

Collaborations and Partnerships

A Woman's Place, Advocates for Homelessness of Bucks County (AHUB), Betty Lou's Food Pantry, Bucks County Area Agency on Aging, Bucks County Department of Health, Bucks County Drug and Alcohol Commission, Bucks County Health Improvement Partnership (BCHIP), Bucks County Intermediate Unit, Bucks County Intermediate Unit (Head Start), Bucks County Suicide Task Force, CareerLink, DeSales University, Family Service Association of Bucks County, Free Fall Action Park, Free Farmers Market in partnership with Bucks County Opportunity Council and Fresh Connect, Heaven's Bounty Food Pantry, Helping Upper Bucks Be Universally Better (HUBBUB), Indian Valley Chamber of Commerce, Maternity Care Coalition, Montgomery County Health Department, NAMI Bucks County, Network of Victims Assistance, Palisades School District, Pennsylvania State Police, Quakertown Alive, Quakertown Borough, Quakertown Community School District, Quakertown Food Pantry, Richland Township, The Bean Bag, The Open Link, United Way of Bucks County, Upper Bucks Chamber of Commerce, Upper Bucks Library, Upper Bucks YMCA, Upper Perkiomen Ambulance, Upper Perkiomen Chamber of Commerce, Upper Perkiomen School District, Upper Perkiomen YMCA

The St. Luke's Warren Campus Annual Report to the Community and 2025 State of the Community CHNA findings meeting was held virtually on December 15 and engaged 55 local partners. Partner input and feedback was integrated into the strategy and response for implementing evidence-based health initiatives in the communities we serve.

Access to Care

School Districts: St. Luke's partnered with Phillipsburg School District (PSD) to connect families to vaccinations, physicals, and care with Star Community Health (Coventry). Community Health Workers, Sports Medicine staff, and others work to connect students to care and services based on identified needs. In addition to connections to care, St. Luke's Warren Campus Volunteer Services staff work with local schools, including PSD high school, to provide volunteer opportunities for students interested in healthcare careers. During FY26, 28 PSD high school students contributed 1,392 volunteer hours to the Warren Campus in clinical and non-clinical settings. The Warren Campus also provided educational experiences that engaged PSD high school students through a health equity lens and provided exposure to healthcare career paths, including sterile processing, athletic training, and employability strategies and skills. St. Luke's Warren Medical Residents visited the Firth Youth Center and PSD to present and educate youth in our community about careers in medicine. Additionally, a Community Health Liaison serves the PSD community to ensure meaningful and sustainable partnerships are developed and sustained at the local level. This provides the capacity and infrastructure needed to ensure that pathways toward equity and measurable health outcomes can be realized.

Literacy: Literacy promotion through Read Across America was implemented at local schools in communities across the Network. A total of 108 volunteers, including eight of the SLUHN campus presidents, read to 4,846 students during Read Across America week in 2026 and more than 6,300 literacy resources were shared with students Network-wide.

Case Management: St. Luke's Warren Campus and Star Community Health (Coventry) inpatient and outpatient case management collaborate with Community Health on "NJ Community Health Resources" Microsoft Teams channel which provides vital resources and partnership presentations to build relationships with our non-profit/social service organizations and support to patients. Additional food, hygiene, and hat and glove donation drives occur throughout the year to further connect our community with identified need to resources.



President of the Warren Campus, Trevor Miklos reading for Read Across America

Star Community Health: Star Community Health is a Federally Qualified Health Center Look-Alike (FQHC-LA) affiliated with St. Luke's that provides care and wraparound services to uninsured and underinsured individuals and families at little or no out-of-pocket cost. Star Community Health (Coventry) provided connection to care and services to Phillipsburg School District students seeking new primary care and mandated school vaccinations.



Family Medicine Residents

Family Medicine Resident Community Education: During FY26, St. Luke's Community Health and Star Community Health (Coventry) continued the "See the Community You Serve" initiative in Phillipsburg, NJ, to the first-year Star Community Health Family Medicine Residents. This evidence-based model provides residents with a better sense of community and key partners to help promote overall health and ensure they can connect their patients to available resources.

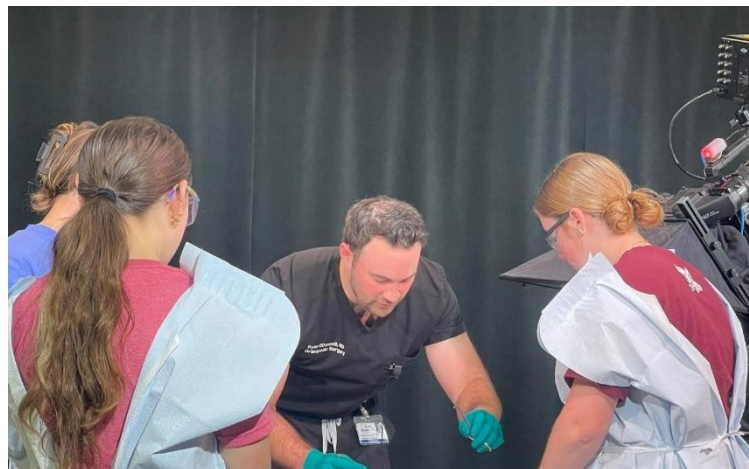
Career Mentoring and Workforce Development: St. Luke's provides career mentoring and workforce development initiatives for both school-aged and adult populations through various initiatives and community partnerships. These opportunities promote education, experiential learning, and skills-based training to prepare individuals for the workforce

and assist participants in gaining employment that provides a livable wage. Adolescent career mentoring and workforce initiatives target residents of Lehigh, Northampton, Carbon, Bucks, Schuylkill, Monroe, and Warren Counties through a combination of hospital rotations, professional development sessions, and work experience.

St. Luke's Volunteer Services: St. Luke's Volunteer Services administers two youth initiatives that promote career exploration and workforce development. The Junior Volunteer Program allows youth ages 14 and older to explore health career opportunities developing soft skills for the workplace and engaging directly with patients, staff, and visitors. In FY26, 1,017 local students participated in the program, of which 83 represented schools in the Warren service area. Additionally, the Technical School Co-Op Experience connects classroom education with paid, hands-on healthcare experience which not only provides students with a job but also fosters them toward a career in healthcare with opportunities for permanent job placement upon completion. In FY26, 84 students participated in the Co-Op program with 9 representing technical schools in the Warren service area.

Hands-On Immersive Health Day: Community Health assisted St. Luke's Volunteer Services with the implementation of the Hands-On Immersive Health Day program at St. Luke's Warren Campus. This initiative provided 68 high school students from Phillipsburg, Delaware Valley Regional, and Warren Hills Regional High Schools with the opportunity to engage in practical learning experiences through simulated clinical tasks that represent various roles in the healthcare industry. Over the course of the program, students rotated through different stations where they observed and participated in simulations using patient actors or mannequins. The program consists of three separate sessions, featuring stations that highlight in-demand occupations within healthcare, while also teaching students vital employability skills and essential patient care techniques.

Cadaver Labs: The Cadaver Lab, an educational outreach program led by Sports Medicine in collaboration with St. Luke's Physician Group, brings St. Luke's physicians, athletic trainers and clinical partners directly into the classroom for interactive exploration and discovery of clinical practice, anatomy, sports medicine, and surgical technology. During FY26, SLUHN partnered with 12 schools across the Network's service area to deliver a unique, hands-on medical education experience for more than 1,200 students interested in pursuing careers in medicine.



Cadaver Lab Demonstration

findhelp: St. Luke's partners with findhelp, a free self-navigation online platform (sluhn.findhelp.com), which is also integrated into SLUHN's electronic health record (i.e., Epic) and MyChart platforms. findhelp is a social care network established to provide a comprehensive platform for people to find social services in their communities at any time in a language they understand. This allows nonprofit and other community-based organizations to coordinate service delivery and support services. St. Luke's Information Technology, Quality, Case Management, and Community Health teams, along with Star Community Health, work collaboratively with 431 established (i.e., claimed) community-based partners in the communities we serve. findhelp allows community members to search for, and connect to, Social Determinants of Health (SDOH) support such as financial assistance, food pantries, medical care, transportation, and more. This platform, as well as United Way's 211, are tools that Community Health Liaisons use to assist community members, patients, and staff by connecting them to vital resources. Community Health continually onboards priority partners to ensure accurate and up-to-date resources are available to our communities. Network-wide there were 58,693 searches during FY26, and in Warren and Hunterdon Counties, there were a total of 4,065 searches. Network-wide, the top three searches were for food, housing, and utilities, while county-specific top searches were for food, housing, and transportation. Established partners (e.g., Norwescap, Modivare) were also top searches.

Housing: Stable housing greatly impacts an individual's ability to access and maintain regular medical care. St. Luke's partners with local organizations to address housing through community partnerships at the campus-level to build capacity within the community.

Transportation: St. Luke's transportation services, in collaboration with Lyft and Uber rideshares, ensures access to care by supporting rides to and from appointments. Transportation initiatives supported by SLUHN align with the primary goal of improving access to primary care for low income, homeless and near homeless populations. By providing complimentary Lyft and Uber rides to and from appointments with primary care doctors and other specialists for established patients, this initiative allows patients to receive routine care in a timely manner, with the added goal of reducing the frequency and overuse of Emergency Department resources. Network-wide, more than \$810,000 in Lyft and Uber rides were provided during FY26.

Chronic Disease Prevention

Older Adult Meal Program: The Warren Campus Older Adult Meals Program is designed to provide subsidized meals to adults ages 65 and older at the Warren Campus cafeteria, which served 18,635 meals during FY26. This initiative addresses food security and loneliness among older adults.

Wellness Initiative for Senior Education (W.I.S.E.): Community Prevention Resources of Warren County received funding from the Department of Mental Health and Addiction Services to facilitate the W.I.S.E. program, which reimbursed the Older Adult Meal cost for any senior that came within the specified dates and times. Educational workshops took place during the meals and provided support and information to promote health and wellbeing for older adults. Topics included: Understanding the Changes Associated with Aging,



Pop-Up Produce Market at Hillcrest Plaza

Aging Sensitivity, Valuing Cultural and Generational Diversity, Medication and the Older Adult, Addiction, ATOD (Alcohol, Tobacco, and Other Drugs), and the Older Adult, and An Enhanced Quality of Life.

Food Access Initiatives: Continued partnerships with both Norwescap Food Bank and Foodshed Alliance's LocalShare provided critical food access points for community members facing food insecurity. Norwescap Food Bank donated 8,005 pounds of produce to Star Community Health (Coventry) for patients during FY26. Additionally, in FY26, Foodshed Alliance's LocalShare free pop-up produce markets at the St. Luke's Hillcrest Plaza distributed 7,408 pounds of produce and goods monthly to local families.

Diabetes Self-Management Education and Support: The Warren Campus serves as a site for diabetes education.

Smoking and Vaping Education: Dr. Douglas Corwin, St. Luke's Pulmonologist, provided eight educational presentations to 280 students and 40 parents and administrators at three school districts in SLUHN's service area in FY26. Given the rise in vaping among youth regionally and nationwide, Dr. Corwin spoke about misinformation and misunderstandings about the risks of vaping in a setting that encouraged open discussion. These presentations allow for meaningful engagement from students and concerned parents trying to best support their children.

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Sports Medicine Community Education

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The CSA program provided the opportunity to improve access to fresh, local produce. Network-wide, a total of \$213,320 was invested in our local farms during the 2025 CSA season, including \$18,760 to Clear Spring Farm Warren Campus service area. Additionally, through this initiative, 63 CSA shares were donated in the Warren Campus service area to the Phillipsburg Housing Authority.

Community Supported Agriculture

Mental Health

St. Luke's Penn Foundation Mental Health Services: During FY26, St. Luke's Penn Foundation (SLPF) celebrated its 5th anniversary with SLUHN, a partnership that has strengthened access to high-quality, integrated mental health services throughout eastern Pennsylvania and New Jersey. SLPF operates 35 inpatient and outpatient programs across more than 30 locations, making it the largest fully integrated network of mental health and addiction treatment services in the region. Through new programs, expanded locations, integrated care models and strategic investments in access, SLPF reached more individuals and families than ever before. Expanded services include Mobile Engagement Services, Victory for Veterans, YESS! school-based counseling, the Mental Health Walk-in Center in Lehigh, and the opening of an outpatient office in Tamaqua. Further, SLPF provides an integrated service line for all SLUHN's mental and behavioral health services (e.g., Adolescent Behavioral Health Unit, Adolescent Partial Hospitalization Program, SHARE clinic, Medical Detox Unit, Medication Assisted Treatment).

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Adolescent Behavioral Health Unit (ABHU): St. Luke's ABHU at the Easton Campus is a 16-bed unit that provides connection to care and services for youth in need. In FY26, there were 17 adolescent admissions from Warren County at the ABHU.

Adolescent Partial Hospitalization Program: SLPF offers a structured adolescent partial hospitalization program in Allentown, providing intensive mental health care and therapeutic support for teens, while enabling them to stay connected with family and school. The program serves up to 20 adolescents at a time, who are experiencing significant mental health challenges and provides a structured, therapeutic day program. The program emphasizes individualized care and support in a safe environment. During FY26, 223 adolescents (2 from Warren and Hunterdon Counties) were part of the program. Overall, 2,132 visits were completed, with a 93% attendance rate.



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Collaborations and Partnerships

Abilities of Northwest NJ, Catholic Charities, Center for Family Services, Community VNA New Jersey, Domestic Abuse and Sexual Assault Crisis Center of Warren County (DASACC), Family Promise of Warren County, Firth Youth Center, Foodshed Alliance LocalShare, LEAD (Learn, Education, Advocate, Develop), New Jersey Department of Health Office of Minority and Multicultural Health, New Jersey SNAP-Ed Warren County Hunger Coalition, Northern New Jersey Rural Health Advisory Council, Norwescap, including the Foodbank, Health Connections, and Traditions Family Success Center, Phillipsburg Drug Free Community Coalition, Phillipsburg Free Public Library, Phillipsburg Housing Authority, Phillipsburg School District, River of Life Food Pantry, Rutgers New Jersey Medical School Care Center, Star Community Health, United Way of Northern NJ, Warren County Collaborators, Warren County Community Health Initiatives Committee (CHIC), Warren County Department of Child Protection and Permanency, Warren County Department of Human Services (DHS) including the Children's Interagency Coordinating Council (CIACC), Warren County Health Department, Warren County Hispanic Coalition, Warren County Public Library, Warren County Senior Services Provider Network, Warren County Technical School, YMCA Phillipsburg/Easton Branch, Zufall Health Center



Foodshed Alliance Partnership