

2025 Allentown and Sacred Heart Campuses and Star Community Health Community Health Needs Assessment Executive Summary

The Community Health Needs Assessment (CHNA) is conducted every three years as part of the Patient Protection and Affordable Care Act. The established priority areas were determined based on CHNA findings and alignment with the social determinants of health, Healthy People 2030 objectives, and the mission and vision of St. Luke's University Health Network.

Key Findings

Overall Network assessment results highlight three priority focus areas for our community health initiatives:



Access to Care



Chronic Disease Prevention



Mental and Behavioral Health

The priorities established serve as a guide for our health initiatives that support our patients, community health workers, and communities. Findings from the 2025 CHNA highlight the differences within our communities that contribute to the prevalence of disease and poor health outcomes that can lead to a lack of optimal health, especially among socially disadvantaged populations.

Healthcare Access and Quality	Neighborhood and Built Environment	Social and Community Context	Economic Stability	Education Access and Quality
Primary Care Provider Ratios: PA: 1,260:1 Lehigh County: 1,140:1	Total cost burdened households, Allentown and Sacred Heart service area: Renters: 51.1% Homeowners: 21.9%	By 2029, adults 65 years and older will account for 21.2% of the service area population compared to 19.5% under 18 years old	Service area median household income: 2024: \$70,886 2029 (est.): \$82,883	Students (grades 6-12) that reported feeling sad or depressed most days in the past 12 months: Lehigh County: 36.5%
Average annual out-of-pocket healthcare expenditures in the service area: \$4,576	Public Transportation Use (to/from work): United States: 3.8% PA: 4.3% Lehigh County: 1.6%	Top Spanish speaking zip codes in the service area: 18102: 51.8% 18101: 40.5% 18109: 36.9%	12% of households in the service area had an income below the poverty level in the last 12 months	Students (grades 6-12) that worried about running out of food one or more times in the past year: Lehigh County: 25.7%
Uninsured Rates: United States: 10% PA: 7% Service area: 19 years and younger: 0.8% 19-64 years old: 5.7% 65 years and older: 0.0%	An average of 3.3% of people in the service area did not have access to a car	Food insecurity rates: United States: 10% PA: 9% Lehigh County: 9%	A family of four is at the federal poverty level if they make \$31,200 or less	Students (grades 6-12) that reported being bullied in the past year: Lehigh County: 21.6%

Sources: ACS 2018-2023, Esri, Pennsylvania Youth Survey (2023), Esri

Allentown and Sacred Heart Service Area Demographics

Zip codes

(highest served)

18102: Lehigh County

18103: Lehigh County

18104: Lehigh County

Race

White: 68.2%

Black: 7.2%

Asian: 3.3%

Other Race: 21.3%

Ethnicity

Hispanic/Latino: 28.4%

Age

Under 18: 20.4%

18-64: 60.6%

65 and older: 19.4%

Median Age: 39.8 years old

Sex

Male: 49.5%

Female: 50.5%

Asset Limited Income Constrained Employed (ALICE)

(Lehigh Valley, 2023)

Lehigh County: 35%

Households with one or more persons with a disability

43,726

Individuals Experiencing Homelessness

(Lehigh Valley, 2024)

2,262

Sources: ACS 2018-2022, Eastern PA
CoC, Esri, United Way, US Census

2025 CHNA Survey Respondent Data (Service Area)



Access to Care

Health and Dental Insurance:

Private Insurance: 57.0%

Medicare: 37.5%

Medicaid: 9.9%

Uninsured/Don't Know: 4.8%

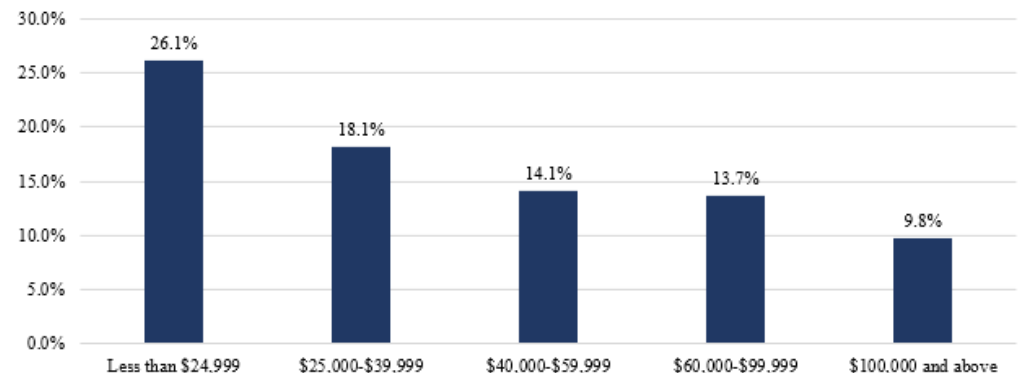
Veterans Administration: 1.4%

Dental Insurance: 18.6% uninsured

Vision:

27.2% postponed eye care/glasses due to cost

2025 CHNA Survey Respondents Reported Diabetes Diagnosis by Income
Allentown and Sacred Heart Campuses and Star Community Health Service Area



2025 CHNA Survey Respondent Data (Service Area)

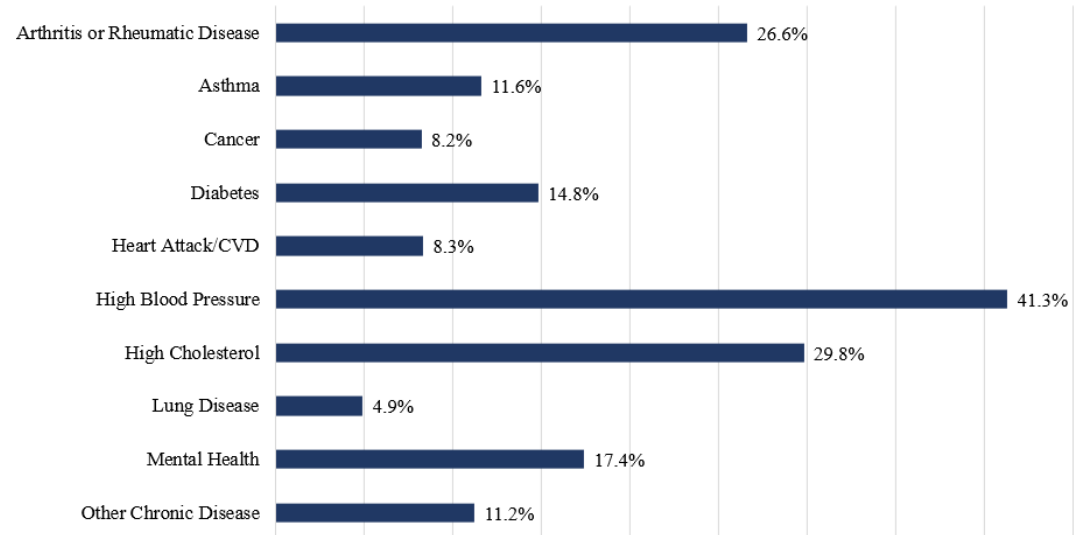
Prevention of Chronic Disease

- Of respondents ages 45 years and older, 77.9% reported having one or more chronic disease
- 18.9% of respondents with private health insurance did not have a routine colorectal cancer screening compared to 45.5% of respondents without insurance
- 22.1% of respondents did not have routine breast cancer screening compared to 40.6% of respondents without insurance
- 24.4% of respondents making less than \$15,000 annually reported having asthma compared to 8.3% making \$60,000 or more

Mental and Behavioral Health

- 43.0% of respondents reported one or more poor mental health days in the last 30 days
- 22.2% of respondents reported being emotionally abused by their partner or someone else important to them
- Suicide rates in Veteran populations in the United States increased 11.6% between 2020-2021 compared to a 4.5% increase for the general population

2025 CHNA Survey Respondent Reported Chronic Disease
Allentown and Sacred Heart Campuses and Star Community Health Service Area



2025 CHNA Survey Service Area Respondent Perspectives

What are priorities in your community?

Access to Care: 23.6%
Affordable Housing: 60.7%
Behavioral Health: 27.2%
Chronic Disease: 33.5%
Education Access/Quality: 10.5%
Food Access/Security: 15.5%
Jobs/Unemployment: %
Mental Health: 53.5%
Transportation: 18.0%

How would you rate your overall health?

Excellent: 9.0%
Very Good: 33.2%
Good: 42.3%
Poor: 7.4%
Very Poor: 1.2%

What are some of the things that keep you from maintaining healthy behaviors?

Family: 13.4%
Lack of Motivation: 42.8%
Money: 29.9%
Time: 41.7%
Work: 25.5%

How does your household decide where to shop for food?

Acceptance of SNAP: 6.7%
Cost: 53.8%
Delivery Option: 4.9%
Food is Prepared: 3.2%
Location: 55.9%
Meets Dietary Needs: 5.6%
Nutritional Value: 15.6%
Personal Preference: 44.2%

State of Mental Health in America (2022), State Adult Rankings

	PA%	PA Rank	NJ%	NJ Rank	United States
Adults with any Mental Illness (AMI)	19.7%	17	16.4%	1	19.9%
Adults with Substance Use Disorder in the past year	7.3%	15	6.7%	6	7.7%
Adults with serious thoughts of suicide	4.8%	28	3.8%	1	4.6%
Adults with AMI who are uninsured	5.9%	10	10.6%	25	11.1%
Adults with AMI who do not receive treatment	51.9%	17	57.1%	38	55.9%
Adults with AMI reporting an unmet need	25.7%	31	21.6%	6	24.7%
Adults with cognitive disability who could not see a doctor due to costs	23.8%	13	25.2%	18	29.7%

Scan the QR Code to learn more about the St. Luke's University Health Network Department of Community Health and to read the full CHNA Report.

Sources: 2025 CHNA survey, ACS 2018-2022, Esri, Mental Health America, US Census

