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REAL PEOPLE. REAL RESULTS.



St. Luke's University Health Network is accredited by the Pennsylvania Medical Society to provide continuing medical education for physicians.

6.0 AMA PRA CATEGORY 1 CREDITS

St. Luke's University Health Network designates this live activity for a maximum of **6.0 AMA PRA Category 1 Credit(s)TM**. Physicians, Physician Assistants, Nurse Practitioners should only claim credit commensurate with the extent of their participation in the educational activity.

Faculty and all others who have the ability to control the content of continuing medical education activities sponsored by the St. Luke's University Health Network are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

6.5 CE HOURS THROUGH NASW-PA CHAPTER

"NASW-PA Chapter is a co-sponsor of this workshop. 6.5 CEs will be awarded for completion of this course. NASW has been designated as a pre-approved provider of professional continuing education for social workers (Section 47.36), Marriage and Family Therapist (Section 48.36) and Professional Counselors (Section 49.36) by the PA State Board of Social Workers, Marriage & Family Therapists and Professional Counselors."

6.0 NURSING CE HOURS WILL BE AWARDED TO THOSE WHO COMPLETE THE ENTIRE PROGRAM

DIETITIANS: THIS ACTIVITY HAS BEEN APPROVED BY THE COMMISSION ON DIETETIC REGISTRATION FOR **6 CPEUS**.

APPLICATIONS FOR CREDITS ARE BEING MADE FOR PHYSICAL AND OCCUPATIONAL THERAPISTS THROUGH PA AND NJ.

Registration is required before October 1. See inside for details!

This program will be seeking commercial support and applications will be made for an unrestricted educational grant.



update on obesity: a multidisciplinary approach

St. Luke's Eighth Annual Bariatric Symposium

Friday, October 5, 2018

7:50 am to 3:15 pm

DeSales University, University Center

2755 Station Avenue, Center Valley, PA 18034



Weight Management Center

Presented by St. Luke's University Health Network



Join us

WE INVITE YOU TO JOIN US AS WE DISCUSS THE PREVALENCE OF OBESITY AND THE PSYCHOLOGICAL, EMOTIONAL, PHYSICAL AND ASSOCIATED HEALTH PROBLEMS THAT OFTEN AFFECT PEOPLE SUFFERING FROM THE CONDITION.



Educational objectives

At the conclusion of this knowledge activity, the learner should be able to:

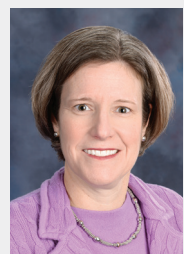
- List the ways weight loss and bariatric surgery treats the symptoms of Polycystic Ovarian Syndrome.
- Discuss how to raise awareness and improve access to the prevention and treatment of obesity and its treatments, fight to eliminate weight bias and discrimination within the health care continuum.
- Discuss the effects obesity has on the body. Discuss how to develop a safe exercise program for those suffering with obesity.
- Name several behaviors of those suffering with binge eating disorder. Discuss body image dysmorphia.
- Compare and contrast 30 day outcomes of RNY gastric bypass with sleeve gastrectomy.
- List the barriers to discussing obesity. Name important considerations before starting a conversation about obesity with your patient.
- Review outcomes of a multi-disciplinary medical weight loss program and habits that increase long term success.
- Discuss how ERAS can enhance length of stay and pain control after bariatric surgery.
- Share daily challenges of the pre-operative bariatric surgery patient and how losing weight has changed their view and involvement in life.

THIS PROGRAM IS RECOMMENDED FOR:

- Primary care physicians, including internists and family practitioners
- Cardiologists, OB-GYNs, orthopedic surgeons, PAs, Nurse Practitioners and other providers of health care
- Nurses, Dietitians, Physical Therapists
- Social Workers, Counselors, Psychologists, and other behavioral health specialists
- Other health care professionals involved in the care of patients with obesity and related weight-management issues



T. Javier Birriel, MD



Kathryn Boardman, RD, CSOWM, LDN, MS



Terri Davis, RN, CBN



Samantha DeCaro, PsyD



Maher El Chaar, MD, FACS, FASMBS



Stephen Kareha, DPT, PhD



Amber Kinney, RD, CSOWM, LDN



Holly Lofton, MD



Dorothy McFadden, RD, LDN, MA



Maureen Miletics, BSN, MS, CBN



Nancy Velazquez, LCSW, MSW

Program Schedule

BREAKFAST AND LUNCH INCLUDED

7 to 7:50 am

Breakfast/Registration

7:50 to 8 am

Welcome

Leonardo Claros, MD, FACS, FASMBS
Medical Director, Weight Management Center, SLUHN
Chief, Bariatric Section
Clinical Assistant Professor of Surgery, Temple Medicine

8 to 8:30 am

Obesity and PCOS

Dorothy McFadden, RD, LDN, MA
Bariatric Surgery Dietitian, SLUHN

8:30 to 9:20 am

What PCPs Need to Know about Treating Obesity

Holly Lofton, MD
Medical Director, NYU Weight Management Program

9:20 to 10:00 am

The Effect of Body Weight on Functional Movement and How Your Physical Therapist Can Help

Stephen Kareha, DPT, PhD
Director, Orthopedic Physical Therapy, SLUHN

10:00 to 10:15 am

Vendor and Poster Reviews with mid-morning break and refreshments

10:15 to 11:05 am

Binge Eating Disorders and Body Image

Samantha DeCaro, PsyD
Assistant Clinical Director, Renfrew Center of Philadelphia

11:05 to 11:50 am

Success, Failure, Complications after WLS: Where do we Stand

Maher El Chaar, MD, FACS, FASMBS
Fellowship Director, SLUHN
Co-medical Director, Bariatric Surgery
Clinical Assistant Professor of Surgery, Temple Medicine

11:50 am to 12:50 pm

How to Talk To Your Patients About Their Obesity

Maureen Miletics, BSN, MS, CBN
Director of Weight Management Services, SLUHN

1:20 to 2:05 pm

How to Achieve Weight Maintenance/Prevent Weight Regain with Case Study

Kate Boardman, RD, LDN, MS, Coordinator SLUHN MWM
Amber Kinney, RD, LDN, Dietitian, SLUHN MWM

2:05 to 2:45 pm

ERAS and New Methods in Pain Control with Bariatric Surgery

T. Javier Birriel, MD
Metabolic & Bariatric Surgery Director, St. Luke's Monroe Campus
Associate Program Director, Bariatric Surgery Fellowship

2:45 to 3:15 pm

Look What We Are Doing Now!

Terri Davis, RN, BSN, Coordinator Bariatric Surgery Program, SLUHN
Nancy Velazquez, LCSW, Bariatric Surgery Social Worker, SLUHN

REGISTER NOW!

St. Luke's employees and credentialed medical staff:

Access My E-Learning, using your username and password, from MyNet, Easy Access Desktop (EAD), or PNN. Cost is \$30.

External participants and non-credentialed providers:

Register at www.sluhnlearn.org. Cost is \$50.

For more information, call St. Luke's InfoLink at

1-866-STLUKES (785-8537). Register by October 1.