



St. Luke's Bariatric Surgery Support Group



This support group is highly recommended and strongly encouraged for patients who have undergone or are considering weight loss surgery. Research shows that a strong and consistent support system along any journey can reduce stress, anxiety and depression and improve our skills to cope with mindless or negative behaviors

TO JOIN VIRTUAL MEETING

Go to St. Luke's Event Calendar at:
<https://go.activecalendar.com/slunh>
Open the event and click on the link.

The link for the meeting is also available on the private St. Luke's Bariatric Patient Forum on Facebook and the Baritastic App. If you are using a mobile phone, you will first need to download the Microsoft Teams App.

VIRTUAL BARIATRIC SUPPORT GROUP – 2021

Join us for virtual meetings through Microsoft Teams. Meetings will focus on educational topics and will be led by the bariatric team including a registered dietician, social worker and registered nurse. Guest speakers, patient journeys, and a Q&A period will be included. We look forward to “seeing” you there.

Virtual Bariatric Support Group through Microsoft Teams meets twice a month and is for patients in all stages of the journey.

2nd Wednesday at 12:00 pm and 4th Tuesday at 6:00 pm

Wednesday, January 13, 2021 – 12:00 pm

Tuesday, January 26, 2021 – 6:00 pm

Wednesday, February 10, 2021 – 12:00 pm

Tuesday, February 23, 2021 – 6:00 pm

Wednesday, March 10, 2021 – 12:00 pm

Tuesday, March 23, 2021 – 6:00 pm

Wednesday, April 14, 2021 – 12:00 pm

Tuesday, April 27, 2021 – 6:00 pm