



## Orthopaedic Specialty Care Available Close to Home



Dr. Kristofer Matullo

The highly trained and experienced physicians of St. Luke's Orthopaedic Specialists diagnose and treat a wide variety of bone and joint conditions, right here in Bucks County. Patients who suffer from such conditions as arthritis, joint pain, tennis elbow and carpal tunnel syndrome can access high quality orthopaedic care right at the St. Luke's Bone and Joint Institute at 1534 Park Avenue in Quakertown.

Treating adult, pediatric and geriatric patients, board-certified hand surgeon Dr. Kristofer Matullo is a member of St. Luke's Orthopaedic Specialists' Quakertown team. Fellowship-trained at the renowned Mayo Clinic, Dr. Matullo specializes in complex problems of the hand, wrist, forearm and elbow. "We often see patients with orthopaedic issues that are the result of over use such as excessive running or continuous motion in the type of work they perform," says Dr. Matullo. Though specially trained in surgery,

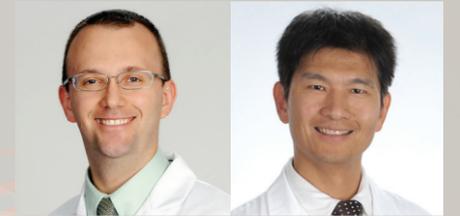
Dr. Matullo says that only 10-15 percent of his patients require surgery. "The majority are treated with therapy, bracing and activity modification," shares Dr. Matullo. However, for those patients requiring arthroscopy, fracture care or even total joint replacement, they can receive quality treatment close to home at the St. Luke's Bone and Joint Institute and St. Luke's Quakertown Hospital. "Having these procedures done close to home alleviates a great deal of anxiety not only for the patient but also for the patient's family," notes Dr. Matullo.

For Ed Treffinger of Quakertown the ability to access great orthopaedic care close to work and home made all of the difference. Treffinger, a part-time shuttle driver and a dedicated volunteer at St. Luke's Quakertown Hospital, had a tingling sensation and numbness in his fingers and right hand. At the urging of his wife and his daughter, a nurse at the hospital, Ed went to see Dr. Matullo who ordered

diagnostic testing, including an MRI. Those tests confirmed Ed was suffering with Carpal Tunnel Syndrome, a nerve disorder typically caused by injury or repeating hand and wrist movements.

In February, Treffinger underwent a procedure known as endoscopic carpal tunnel release to relieve pressure on the median nerve to alleviate the numbness and tingling in his fingers and hand. This approach, which causes less pain and scarring than a traditional open surgery, was performed right at St. Luke's Quakertown Hospital. "I went in [to the hospital] in the morning and was out by noontime," says Treffinger. Following his surgery, Ed performed hand exercises at home and took a break from driving. Two weeks later Dr. Matullo removed his stitches and cleared him to return to work. Today Treffinger is back driving the shuttle, has full use of his right hand and has resumed his volunteer duties of escorting patients, delivering paper work and transporting lab samples.

"Even though I run all around the hospital I hadn't met Dr. Matullo before," explained Ed. "He could not have been nicer...he explained exactly what was going to happen during my procedure, how long it was going to take and what to expect afterwards." Admittedly somewhat biased, Ed says "the whole hospital is great and the staff can't do enough for you."



Dr. Kristofer Matullo

Dr. Wei-Shin Lin



Dr. Julia Pring

Dr. Celestine Nnaeto

### St. Luke's Orthopaedic Specialists - Quakertown

St. Luke's Orthopaedic Specialists' team of physicians is committed to providing patients with the most appropriate care for their injury or condition.

In addition to hand, wrist and elbow surgeon Kristofer Matullo, MD, the team also includes general orthopaedic surgeons Wei-Shin Lin, MD and Julia Pring, MD and primary care sports medicine physician Celestine Nnaeto, MD who expertly care for children and adults with a wide variety of concerns including sports injuries, fractures, joint problems, congenital conditions and degenerative diseases. New patients are welcome and office hours are offered Monday through Friday at St. Luke's Orthopaedic Specialists' office at St. Luke's Bone and Joint Institute in Quakertown.

To request an appointment, call 267-424-8850.