Our Locations:

St. Luke’s University Hospital
801 Ostrum Street • Bethlehem, PA 18015
484-526-4330

St. Luke’s Allentown Campus
Outpatient Nutrition Services
1736 Hamilton Street • Allentown, PA 18104
610-628-8979

St. Luke’s Anderson Campus
1872 St. Luke’s Blvd. • Easton, PA 18045
610-628-8979

St. Luke’s Lehighton Campus
211 N 12th St, Lehighton, PA 18235
610-377-7194

St. Luke’s Miners Campus
360 West Ruddle Street • Coaldale, PA 18218
570-645-8107

St. Luke’s Monroe Campus
100 St. Luke’s Lane • Stroudsburg, PA 18360
272-212-1029

St. Luke’s Quakertown Campus
1021 Park Avenue • Quakertown, PA 18951
215-538-4598

St. Luke’s Sacred Heart Campus
421 Chew Street • Allentown, PA 18102
610-776-4616

St. Luke’s Warren Campus
185 Roseberry Street • Phillipsburg, NJ 08865
908-847-2227

To schedule an appointment with a Registered Dietitian call 1-866-STLUKES (785-8537) option 2.

All one-on-one sessions are conducted privately and confidentially. A physician prescription or referral is required for treatment.

Some insurance carriers may provide reimbursement for MNT program fees, but some participants may be required to cover the cost themselves. Before scheduling a consultation, please check with your insurance company to confirm the sluhn.org
The St. Luke’s Nutrition Services team is delighted to work with you and your physicians to create a plan tailored to meet your medical and nutritional needs. Our Registered Dietitians will provide you with the latest advances in nutrition treatment, patient education and support services to positively impact your health and will provide you with the tools needed to eat well for life.

**Ask Yourself These Questions**
- Have I ever been told my blood sugar is too high or too low?
- Are my cholesterol or triglycerides high?
- Do I restrict food and think of some food as bad?
- Is my BMI greater than 25 or below 19?
- Does my weight affect my physical or mental health?
- Have I recently lost weight without trying?
- Do I have a kidney diagnosis, digestive problems, or food allergies?
- Am I pregnant and in need of nutritional advice?
- Do I need nutritional direction for my child’s issues with BMI/weight, food intolerances or allergies or food refusal?

If you answered “yes” to any of the above questions, you may benefit from Medical Nutrition Therapy (MNT), a nutritional approach to treating medical conditions. Patients in MNT benefit from working with a Registered Dietitian to develop personalized nutrition plans and goals to improve physical conditions through an appropriate and comprehensive eating plan.

Ask your doctor today to make a referral to St. Luke’s Medical Nutrition Therapy and begin eating healthy for life.

**The Nutrition Experts**
St. Luke’s dietitians are registered with the Academy of Nutrition and Dietetics and licensed in the state of Pennsylvania.

Registered Licensed Dietitians (RD, LDN) are food and nutrition experts who have met the following criteria to earn the RD, LDN credential:
- Completed a minimum of a bachelor’s degree at a U.S. regionally accredited university or college and the Academy approved course work.
- Completed an accredited supervised practice program/internship of 6 to 12 months in length.
- Passed a national examination administered by the Commission on Dietetic Registration (CDR).
- Completed continuing professional educational requirements to maintain registration.

Some RD, LDNs hold additional certifications in specialized areas of practice.

**Scheduling an Appointment**
We offer individual appointments at all of our Network hospital campus locations. For more information and locations, see back panel.

**To schedule an appointment with a Registered Dietitian call 1-866-STLUKES (785-8537) option 2.**

St. Luke’s offers a number of other programs, including:
- Weight Management: Surgical and Medical call (610) 628-8315 for more information.
- Individual and group diabetes instruction, diabetes support:
- Community Education — Contact InfoLink at 1-866-STLUKES (785-8537), option 4, for information on upcoming programs on various health-related issues.