

**St Luke's** is proud to announce its partnership with



## An Overview of Your Employee Assistance Program:

GUIDANCERESOURCES BENEFITS ARE AVAILABLE 24 HOURS A DAY,  
7 DAYS A WEEK

Call: 800-311-4327/TDD: 800-697-0353

**Making a decision to address someone's change in mental status can be extremely difficult.**

**St. Luke's University Health Network's Behavioral Health along with GuidanceResources is here to help.**

Personal Problems, planning for life events or simply managing daily life can affect your work, health, and family.

GuidanceResources is a no-cost, company sponsored benefit that is available to you and your dependents to provide confidential support, resources and information to get through life's challenges.

### Confidential Counseling on Personal Issues

- Depression
- Marital and family conflicts
- Job Pressures
- Stress and anxiety
- Grief and loss
- Alcohol and drug abuse

### Legal Information, Resources and Consultation

- Divorce and family law
- Debt obligations
- Landlord and tenant issues
- Real estate transactions
- Bankruptcy
- Criminal actions
- Civil lawsuits
- Contracts

### Financial Information

- Saving for college
- Getting out of debt
- Retirement Planning
- Estate Planning
- Tax questions

## ST. LUKE'S BEHAVIORAL HEALTH SERVICES

**St. Luke's Behavioral Health will still be available to employees and serves as a therapeutic/consultative resource for physicians and diagnoses and treats a wide variety of mental and behavioral health concerns. These services include:**

- Outpatient Services
- Innovations/Partial Hospitalization Services
- Intensive Outpatient Program
- Inpatient Services

**After your initial EAP visits with ComPsych, feel free to call St. Luke's Behavioral Health at 484-526-2400 for continued services.**



*My Health. My Hospital.*