



The St. Luke's University Health Network is committed to providing patients with the knowledge and education needed to prevent heart attacks. Should you or someone you know need support, St. Luke's Heart & Vascular Center, a nationally recognized and award winning group, consists of a comprehensive team of talented professionals including board-certified cardiologists, electrophysiologists, vascular surgeons, interventional radiologists and cardiothoracic surgeons. Consistently performing above the national and state averages in the care of cardiac patients, all of our physicians work collaboratively, providing a seamless team approach to meet individual patient needs.

What you should know about St. Luke's Heart & Vascular Center:

- 1st hospital in the region to receive accreditation from the Society of Cardiovascular Patient Care
- St. Luke's Consistently exceeds the National targets for Heart Attack Care
- Among the Top 50 cardiovascular hospitals in the country, recognized by Truven Analytics
- Provides Heart & Vascular services at all six hospital campuses

TRUST YOUR HEART TO ST. LUKE'S UNIVERSITY HEALTH NETWORK.

Additional information can be found from these resources:

- AHA.org
- Cardiosmart.org
- Nhibi.nih.org
- Eatright.org
- SLUHN.org/Heart

**CALL 9-1-1
IMMEDIATELY
IF YOU BELIEVE YOU
OR SOMEONE ELSE IS
EXPERIENCING A
HEART ATTACK.**



N5049/8-14

Question? Call 1-866-STLUKES (785-8537)

EARLY HEART ATTACK CARE

DON'T BECOME A STATISTIC



**GET EDUCATED, GET HELP,
TAKE PRECAUTION**



FACTS ABOUT HEART DISEASE:

- It's the No. 1 cause of death in the United States
- Each year, about 715,000 people in the United States have a heart attack.
- Nearly 8 million people in the United States (3%) have had a heart attack.
- Every 44 seconds someone in the United States has a heart attack.

(source: <http://millionhearts.hhs.gov>)

50% OF SUDDEN CARDIAC DEATHS OCCUR OUTSIDE THE HOSPITAL BECAUSE PEOPLE DON'T TAKE ACTION IN THE EARLY STAGES

Early heart attack care is about knowing the **subtle danger signs** that can **occur days or weeks before** a heart attack.

85% OF HEART DAMAGE OCCURS WITHIN 2 HOURS OF THE ONSET OF CHEST PAIN

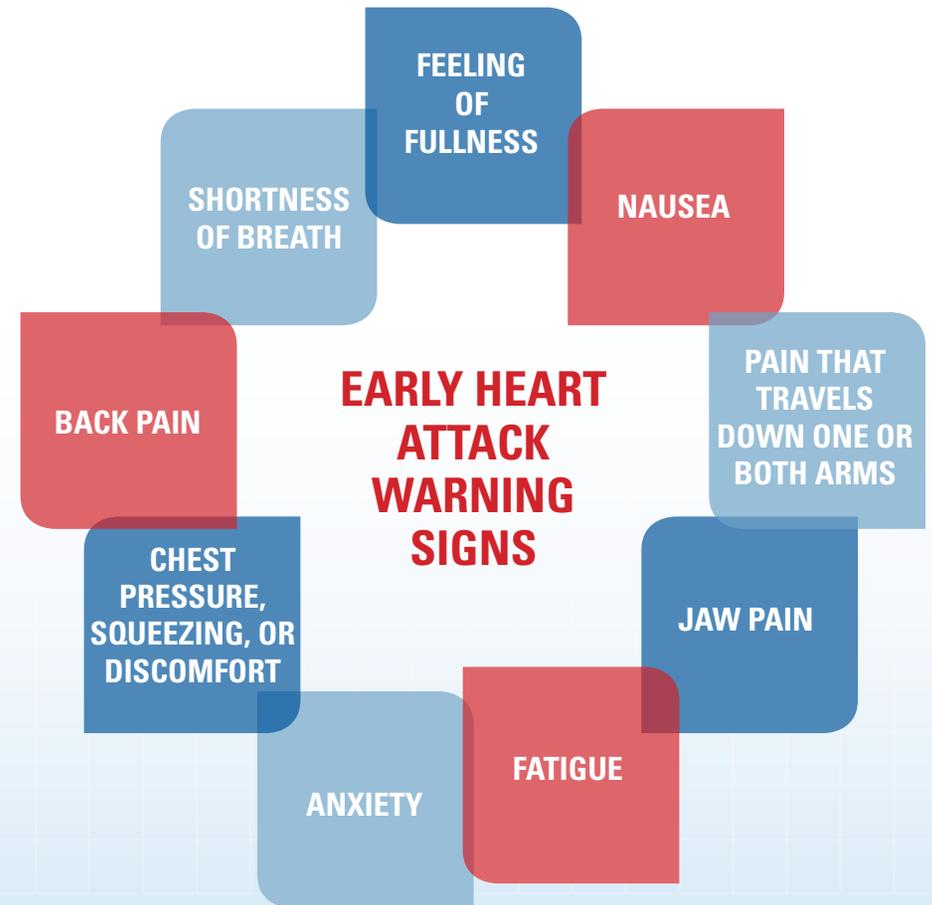
By **paying attention** to mild changes in your body, you **can prevent a heart attack** and significant, *irreversible*, damage to your heart.



AWARENESS AND EARLY TREATMENT SAVES LIVES

People may or may not experience any or all of these symptoms.

They may experience mild chest symptoms, such as pressure, burning, aching or tightness. These symptoms may come and go until finally becoming constant and severe.



IF YOU OR SOMEONE YOU KNOW IS EXPERIENCING ANY OF THESE SYMPTOMS, TAKE 4 BABY ASPIRIN OR ONE ADULT STRENGTH ASPIRIN (325 MG), AND **CALL 9-1-1 IMMEDIATELY.**