

July 2020

Celebrating with Gratitude

Caring is at the center of all we do, and St. Luke's University Health Network is celebrating as our region moves into the green phase.

We're grateful thousands of residents have recovered, including 1,100 seriously ill COVID-19 patients who were hospitalized at St. Luke's and are now at home with their families.

We're grateful 2,500 individuals and organizations stepped forward with charitable gifts to help power innovation and keep our employees and patients safe.

We're grateful local businesses have survived and are re-opening—and our hospitals can now provide a full range of services to you and your family.

To the many people who have stepped up in ways both small and large, thank you. You are the heart of our community, and the reason we continue to thrive no matter the circumstances.



*Patrick J. Bower
Vice President for
Development and External Affairs
St. Luke's University Health Network*

The Power of Our Community

Generous donors have made an enormous impact for our caregivers and patients affected by COVID-19:

- **800,000** items of PPE
- **\$750,000** in gifts and grants
- **20,000** pounds of snacks
- **5,000** meals
- **10,000+** hours of PTO supporting employees in need
- Countless gestures of encouragement and appreciation for our care team



[Be a Part of Our Work](#)



We're Ready For You!

Many people have delayed their care to help us prioritize COVID-19 patients. While we're grateful for that support, we want you to know that your health is very important to us. And we've developed new practices to make your next visit safe and worry-free.

[Prioritize Your Health](#)



Masks for Mom

When Ed, 61, learned to sew from his mother a few years ago, he thought they were just bonding over her favorite hobby. But after she passed away in March, he knew exactly how to honor her: sewing hundreds of masks for St. Luke's caregivers, all on a 1920's foot-pedal Singer machine.

[Join Ed](#)



Finding Joy in Difficult Times

The past few months have presented new challenges for our care team. They not only stepped up to the situation, but they also sang and danced their way through it! As Autumn Reif, RN shared: "There were times at the beginning when we were all anxious, but we reminded each other we will be able to do it—as long as we have each other."

[Why We're Happy](#)

Caring for Yourself, Mind and Body

Your emotional well-being is just as important to us as your physical health. Practicing mindfulness at any time—especially during times of crisis—can decrease stress and offer the focus necessary to



cope. Here are some tips to get you started.

Take a Moment for Yourself



Classic on the Green

August 31: The seventh annual Classic on the Green is taking place at Northampton Country Club! Proceeds benefit Temple/St. Luke's School of Medicine. Stay tuned for details of this fun and friendly (and socially-distanced) competition.



Get Your Tail on the Trail

This Summer: The seventh annual Get Your Tail on the Trail is running all summer long! To participate, log 165 miles of exercise such as walking, hiking, running, biking or paddling. Learn more about how you can [get out and join the fun!](#)



St. Luke's Development Office helps advance the network's mission through philanthropy. Your support allows us to deliver personalized care that makes a difference every day for every patient.

Make a Gift to St. Luke's

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