

Lee Silverman Voice Treatment (LSVT) Program

The Lee Silverman Voice Treatment Program (LSVT) has proven to be successful in treating patients with neurological disorders, specifically Parkinson's disease. The LSVT program teaches patients to "THINK LOUD" and to focus their efforts on increasing voice volume. With intensive treatment patients learn to consistently increase their voice volume.

Who may benefit from LSVT?

Patient's with: Parkinson's disease, Multiple sclerosis, Stroke, Ataxia, Dysarthria, Presbylarynx, Cerebral palsy and Down syndrome.

How long is the treatment program?

The LSVT program requires four, one-hour sessions with a qualified speech- language pathologist each week over the course of a month (16 hours of treatment total). Treatment can be longer if the speech- language pathologist feels that it is needed. Patients are required to complete home exercises for one to two hours each day in order for the therapy to be successful.

How do I get an appointment?

Request a prescription/order from your doctor be faxed to 610-954-3768 requesting a voice evaluation and Lee Silverman voice treatment for four, one hour sessions for one month.

Where is this program offered?

This program is offered at: St. Luke's North 153 Brodhead Rd. Bethlehem, PA 18017

Is it covered by insurance?

This varies; it depends on the patient's insurance company. The patient should call their insurance to verify if LSVT would be covered.

Who is certified?

Nicole Newman, M.S., CCC-SLP, who also specializes in the adult population (patients who suffered from a stroke, traumatic brain injury, concussion, MS, ALS, head & neck cancer, voice issues, etc.).

Any Questions?

Contact Nicole by phone at 484-526-3212 or by email at NewmanN@slhn.org for more information.