

Please check any skills that your child is unable to perform up to and including their age level...

12 Months:

- Pull to stand at furniture
- Crawl forward
- Cruise along furniture
- Get into and out of sitting
- Walk with both hands held

15 Months:

- Lower to sitting from supported standing
- Stand without support briefly
- Walk with one hand held
- Pull to stand using half-kneel

18 Months:

- Walk independently
- Throw ball forward
- Squat and return to stand to retrieve object
- Creep up stairs
- Climb off furniture safely
- Get into standing without pulling up on furniture

24 Months:

- Walk up stairs with one hand held
- Propel ride-on toy
- Kick ball
- Get into standing through half-kneel
- Walk backwards
- Run
- Walk down stairs with support

30 Months:

- Catch a ball
- Brief single leg balance
- Jump with foot clearance and feet together

3 Years:

- Hop on one foot
- Walk up and down stairs with upper extremity assistance
- Jump down from step or curb

4 Years:

- Propel tricycle
- Walks up and down stairs reciprocally without upper extremity assistance

5 Years:

- Somersault forward

6 Years:

- Mature running pattern
- Skipping
- Perform a sit-up with good form

7 Years and Up:

- Perform a push-up with good form
- Jumping jack
- Hang from monkey bars

If any items are checked off, would you like a consultation with a Physical Therapist?

If yes, please provide name and phone number _____