



St. Luke's & Upper Perk YMCA Monster Mash and 5k Dash

SUMMARY

- The Upper Perk YMCA Monster Mash and 5K Dash took place on Saturday October 24th at St. Lukes Upper Perk Outpatient Center from 7:30– 9AM with approximately 60 runners/walkers in the race. The purpose for the 5K is to help promote healthy activities in partnership with the local YMCA.

HIGHLIGHTS

- Many participants dressed up in Halloween costumes to run the event which added to the excitement of the day!
- We had participants ranging from age 12-over 50.



SUCSESSES

- We were very happy with attendance to the race and were very excited to see so many families come out (pets included) to run the race together!

CHALLENGES & NEXT STEPS

- The race course is very challenging with a large hill at the end. We will look to create a new race route for next year to attract more attendees.