



St. Luke's Miners FY15 Annual Report

SUMMARY

- St. Luke's University Health Network partners with local schools and communities to improve the health of students through our Adopt a School Program. The St. Luke's Adopt a School program supports the Community Health Needs Assessment priority areas that are identified at each campus by collecting and analyzing data and community input. Based on the identified needs and priorities, each campus develops plans and programs to improve the health of those in the communities. Through our efforts and initiatives we have partnered with the school districts and local organizations to provide Mobile Youth Health Services (Connecting students to Medical, Dental & Vision Vans, Insurance, Physical, Behavioral, & Mental Health Assessments and Services), Mental Health Programs (Adolescent Depression Awareness, Substance Abuse Prevention and Healthy Relationship Programs), Healthy Living Initiatives (Tail on the Trail, Live Your Life, School Gardens and Nutrition Programs), Literacy Programs (Dr. Seuss Day, Reading Rocks and Little Free Libraries), and Youth Development (Leader in Me and Career Mentoring). Our initiatives are continually assessed and evaluated in order to provide measurable and effective health outcomes.
- Priority Areas:
 - Access to Care / Health equity and Community Outreach
 - Chronic Disease Prevention, Management, Healthy Living Initiatives and Community Outreach
 - Mental Health/Substance Abuse and Community Outreach

HIGHLIGHTS

- SLM has a Nationally Recognized Diabetes Management Program offered throughout our community; in 2014-1, 50 patients received the program. 100% reported success in healthy eating, being active, monitoring, taking medications and problem solving. The reduction in key parameters (hemoglobin, A1C lipid profile) will result in reduced chance of complications associated with Diabetes such as heart disease, kidney disease, eye disease, etc.
- SLM developed a Community Health Initiatives Committee in 9/2014 to meet quarterly to assess and evaluate; committee engaged in focus groups and community survey outreach
- Improve access to care through implementing the Adopt a School Model at Panther Valley School District.
 - St. Luke's Mobile Youth Health Center (MYHC) visits PVSD Middle and High School twice monthly to connect students to insurance, medical, vision and dental.
 - "Eat Real Food" Nutrition, Organic Vegetable Garden Beds and "Garden as a Classroom" Programs (2014-15) at PV Elementary School. 65% of third graders were able to recognize the importance of 5 fruit/veggies a day; 437% increase from pre- test.
 - Use of Facilities agreement was signed with PVSD to promote community walking on the Football Stadium Track for six Mondays through August and September 2014.
 - Substance Abuse Prevention and Adolescent Depression Awareness Program was implemented in the Spring of 2015
- Six local schools were visited in 2015 to promote literacy for Dr. Seuss Day
- Two year DOH Grant for a LCSW at Hometown Rural Health Center. All 3 Rural Health Centers Staff and Providers are being trained in Motivational Interviewing to improve health outcomes

SUCSESSES

- In May, 2015, St. Luke's Miners Community Health was awarded a three year Rural Health Outreach grant from the Health Services Resource Administration. The collaborative, rural health outreach opportunities align with St. Luke's Community Health Adopt a School Program where community partners and the school district (including students and families) work together in promoting healthy living initiatives, chronic disease prevention, connecting students and families to medical, dental, vision, mental health, substance abuse prevention and programs and leadership opportunities for any interested students and families. Through this outreach, the School District becomes the hub of the community where there will be daily opportunities and outreach. Examples of outreach include a full time District Wide Coordinator, four part time School Based Coordinators and a part time Behavioral Health Consultant.

CHALLENGES & NEXT STEPS

- In May, 2015, St. Luke's Miners Community Health was awarded a three year Rural Health Outreach grant from the Health Services Resource Administration. The collaborative, rural health outreach opportunities align with St. Luke's Community Health Adopt a School Program where community partners and the school district (including students and families) work together in promoting healthy living initiatives, chronic disease prevention, connecting students and families to medical, dental, vision, mental health, substance abuse prevention and programs and leadership opportunities for any interested students and families. Through this outreach, the School District becomes the hub of the community where there will be daily opportunities and outreach. Examples of outreach include a full time District Wide Coordinator, four part time School Based Coordinators and a part time Behavioral Health Consultant.
- Improving awareness and enrollment in the community for the Diabetes Management Program
- Improving access to care, chronic disease prevention and management and mental health through the adopt a school program

Report Submitted in 2015