

## COMMUNITY BASED HEALTH CENTER GRANT



St. Luke's @ Donegan was awarded a Community Based Health Center grant from the state of PA – This has allowed the practice to offer social & behavioral health services provided by a Clinical Social Worker, increase clinic hours, and provide coordinated care to help decrease the use of the Emergency Department (E.D.) for non-emergent conditions.

## COMMUNITY VOICES CLINIC

### *Broughal and Donegan Family Centers*

The Community Voices Clinic (CVC) is a school-based mental health clinic operating within the family centers at Donegan Elementary and Broughal Middle schools. The CVC was formed in 2012 through a partnership between the Bethlehem Area School District, St. Luke's Health Network, and Lehigh University's graduate programs in Counseling Psychology and Educational Leadership.

The CVC offers free individual, family, group, and couples therapy to uninsured and underinsured residents of South Bethlehem who would otherwise be unable to access treatment. The clinic is fully staffed by doctoral and Master's level students in counseling psychology from Lehigh University under the supervision of Dr. Arpana Inman, a licensed psychologist and Lehigh faculty member.



Now in its second year, the Community Voices Clinic has become an important source of support for the Bethlehem area schools and the Southside Bethlehem community. To date, the CVC has provided services to more than 120 families, children, and individuals living in the area. The CVC provides a variety of much-needed services to local residents while also enhancing the training and community involvement of Lehigh's graduate students in counseling.

***Work is underway to integrate Community Voices behavioral health services into the primary care practice at St. Luke's Family Health Center @ Donegan.***

## TEMPLE MEDICAL SCHOOL ST. LUKE'S IN THE COMMUNITY



The H.E.A.R.T.S. Clinic was created by the Temple Medical School St. Luke's students as a way to increase access to care and help reduce health disparities in our community.

H.E.A.R.T.S. stands for *Health, Education, and Resource's, Temple St. Luke's* and is part of a collaborative effort in offering a free clinic for the uninsured serving Fountain Hill and the Southside of Bethlehem.



Working together with the Bethlehem Health Bureau, Bethlehem Area School District, St. Luke's and Lehigh

University the mission of this clinic is to connect uninsured individuals with medical care and the resources needed to promote health.

## H.E.A.R.T.S.LINK WITH LEHIGH UNIVERSITY



H.E.A.R.T.S.Link volunteers are students from Lehigh University who work along side the Temple Medical students and St. Luke's physicians precepting physicians.

The primary responsibility of these volunteers is to serve as coordinators for the healthcare team and work directly with individuals and their families to help identify barriers to care. Once these barriers are identified the students work with these individuals to navigate the complex healthcare system

and link them to available resources within the community, specifically health insurance and a medical home.



## MORAVIAN / DESALES NURSING PARTNERSHIPS

Nursing students from Moravian College and DeSales University partnered with St. Luke's Community Health @ Donegan to provide health promotion and disease prevention programs to the students at Donegan Community Elementary School.

Students assessed the determinants of health and health risks for this at-risk population of children. The time spent interacting with these students helped to create programs that were easily adopted into their lifestyle.



Students learned the importance daily activity and how "play" affects their body and minds.

Disease prevention was discussed through a literal "**hands on**" interactive program. The Donegan children learned that "germs" are tiny and found everywhere. They learned how "germs" are spread and when they get into your mouth or nose, can make you sick. This was demonstrated by using a glow light and solution as a simulation exercise. The children

learned why and when it is necessary to wash their hands.