



ADOPT A SCHOOL PROGRAM

SUMMARY

The St. Luke's Adopt a School Program supports the Community Health Needs Assessment priority areas, including:

1. Access to Care/Mobile health services
2. Youth Development
3. Academic Success
4. Healthy Living

The goals of the Adopt a School Program include:

1. Improved student learning
2. Improved access to care
3. Increased student and family healthy living awareness
4. Improved health outcomes
5. Increased graduation rates

In the Spring of 2015, members of the SLUHN Community Health Department met with the area school Superintendents and Principals to introduce and offer this program to select schools as a pilot program.

Allentown Campus

McKinley
Cleveland
Union Terrace
Raub

Bethlehem Campus

Fountain Hill
William Penn
Donegan
Broughal
Liberty
Marvine

Anderson Campus

Miners Campus

The Adopt a School Program focuses on the following four areas, and uses a Population Health approach:

1. Health Services — Mobile Medical Services

Our mobile health services program focuses on connecting students to needed health, vision, dental and social services, promotes adolescent health education, and assists schools with student physicals. Outcomes focus on connecting 100% of students to needed services such as insurance and a medical home. Also, we would like to ensure that all students get their mandated school physicals and dental exams in designated grades.

N= # of uninsured students

N= # of students who are noncompliant with school physicals.

N= # of students who did not return a private dental exam form

N= # of students who failed vision exam

Short-term N= # of identified students with mental health needs on the mobile health van, or identified/referred by school personnel

Long-term N=# of students identified in school with mental health needs through school-wide screening process

2. Healthy Living Initiatives

SUMMARY cont.

St. Luke's will create an environment in each school to support physical activity, access to fresh produce and nutritious foods, nutrition and health education, and employee wellness programs. Possible programs to create this environment include but are not limited to:

- Tail on the Trail, School gardens, Live Your Life, in-school nutrition and health education, and completion of the School Health Index
- Long-term outcomes will focus on school childhood obesity rates. Short-term outcomes will focus on improved school health index scores.

3. Literacy Programs (N = # and percent of students reading at grade level, grade 3)

St. Luke's will support at least one literacy initiative at each elementary school to increase the percent of students reading at grade level by third grade. Literacy programs include:

- Reading Rocks! after school program,
- Reading Rocks! school-wide reading competition
- Little Free Libraries
- Read Across America (Dr. Seuss Day)

Outcomes focus on improved reading scores in third grade indicated by PSSA reading scores, DIBELS Scores, or other appropriate reading scores identified by the schools.

4. Youth Development

Youth development programs focus on supporting students to become competent or to develop competencies necessary to be successful in their life and to meet challenges in a positive way.

- In the elementary schools, St. Luke's will support Leader in Me programs.
- In middle and high schools, St. Luke's will support career development programs.

Partnership effort

- The Adopt a School Program will require a partnership between St. Luke's, the adopted schools (principal, school nurse, community school coordinator, outreach staff, guidance counselors, etc), the United Way, and community/business support in order to be successful.
- It will also require building a solid volunteer base to assist with the programs outlined above, data sharing between the above mentioned organizations, and financial support from donors/grants.

HIGHLIGHTS

Through a partnership with Pinebrook Family Answers and the United Way, behavioral health services were offered to students in March 2015 at :

- Bangor Middle School - Bangor
- Broughal Middle School - Bethlehem (also has behavioral health services provided through a partnership with Lehigh University – Community Voices Clinic)
- Northeast Middle School - Bethlehem
- Raub Middle School - Allentown

CHALLENGES & NEXT STEPS

- There was a transition in administration at Pinebrook Family Answers during FY15. The partnership for providing behavioral health services was to be in place at the start of the 2014-2015 academic year. Due to circumstances beyond anyone's control, they did not begin until March 2015.
- St. Luke's will implement the Adopt a School Program in targeted Allentown, Bethlehem & Bangor schools. A pilot project will be implemented at the schools listed below for the start of the 2015-16 school year.

