

THE ANSWERS YOU NEED.

Latest Information on COVID-19

Tips for Mask Making

On behalf of St. Luke's University Health Network, thank you for your generous offer to sew masks for our healthcare employees. Below, please find important information about approved patterns, materials, and drop-off sites.



How should we make the masks and what patterns should we use?

- We aren't worried about looking stylish – but we are concerned about functionality. Non-matching fabrics, thread, binding strips are just fine – but a well sewn mask with no frayed edges or missed seams or “holes” is important.
- Please use 2 ply materials, tested for breath-ability
- On the back of this document are instructions for a few patterns, along with YouTube videos.



If we don't have fabric or elastic, can it be supplied?

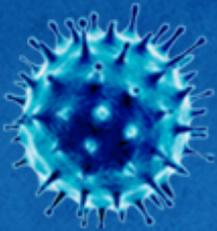
- Please email Christina.Lewis@sluhn.org if you are able to sew but don't have fabric or other supplies. We are working on finding materials and will contact you when we have them.



Where should I deliver the completed masks?

Please drop your masks off at one of the St. Luke's Care Now locations below:

Allentown	501 Cetronia Road, Allentown, PA 18104
Whitehall	2402 MacArthur Road, Whitehall, PA 18052
Quakertown	157 West End Blvd, Quakertown, PA 18951
Hamburg	9 Dave's Way, Hamburg, PA 19526
Lehighton	575 S. 9th St., Lehighton, PA 18235, Suite 7
Bethlehem	153 Brodhead Road, Bethlehem, PA 18017
Wind Gap	487 East Moorestown Rd., Wind Gap, PA 18091
Brodheadsville	111 Route 715, Brodheadsville, PA 18322
Phillipsburg	200 Stryker's Road, Phillipsburg, NJ 08865



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How do I make a DIY reusable face mask?

Directions:

- Cut out 1 piece of fabric 8 inches by 15 ¾ inches.
- Fold in ½ inch the length of both long sides and press.
- Fold in ½ inch on both of the short sides, press, and then fold again.
- Fold the fabric in half bringing the short edges together and press.
- Sew along the other doubled folded seam. Back-stitch at beginning and end of stitching.
- Fold 3 even (about ½ inch fold) pleats and secure with pins.
- Insert 2 elastics about 3/8 inch into each corner of the pleated fabric. If using ribbon, insert 1 piece of ribbon in each of 4 corners about ½ inch into seam.
- Sew along each pinned edge to secure the pleats and elastic bands. Back-stitch at beginning and end of stitching.

How to make a DIY reusable face mask YouTube video: <https://youtu.be/tDt02kUpP9Q>



How do I make a sample hospital face mask?

Directions (You can make two sizes, adult or child):

- Put right sides of cotton fabric together (Cut 9x6 for adult or 7.5 x 5 for child)
- Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
- Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
- Now, sew across that top of the mask to the next corner. Again, put an elastic with the edge out.
- Sew to the next corner and sew in the other end of the same elastic.
- Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
- Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction.
- Sew around the edge of the mask twice.

How to make a sample hospital face mask YouTube video: <https://youtu.be/9tBg00s5FWQ>