Tips for Mask Making

On behalf of St. Luke’s University Health Network, thank you for your generous offer to sew masks for our healthcare employees. Below, please find important information about approved patterns, materials, and drop-off sites.

✅ How should we make the masks and what patterns should we use?

- We aren't worried about looking stylish – but we are concerned about functionality. Non-matching fabrics, thread, binding strips are just fine – but a well sewn mask with no frayed edges or missed seams or “holes” is important.
- Please use 2 ply materials, tested for breath-ability
- On the back of this document are instructions for a few patterns, along with YouTube videos.

✅ If we don’t have fabric or elastic, can it be supplied?

- Please email Christina.Lewis@sluhn.org if you are able to sew but don’t have fabric or other supplies. We are working on finding materials and will contact you when we have them.

✅ Where should I deliver the completed masks?

Please drop your masks off at one of the St. Luke’s Care Now locations below:

- Allentown 501 Cetonia Road, Allentown, PA 18104
- Whitehall 2402 MacArthur Road, Whitehall, PA 18052
- Quakertown 157 West End Blvd, Quakertown, PA 18951
- Hamburg 9 Dave’s Way, Hamburg, PA 19526
- Lehighton 575 S. 9th St., Lehighton, PA 18235, Suite 7
- Bethlehem 153 Brodhead Road, Bethlehem, PA 18017
- Wind Gap 487 East Moorestown Rd., Wind Gap, PA 18091
- Brodheadsville 111 Route 715, Brodheadsville, PA 18322
- Phillipsburg 200 Stryker’s Road, Phillipsburg, NJ 08865

For the latest updates on COVID-19, visit sluhn.org/COVID-19
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How do I make a DIY reusable face mask?

Directions:

- Cut out 1 piece of fabric 8 inches by 15 ¾ inches.
- Fold in ½ inch the length of both long sides and press.
- Fold in ½ inch on both of the short sides, press, and then fold again.
- Fold the fabric in half bringing the short edges together and press.
- Sew along the other doubled folded seam. Back-stitch at beginning and end of stitching.
- Fold 3 even (about ½ inch fold) pleats and secure with pins.
- Insert 2 elastics about 3/8 inch into each corner of the pleated fabric. If using ribbon, insert 1 piece of ribbon in each of 4 corners about ½ inch into seam.
- Sew along each pinned edge to secure the pleats and elastic bands. Back-stitch at beginning and end of stitching.

How to make a DIY reusable face mask YouTube video: https://youtu.be/tDt02kUpP9Q

How do I make a sample hospital face mask?

Directions (You can make two sizes, adult or child):

- Put right sides of cotton fabric together (Cut 9x6 for adult or 7.5 x 5 for child)
- Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
- Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
- Now, sew across that top of the mask to the next corner. Again, put an elastic with the edge out.
- Sew to the next corner and sew in the other end of the same elastic.
- Sew across the bottom leaving about 1.5” to 2” open. Stop, cut the thread. Turn inside out.
- Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction.
- Sew around the edge of the mask twice.

How to make a sample hospital face mask YouTube video: https://youtu.be/9tBg0Os5FWQ