

Community Health & Preventive Medicine

Established May 1, 1996 through a resolution of the St. Luke's Board of Trustees.

Mission To partner with the community to increase health awareness, improve the health status of the community and encourage appropriate access to health services.

Health Priorities

- Improving Access to Care and Reducing Health Disparities
- Promoting Healthy Lifestyles and Preventing Chronic Disease
- Improving Mental/Behavioral Health



Community Health & Preventive Medicine

The Community Health and Preventive Medicine Department uses a Network-wide approach developed as a result of the Community Health Needs Assessments (sluhn.org/community-health/community-health-needs-assessment). Initiatives are developed using best practices and evidence-based models for measurable outcomes in collaboration with various national, state and local community partners.

Major Partnership Programs

Adopt a School: St. Luke's partners with high-need local schools to provide comprehensive medical, dental, vision, nutrition, behavioral health and literacy initiatives. The department operates mobile health vans throughout the region. Departmental initiatives have achieved impressive results, providing vision care and access to care through various community health centers and maternal child programs with outcomes exceeding state and national benchmarks.

Literacy: This initiative is a multipronged approach with a focus on children from birth through third grade. Literacy is supported Network-wide by Little Free Libraries, Dr. Seuss Day, Reading Rocks! And book drives along with the American Academy of Pediatrics Brush, Book, and Bed and the United Way's Talk, Sing, Read, Play messaging.

Vision: St. Luke's Vision Initiative assists families in our Adopt a School program to help overcome

obstacles that prevent children from obtaining vision care.

Adolescent Career Mentoring: This program provides career-mentoring programs for in-school and out-of-school youth in Lehigh and Northampton counties, through a combination of hospital rotations, professional development sessions and work experience.

Faith Community Nursing: The Faith Community Nursing Department is a registered nurse lead team in the urban core of Allentown that seeks to access wholistic (body, mind, spirit and social) health care equitably for the vulnerable clients referred by St. Luke's and community partners.

HOPE Clinic: The (*Health, Outreach, Prevention and Education*) Clinic provides clinical, case management and prevention services to individuals living with HIV/AIDS.

Healthy Kids, Bright Futures: Healthy Kids, Bright Futures is the umbrella for our Maternal & Early Child Health (MCH) initiatives, which consist of two programs implemented through the Visiting Nurse Association of St. Luke's: The Nurse-Family Partnership (NFP) and the Visiting Nurse Advocate for the County (VNAC).

Healthy Living & Chronic Disease Prevention: The overarching goal of this initiative is to improve nutritional status and physical activity levels while reducing chronic disease in communities we serve by creating a culture that supports healthy living.

Lifestyle Medicine: Lifestyle Medicine is an evidence-based approach to preventing, treating, and reversing disease, by applying the six pillars of health: healthful eating, physical activity, healthy sleep, stress management, quitting smoking, and forming and maintaining healthy relationships. This is the foundation for the St. Luke's Lifestyle

Medicine Residency Program, and St. Luke's wellness programs, including our St. Luke's Employee Wellness programs and our Community Centered Health Home programs in Easton and Bethlehem.

Employee Wellness: The St. Luke's University Health Network (SLUHN) Employee Wellness Department takes a population health approach to engage St. Luke's employees and their spouses at a variety of levels. Annual health assessment data is used to identify health risks and offers participants evidence-based resources and services to help reduce their health risks and improve their health status.

Community Supported Agriculture: Partnering with local farmers, St. Luke's provides a Community Supported Agriculture (CSA) program to our Network employees to increase access to and consumption of fresh fruits and vegetables.

Get Your Tail on the Trail: This is a free community initiative of St. Luke's and Delaware & Lehigh National Heritage Corridor (D&L) to encourage regular exercise and healthy living.

Walk With a Doc: St. Luke's uses this simple, sustainable model to encourage people to get out and get active: A doctor gives a brief talk on health and then leads participants on a walk at their own pace.

Mental Health: St. Luke's has an Integrated Behavioral Health approach when addressing mental health in our communities, working with partners to ensure needs are met. We have a network-wide Substance/Opioid Use Response for improved prevention, treatment and recovery services and initiatives. Additionally, St. Luke's supports Mindfulness in schools and builds capacity through the Community Health Worker (CHW) training program to improve connection to care and resources.

Strategic Partnerships

Star Wellness

Star Wellness, affiliated with St. Luke's University Health Network, provides comprehensive well and sick primary care, OB/GYN, dental and pediatric health services to the surrounding communities and medically underserved. Compassionate physicians and other providers offer these services in community-based settings. Star Wellness supports the health and wellness goals of local residents and specializes in providing improved access, coordinated care and enhanced patient/family involvement. No one is denied care because of an inability to pay. Star Wellness offers a sliding fee discount program for both insured and uninsured patients based on an individual's income and family size.



Geisinger

St. Luke's and Geisinger have partnered to build a new acute care hospital in southern Schuylkill County – on Route 61 near Orwigsburg. The fully-licensed hospital includes an emergency department and a full range of specialties and services. St. Luke's and Geisinger enjoy a history of collaboration, including Geisinger's Life Flight service that provides emergency medical air transportation for the entire St. Luke's system.

RWJBarnabas

St. Luke's and RWJBarnabas Health (RWJBH) in New Jersey partner through a clinical affiliation providing patients primarily in northwest New Jersey greater access to the high-quality clinical services, expertise, experience and resources of both organizations. Future areas of cooperation may include clinical trials, community health collaboration, medical education and research.



GE Healthcare

GE International Show Site

St. Luke's, one of GE's premier international showcases for imaging technologies, has helped GE design and bring to market innovative vascular imaging products.

Community Partnerships

St. Luke's University Health Network has a long-standing, proven track record of forming effective, mutually respectful partnerships with a variety of community organizations including:

Business

- B. Braun Medical
- Epic
- GE Healthcare
- Penn Community Bank
- Premier
- West Side Hammer Electric

Community

- ArtsQuest
- Promise Neighborhoods of the Lehigh Valley
- Phillipsburg Leadership Team
- Hispanic Center Lehigh Valley
- Delaware & Lehigh National Heritage Corridor
- Pennsylvania CareerLink – Lehigh Valley
- United Way

Education

- *Colleges:*
 - Cedar Crest
 - DeSales
 - Lehigh
 - Moravian
 - Muhlenberg
 - Temple
 - West Chester
- *School Districts:*
 - Allentown
 - Bangor Area
 - Bethlehem Area
 - Easton Area
 - Panther Valley
 - Phillipsburg
 - Pocono Mountain West
 - Quakertown
- *Community Colleges:*
 - Lehigh
 - Northampton
 - Warren
- *Technical Schools:*
 - Warren County

Health Care Organizations

- Hospital & Healthsystem Association of Pennsylvania
- Lewis Katz School of Medicine at Temple University
- New Jersey Hospital Association
- Philadelphia College of Osteopathic Medicine
- St. Christopher's Hospital for Children
- Pennsylvania State University
- Geisinger Health

