



## Welcoming 2022 with Optimism and Hope

Let's be honest: these are challenging times. The first weeks of 2022 saw an unprecedented number of people seeking care as the Omicron variant swept through our region.

**Yet even in the midst of challenges, there are so many things to celebrate**—from the dedication and ingenuity of our nurses, physicians, and clinical leaders to the generosity and kindness of people like you.

As we begin a new year, I hope you are encouraged by the heartwarming stories shared below. St. Luke's continues to adapt and grow in an ongoing effort to provide you and your family the best care possible.

Thank you for your support.



**Patrick J. Bower**  
Vice President for Development and External Affairs  
St. Luke's University Health Network



## It Started with a Song

“Even kids can change the world.” That was the simple phrase which inspired 8-year-old Evelyn Yoder, daughter of St. Luke’s physician Nicole Yoder, to collaborate with our St. Luke’s Parish Nurses and spend her holiday season doing something extraordinary.

After she saw a group of homeless men and women outside a local shopping center, Evelyn worried they would be cold in the winter months—so she organized her friends and family and worked up a brilliant plan to help keep them warm.

**Blessing Bags**



## Creating Some Holiday Magic

Each year, the St. Luke’s Nurse-Family Partnership (NFP) provides intensive support to many new moms in our area, helping them become better caregivers to provide their children with the best start possible. This holiday season, 261 NFP families received gifts,

thanks to the generosity of our incredible supporters who participated in the annual Winter Wishes drive. Enjoy a few heartwarming messages of thanks from our NFP families, plus pictures of some very cute kids!

[Messages of Appreciation](#)



## **An Incredible Record for Charitable Giving**

America continues to lead the world in generosity, as charitable giving reached new heights when the COVID pandemic upended lives and created enormous need. In the face of this adversity, you responded and collectively Americans gave an average of \$1.3 billion per day to their favorite charities, for an astounding \$471 billion contributed during 2020.

Learn why bequests are such an important method of giving and see a breakdown of the causes Americans supported most.

[By the Numbers](#)



## New Help for Teens in Crisis

St. Luke's has significantly expanded behavioral health services in recent years—with new inpatient services and school-based programs to care for children suffering from anxiety, depression, and other mental health conditions. Our efforts took a big step forward in January, with the opening of a new Adolescent Behavioral Health Unit at our Easton Campus, offering new hope to local families.

A Safe Space



## Caring for Our Community

Are you interested in becoming your best self in 2022? If so, tune into *Caring for Our Community*, a virtual event where you can learn from St. Luke's experts.

We're sharing videos on mindfulness and mindful eating, effective home-based workouts, and tips for whipping up nutritious and tasty meals. All videos are free and available to view at your leisure on our event web page.

Watch the Videos

## COVID-19 Resources

For the latest up-to-date information on COVID-19—including scheduling for vaccinations and boosters, testing, and frequently asked questions—visit our [online resource center](#).



St. Luke's Development Office helps advance the network's mission through philanthropy. Your support allows us to deliver personalized care that makes a difference every day for every patient.

Make a Gift to St. Luke's

St. Luke's University Health Network Development Office  
801 Ostrum Street  
Bethlehem, PA 18015  
[sluhn.org/development](http://sluhn.org/development) | [484-526-3067](tel:484-526-3067)



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