**Odontoid Screw Fixation**

*Small incision is made in the neck and screws are placed through the bone to hold it in place while the bone heals or fuses together.*

- Please wear C-Collar at all time for __________ weeks.
- No heavy lifting > than 10 lbs.
- No driving for at least 2 weeks or while taking narcotics.
- No Advil or Motrin, take Tylenol instead.
- You may resume ASA, Coumadin, and Plavix ________.
- Soft Diet may help with minor throat discomfort.
- Take ______________ every _____ hrs for pain.
- Take ______________ every ___ hrs for spasms.
- Please return for your follow up appt on __________ and ____________
- Please have your X-rays completed before your scheduled appt.
- Return to the ER if you develop **difficulties swallowing, breathing, severe neck pain or weakness**.
- Call MD if the incision becomes **red, tender, swollen, or has increased drainage**, and for temperatures greater than **101.5**